

# Self-Intersecting Periodic Curves in the Plane

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## Abstract

Suppose a smooth planar curve  $\gamma$  is  $2\pi$ -periodic in the  $x$  direction and the length of one period is  $\ell$ . It is shown that if  $\gamma$  self-intersects, then it has a segment of length  $\ell - 2\pi$  on which it self-intersects and somewhere its curvature is at least  $2\pi/(\ell - 2\pi)$ . The proof involves the projection  $\Gamma$  of  $\gamma$  onto a cylinder. (The complex relation between  $\gamma$  and  $\Gamma$  was recently observed analytically in [1], see also [5, Ch. 10]). When  $\gamma$  is in general position there is a bijection between self-intersection points of  $\gamma$  modulo the periodicity, and self-intersection points of  $\Gamma$  with winding number 0 around the cylinder. However, our proof depends on the observation that a loop in  $\Gamma$  with winding number 1 leads to a self-intersection point of  $\gamma$ .

*Mathematics Subject Classification:* Primary 53A04, Secondary 55M25

Let a smooth  $2\pi$ -periodic curve  $\gamma$  in the  $(x, y)$ -plane be parametrized by arc-length as follows:

$$\begin{cases} \gamma = \{p(s) : s \in \mathbb{R}\}, & p(s) = (u(s), v(s)), \\ u(s + \ell) = 2\pi + u(s), & v(s + \ell) = v(s), & s \in \mathbb{R}. \\ u'(s)^2 + v'(s)^2 = 1, \end{cases}$$

The length of one period of  $\gamma$  is  $\ell$  and  $q \in \gamma$  is called a *crossing* if  $q = p(s_1) = p(s_2)$  and  $s_1 \neq s_2$ . Note that crossings exist if and only if  $p$  is not injective. A crossing  $q$  is called *simple* if there are exactly two real numbers  $s_1 \neq s_2$  with  $p(s_1) = p(s_2) = q$  and if  $p'(s_1) \neq p'(s_2)$  when  $p(s_1) = p(s_2)$  and  $s_1 \neq s_2$ . Note that the smooth curve  $\gamma$  can be approximated arbitrarily closely by smooth curves in *general position*, that is with all crossings simple. If  $\gamma$  is in general position, then it follows from the smoothness that the set of crossings is discrete, and hence finite by compactness. Let  $p'(s) = (\cos \vartheta(s), \sin \vartheta(s))$ ,  $s \in \mathbb{R}$ , where  $\vartheta$  is smooth [3, Prop. 2.2.1]. The goal is to establish the following which is intuitively obvious. (A *periodic segment* of  $\gamma$  is a segment of the form  $\{p(t) : t \in [a, a + \ell]\}$ .)

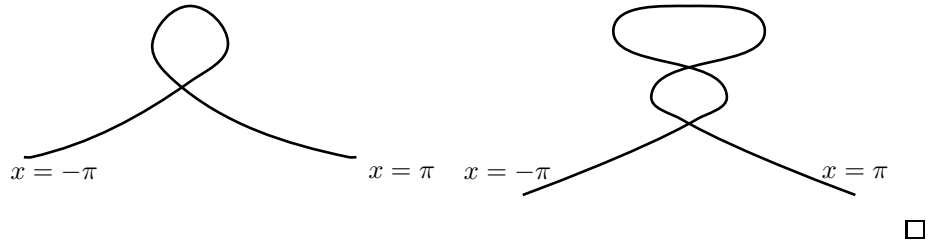
**Proposition.** *Suppose that all crossings of  $\gamma$  are simple.*

- (a) *If  $p$  is injective on every interval of length  $\ell - 2\pi$ ,  $p$  is injective.*
- (b) *If  $p$  is not injective its curvature is somewhere at least  $2\pi/(\ell - 2\pi)$ .*

(c) If  $p$  is not injective and  $\vartheta$  is periodic, then  $\gamma$  has a periodic segment which contains two crossings.

The global problem of bounding from below the maximum curvature of a self-intersecting periodic planar curve arose in a study of water waves beneath an elastic sheet. In the model [6], the sheet energy increases with the curvature and, roughly speaking, the conclusion needed was that sheets of certain energies could not self-intersect.

**Remark.** Periodicity of  $\vartheta$  in the Proposition does not follow from that of  $p$ , as the first diagram below shows. Part (c) of the Proposition is illustrated in the second diagram, where  $\vartheta$  is periodic.



For a proof, we project  $\gamma$  onto the cylinder  $\mathbf{C} = S^1 \times \mathbb{R}$ , where  $S^1 = \{e^{i\phi} : \phi \in \mathbb{R}\}$ . Let  $P : \mathbb{R} \rightarrow \mathbf{C}$  be given by  $P(s) = (e^{iu(s)}, v(s))$  and let  $\Gamma = \{P(s) : s \in [0, \ell]\}$ . Thus the projection of the periodic, non-compact curve  $\gamma$  in  $\mathbb{R}^2$  onto  $\mathbf{C}$  is the compact curve  $\Gamma$ . Now  $\Gamma$  has a crossing  $Q$  if  $P(s_0) = P(t_0) = Q$  for some  $0 \leq t_0 < s_0 < \ell$  and we note that

$$P(s_0) = P(t_0) \text{ if and only if } p(s_0) = p(t_0) + k(2\pi, 0) = p(t_0 + k\ell), \quad k \in \mathbb{Z},$$

where  $k = \#(\Gamma_Q)$ , the winding number around  $\mathbf{C}$  of

$$\Gamma_Q = \{P(s) : s \in [t_0, s_0]\}, \tag{1}$$

a loop at  $Q$ . Crossings of  $\Gamma$  with winding number  $k$  correspond to the existence of horizontal chords with length  $2|k|\pi$  connecting points of  $\gamma$ . Significantly for the Proposition, there is a one-to-one correspondence between crossings of  $\gamma$  and crossings of  $\Gamma$  with winding number zero. Note that  $\#(\Gamma) = 1$ , since  $P(\ell) = P(0)$  and  $p(\ell) = p(0) + (2\pi, 0)$ .

**Lemma 1.** *Suppose that  $\#(\Gamma_Q) \in \{0, 1\}$  for a crossing  $Q$  of  $\Gamma$ . Then  $p$  is not injective on some interval of length  $\ell$ .*

*Proof.* By hypothesis  $\Gamma_Q := \{P(s) : s \in [t_0, s_0]\}$ ,  $[t_0, s_0] \subset [0, \ell]$  and

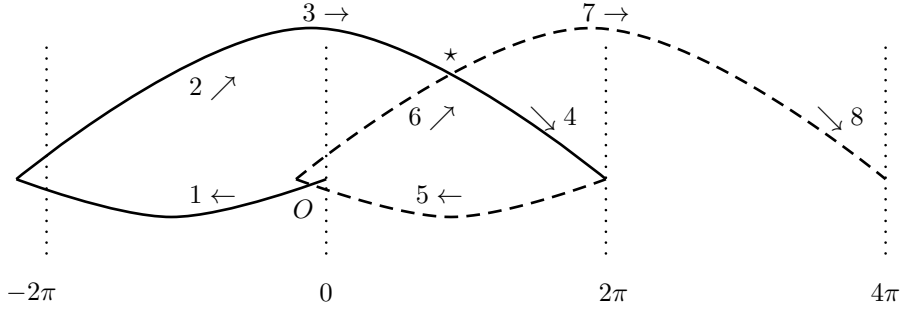
$$u(s_0) = u(t_0) + 2k\pi \text{ for } k \in \{0, 1\}, \quad v(s_0) = v(t_0).$$

If  $k = 0$ ,  $p(s_0) = p(t_0)$  and the conclusion holds. If  $k = 1$ ,

$$p(s_0) = p(t_0 + \ell), \quad 0 < t_0 + \ell - s_0 < \ell,$$

and again the conclusion holds.  $\square$

**Remark.** Note that if  $\#(\Gamma_Q) = -1$ , the proof of Lemma 1 leads only to the conclusion that there is an interval of length  $2\ell$  on which  $p$  is not injective, as illustrated in the example below.



The segment  $1 \rightarrow 2 \rightarrow 3 \rightarrow 4$ , in which arrows denote increasing arc-length, represents one period of  $\gamma$  in  $\mathbb{R}^2$ . The dashed curve  $5 \rightarrow 6 \rightarrow 7 \rightarrow 8$  represents the next period. The segment numbered 1 contains a sub-loop of  $\Gamma$  on  $\mathbb{C}$  with winding number  $-1$  and the construction just described leads to the crossing  $O$  on  $\gamma$ . However, the length of the corresponding closed sub-arc of  $1 \rightarrow 2 \rightarrow 3 \rightarrow 4 \rightarrow 5$  in  $\mathbb{R}^2$  lies between  $\ell$  and  $2\ell$  which does not vindicate the Proposition. However, there is another crossing  $\star$  on  $\gamma$ , and the closed loop  $4 \rightarrow 5 \rightarrow 6$  satisfies the conclusion of the Proposition.  $\square$

The following is the key.

**Lemma 2.** *Suppose the crossings of  $\Gamma$  are all simple. For any loop at  $\tilde{Q}$  of the form  $\Gamma_{\tilde{Q}} = \{P(s) : s \in [a, b]\}$ ,  $P(a) = P(b) = \tilde{Q}$ , with  $\#(\tilde{\Gamma}) > 1$ , there exists a sub-loop at  $\tilde{Q}_1$  of the form  $\Gamma_{\tilde{Q}_1} := \{P(s) : s \in [a_1, b_1]\}$ ,  $P(a_1) = P(b_1) = \tilde{Q}_1$ ,  $a \leq a_1 < b_1 < b$ , with  $\#(\Gamma_{\tilde{Q}_1}) = 1$ .*

*Proof.* Since  $\#(\Gamma_{\tilde{Q}}) > 1$  it follows from the topology of the cylinder that  $\Gamma_{\tilde{Q}}$  has a crossing. The proof is by induction on the number of crossings.

If  $\Gamma_{\tilde{Q}}$  has only one crossing,  $\Gamma_{\tilde{Q}}$  is the union of two loops,  $\tilde{\Gamma}_1$  and  $\tilde{\Gamma}_2$ , based at a point of  $\Gamma_{\tilde{Q}}$ . Since they have no crossings, each has winding number  $\pm 1$  or  $0$ . Since the sum of their winding numbers is  $\#(\Gamma_{\tilde{Q}}) > 1$ , each has winding number  $1$  and  $\#(\Gamma_{\tilde{Q}}) = 2$ . If  $\tilde{Q} \in \tilde{\Gamma}_2$ , then the sub-path  $\tilde{\Gamma}_1$  satisfies the conclusion of the lemma, and vice versa.

Now we make the inductive hypothesis that the lemma holds for any loop  $\Gamma_{\tilde{Q}}$  of the form in the lemma with no more than  $N - 1$  crossings,  $N \geq 2$ .

Suppose a loop  $\Gamma_{\widehat{Q}} = \{P(s) : s \in [\widehat{a}, \widehat{b}]\}$ ,  $P(\widehat{a}) = P(\widehat{b}) = \widehat{Q}$ , has  $N$  crossings. Choose one of them,  $P(s_1) = P(t_1) =: \widetilde{Q}$ , say. This splits  $\Gamma_{\widehat{Q}}$  into two loops,  $\widetilde{\Gamma}_1$  and  $\widetilde{\Gamma}_2$ , based at  $\widetilde{Q}$ . If they both have winding number 1, then the result follows, exactly as in the case  $N = 1$  above. Otherwise one of them,  $\widetilde{\Gamma}_1$  say, has winding number at least 2 and no more than  $N - 1$  crossings.

Now, momentarily, let  $\widetilde{Q}$  be the origin of arc length so that  $\widetilde{\Gamma}_1 = \{P(s) : s \in [0, \widetilde{t}]\}$  where  $s$  is arc length measured from  $\widetilde{Q}$  along  $\widetilde{\Gamma}_1$ . Then, by induction, there is a loop  $\widetilde{\Gamma}_{11}$  in  $\widetilde{\Gamma}_1$ , satisfying the conclusion of the lemma with  $[0, \widetilde{t}]$  instead of  $[a, b]$ , and winding number 1.

If  $\widetilde{\Gamma}_{11}$  does not contain  $\widehat{Q}$ , then  $\widetilde{\Gamma}_{11}$  with the original parametrization satisfies the conclusion of the lemma.

If  $\widetilde{\Gamma}_{11}$  does contain  $\widehat{Q}$ , then its complement in  $\widehat{\Gamma}$  is a sub-path  $\widetilde{\Gamma}_{12} = \{P(s) : s \in [a', b'] \subset [a, b]\}$  of  $\widehat{\Gamma}$ , with winding number not smaller than 1 and no more than  $N - 1$  crossings.

If the winding number of  $\widetilde{\Gamma}_{12}$  is 1, then we are done. If it exceeds 1, then the required conclusion follows from the inductive hypothesis.  $\square$

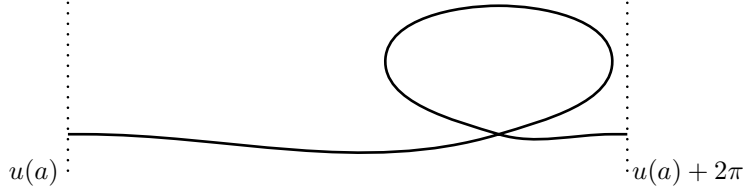
**Lemma 3.** *If  $\#(\Gamma_Q) > 1$  for a crossing  $Q$  of  $\Gamma$ , then  $p$  is not injective on some closed interval of length  $\ell$ .*

*Proof.* Assume first that all the crossings of the original curve  $\Gamma$  are simple. Putting  $\widetilde{\Gamma} = \Gamma_Q$  in Lemma 2 gives the existence of a crossing of  $\Gamma$  with winding number 1. The required result follows by Lemma 1 when all the crossings of  $\Gamma$  are simple. If the crossings of  $\Gamma$  are not all simple, apply the conclusion of Lemma 2 to a uniform periodic approximation  $\gamma_1$  of  $\gamma$  parametrized by a smooth periodic function  $p_1$  with the property that each crossing of  $\Gamma_1$  is simple and close to a crossing of  $\Gamma$ . The required result in the general case will follow by a simple limiting argument.  $\square$

*Proof of the Proposition.* (a) If  $p$  is not injective,  $\Gamma$  has a crossing,  $Q$ . Suppose  $P(t_0) = P(s_0)$ ,  $0 \leq t_0 < s_0 < \ell$ . Then, in the notation of (1),  $\Gamma_Q = \{P(s) : s \in [t_0, s_0]\}$  and there is a minimal sub loop  $\Gamma_{Q_1} = \{P(s) : s \in [t_1, s_1]\}$  of  $\Gamma_Q$  (a loop in  $\Gamma_Q$  which has no proper sub loop)  $[t_1, s_1] \subset [t_0, s_0]$ ,  $P(s_1) = P(t_1) =: Q_1$ . Since  $\Gamma_{Q_1}$  has no crossings,  $|\#(\Gamma_{Q_1})| \leq 1$ .

Now we observe that if  $p$  is not injective, then it is not injective on some interval of length  $\ell$ . If  $\#(\Gamma_{Q_1}) \in \{0, 1\}$ , the observation holds by Lemma 1. If  $\#(\Gamma_{Q_1}) = -1$ , since  $\#(\Gamma) = 1$ , the complement of  $\Gamma_{Q_1}$  in  $\Gamma$  has winding number 2 and the observation holds, by Lemma 3.

Now consider an interval  $[a, a + \ell]$  on which  $p$  is not injective. Since  $p(a + \ell) = p(a) + (2\pi, 0)$ , it follows easily (from the diagram below!) that the length of any loop in this periodic segment of  $\gamma$  does not exceed  $\ell - 2\pi$ . Hence there is an interval of length  $\ell - 2\pi$  on which  $p$  is not injective.

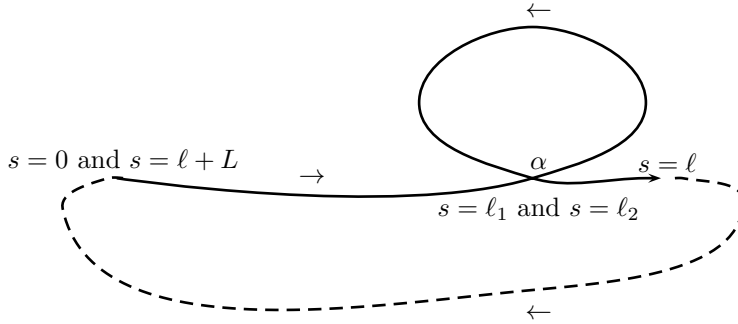


(b) A classical result [4] in the case of plane curves is the following [2, Remark on p. 38].

**Axel Schur (1921).** *Suppose that  $\Upsilon_i = \{v_i(s) : s \in [0, S]\}$ ,  $i = 1, 2$ , are two plane curves parametrized by arc length, with the same length  $S$  and with curvatures  $\kappa_i(s)$  at  $v_i(s)$ . Suppose that  $\Upsilon_1$  has no self-intersections and, along with the chord from  $v_1(0)$  to  $v_1(S)$ , bounds a convex region. Furthermore, suppose that  $|\kappa_2| \leq \kappa_1$  on  $[0, S]$ . Then  $|v_2(s) - v_2(0)| \geq |v_1(s) - v_1(0)|$ ,  $s \in [0, S]$ .*

Let  $\Upsilon_2$  be a closed loop in  $\gamma$  with length  $S$  no greater than  $\ell - 2\pi$  and suppose that at every point its curvature  $|\kappa_2| \leq 2\pi(1 - \epsilon)/(\ell - 2\pi)$  for some  $\epsilon > 0$ . Let  $\Upsilon_1$  be the segment of length  $S$  of a circle of radius  $(\ell - 2\pi)/(2\pi(1 - \epsilon))$ . Now  $|\kappa_2| \leq \kappa_1$ ,  $\Upsilon_1$  is not closed but  $\Upsilon_2$  is closed, which contradicts Schur's result. Hence no such  $\epsilon$  exists, which proves (b).

(c) Consider a periodic segment of  $\gamma$  with only one crossing at an angle  $\alpha$ , as illustrated by the solid line in the diagram. Now extend this segment as a smooth closed curve of length  $\ell + L$  with no further crossings (the extension is the dashed curve  $\tilde{\gamma}$ ).



By the hypothesis of part (c),

$$\int_0^\ell \vartheta'(s) ds = 0, \text{ and by construction, } \int_\ell^{\ell+L} \vartheta'(s) ds = -2\pi.$$

So, from the hypothesis, the integral of  $\vartheta'$  around the oriented loop  $\gamma \cup \tilde{\gamma}$  is  $-2\pi$ . On the other hand, by the Hopf's Umlaufsatz for curvilinear polygons [3,

§13.2],

$$\left| \int_{\ell_1}^{\ell_2} \vartheta'(s) ds \right| = \pi + \alpha = \left| \int_{\ell_2}^{\ell+L} \vartheta'(s) ds + \int_0^{\ell_1} \vartheta'(s) ds \right|.$$

This is impossible since  $\alpha \notin \{0, \pi\}$ , because all crossings are simple. This contradiction completes the proof.

## References

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