# On the cardinality of sumsets in torsion-free groups 

Károly J. Böröczky, Péter P. Pálfy $\dagger$ Oriol Serra


#### Abstract

Let $A, B$ be finite subsets of a torsion-free group $G$. We prove that for every positive integer $k$ there is a $c(k)$ such that if $|B| \geq c(k)$ then the inequality $|A B| \geq|A|+|B|+k$ holds unless a left translate of $A$ is contained in a cyclic subgroup. We obtain $c(k)<c_{0} k^{6}$ for arbitrary torsion-free groups, and $c(k)<c_{0} k^{3}$ for groups with the unique product property, where $c_{0}$ is an absolute constant. We give examples to show that $c(k)$ is at least quadratic in $k$.


## 1 Introduction

Let $G$ be a torsion-free group written multiplicatively, and let $|\cdot|$ denote the cardinality of a finite set. A basic problem in Additive Combinatorics is to estimate the cardinality of $A B=\{a b: a \in A, b \in B\}$ of two finite sets $A, B \subset G$ in terms of $|A|$ and $|B|$. A basic notion is a progression with ratio $r \neq 1$ and length $n$, which is a set of the form $\left\{a, a r, \ldots, a r^{n-1}\right\}$ where $a$ and $r$ commute.

Let us review some related results if $G$ is abelian. In this case we have the simple inequality

$$
|A B| \geq|A|+|B|-1
$$

with equality if and only if $A$ and $B$ are progressions with common ratio. Following Ruzsa [21], we call the minimal rank of a subgroup whose some coset contains $A$ the dimension of $A$. According to Freiman [5], if the dimension of $A$ is $d$, then

$$
\begin{equation*}
\left|A^{2}\right| \geq(d+1)|A|-\binom{d+1}{2} \tag{1}
\end{equation*}
$$

[^0]This estimate is optimal. It follows that if $\left|A^{2}\right| \leq 3|A|-4$, then $A$ is contained in some coset of a cyclic group. Actually, even a progression of length $2|A|-3$ contains $A$ according to the $(3 k-4)$-theorem of Freiman [5]. More precise structural information on $A$ is available if $\left|A^{2}\right|=2|A|+n$ for $0 \leq n \leq|A|-4$ by Freiman [7], for example, $A$ is contained in a progression of length $|A|+n+1$.

The inequality (11) was generalized to a pair of sets by Ruzsa [20] who proved that if $|A| \geq|B|$, and the dimension of $A B$ is $d$, then

$$
\begin{equation*}
|A B| \geq|A|+d|B|-\binom{d+1}{2} \tag{2}
\end{equation*}
$$

By requiring additionally that the smaller set $B$ is $d$-dimensional, Gardner and Gronchi [8] proved a discrete version of the Brunn-Minkowski inequality which shows that

$$
\begin{equation*}
|A B| \geq|A|+(d-1)|B|+(|A|-d)^{(d-1) / d}(|B|-d)^{1 / d}-\binom{d}{2} \tag{3}
\end{equation*}
$$

Additional lower bounds with stronger geometric requirements on the sets $A$ and $B$ have been also obtained by Matolcsi and Ruzsa [16] and Green and Tao 9$]$.

In the non-abelian case the situation is much less understood. Kempermann [15] implies in the case of any torsion-free group $G$ that

$$
\begin{equation*}
|A B| \geq|A|+|B|-1 \tag{4}
\end{equation*}
$$

Brailovsky and Freiman [1] characterized the extremal sets in the inequality (4) by showing that, if $\min \{|A|,|B|\} \geq 2$ then, up to appropriate left and right translations, both $A$ and $B$ are progressions with common ratio. In particular, $A$ and $B$ lie in a left and a right coset, respectively, of a cyclic subgroup.
The analogy with the abelian case was extended in Hamidoune, Lladó and Serra [14] to the inequality

$$
\begin{equation*}
|A B| \geq|A|+|B|+1 \tag{5}
\end{equation*}
$$

if $|B| \geq 4$, and $A$ is not contained in some left coset of a cyclic subgroup.
These known facts are connected with the following conjecture of Freiman (personal communication), extending the $(3 k-4)$-theorem above.

Conjecture 1 Let $A$ be a finite subset of a torsion-free group with $|A| \geq 4$. If

$$
\left|A^{2}\right| \leq 3|A|-4
$$

then $A$ is covered by a progression of length at most $2|A|-3$.
By using the so-called isoperimetric method, see Hamidoune [11, [12] or [13], we obtain the following results:

Theorem 2 For any integer $k \geq 1$ there exists a $c(k)$ such that the following holds. If $G$ is a torsio-free group, $A \subset G$ is not contained in a left coset of any cyclic subgroup, $B \subset G$ has more than $c(k)$ elements, then

$$
|A B|>|A|+|B|+k .
$$

Remark Our current methods yield $c(k) \leq 32(k+3)^{6}$.

Note that, in Theorem 2, the assumption on $A$ not being contained in a left coset of a cyclic group is crucial. For example, if $A$ is a progression of length at most $k+2$ with ratio $r \neq 1$, and $B$ is the union of two $r$-progressions of arbitrary length, then $|A B| \leq|A|+|B|+k$.

The value of the lower bound $c(k)$ can be improved for unique product groups. Recall that a group $G$ has the unique product property if, for every pair of finite sets $A, B \subset G$, there is an element $g \in A B$ which can be uniquely expressed as a product of an element of $A$ and an element of $B$. In this case, $G$ is torsion-free. We note that every right linearly orderable group has the unique product property, and any residually finite word hyperbolic group has a finite index unique product subgroup, according to T . Delzant [4. On the other hand, it was first shown by Rips and Segev [18] that not all torsion-free groups have the unique product property, and S.D. Promislow [17] even provided an explicit construction for such an example. In addition, unique product groups are discussed in A. Strojnowski [22], S.M. Hair [10], and W. Carter [3]. For unique product groups, the bound on $c(k)$ in Theorem 2 can be reduced to a cubic polynomial on $k$; namely, Lemma 12 yields that

$$
\begin{equation*}
c(k) \leq 4(2 k+3)^{3} \text { if } G \text { is a unique product group. } \tag{6}
\end{equation*}
$$

We note that it can be deduced with the help of (3) that in abelian torsionfree groups, the optimal order of $c(k)$ is quadratic. The $c(k)$ in Theorem 2
is at least of quadratic order also for non-abelian unique product groups, as the following example shows.
We consider the Klein bottle group $G_{0}=\left\langle u, v \mid u^{-1} v u=v^{-1}\right\rangle$, and hence $v u=u v^{-1}$ and $v^{-1} u=u v$. Since $\langle v\rangle$ is a normal subgroup with factor isomorphic to $\mathbb{Z}, G_{0}$ is a non-abelian unique product group. Let $A=\{1, u, v\}$ and $B=\left\{u^{i} v^{j}: i, j=0,1, \ldots, m-1\right\}$ for $m \geq 1$. Then $|B|=m^{2}$ and $A B=\cup_{i, j=0,1, \ldots, m-1}\left\{u^{i} v^{j}, u^{i+1} v^{j}, u^{i} v^{j+(-1)^{i}}\right\}$, thus

$$
|A B|=m^{2}+2 m=|A|+|B|+2|B|^{\frac{1}{2}}-3 .
$$

In line with Conjecture [1, we conjecture that, if $A=B$, then the lower bound on $|B|$ in Theorem 2 can be replaced by a bound linear in $k$. We construct an example in the group $G_{0}$ above to indicate, what to expect in Theorem 2 in this case.

For $m \geq 1$, let $A=P \cup v u Q$ where $P=\left\{u^{i}: i=0,1, \ldots, 2 m\right\}$ and $Q=$ $\left\{u^{2 i}: i=0,1, \ldots, m-1\right\}$, and hence $|A|=3 m+1$. Since $v$ commutes with $u^{2}$, we have $(v u Q)(v u Q)=(v u v) u Q^{2}=u^{2} Q^{2} \subset P^{2}$. Moreover, denoting by $P_{0}$ and $P_{1}$ the set of even and odd powers of $u$ in $P$, respectively, we have $P v u Q=v u P_{0} Q \cup v^{-1} u P_{1} Q \subset v u Q P \cup v^{-1} u P_{1} Q$. It follows that

$$
\left|A^{2}\right|=\left|P^{2}\right|+|Q P|+\left|P_{1} Q\right|=10 m-1=\frac{10}{3}|A|-\frac{13}{3} .
$$

We note that the above example seems to match a conjecture of Freiman [6], which would yield that $A$ is the union of two progressions provided that $\left|A^{2}\right|<\frac{10}{3}|A|-5$.
In the direction of Conjecture 1 for a torsion-free group $G$, our results yield the following.

Corollary 3 If $A$ is a subset of a torsion-free group with $|A| \geq 6^{6}$, and $\left|A^{2}\right|=2|A|+n$ for $0 \leq n \leq 2^{-5 / 6}|A|^{1 / 6}-3$, then $A$ is contained in a progression of length $|A|+n+1$.

Remark In unique product groups, the conditions are $|A| \geq 6^{3}$ and $0 \leq n \leq 2^{-5 / 3}|A|^{1 / 3}-\frac{3}{2}$.

If $A$ is a finite subset of a torsion-free group $G$, then Corollary 3 provides strong structural information when $\left|A^{2}\right|$ is very close to $2|A|$. This has been made possible in part by the known structural properties in abelian groups.

Now if $G$ is abelian and $\left|A^{2}\right|<K|A|$ for some $K>3$ then still strong structural properties have been established by Freiman [5] using multidimensional progressions, see the monograph of Tao and Vu [24] or the survey by Ruzsa [21] for recent developments. But if $G$ is any torsion-free group and $K \geq \frac{10}{3}$, then $A$ may not be contained in an abelian subgroup. Actually, it is still not completely understood, what to expect, in spite the results about some specific groups (see Breuillard and Green [2], or Tao's blog [23]).

## 2 Atoms and fragments

For this section, we fix a torsion-free group $G$.
For $n \geq 1$ and a finite non-empty set $C \subset G$, the $n$-th isoperimetric number of $C$ is defined to be

$$
\kappa_{n}(C)=\min \{|X C|-|X|: X \subset G \text { and }|X| \geq n\} .
$$

A finite set $V \subset G$ is an $n$-fragment for $C$, if $|V| \geq n$ and $|V C|-|V|=\kappa_{n}(C)$. In addition an $n$-fragment of minimal cardinality is an $n$-atom for $C$.
Naturally, if $U$ is an $n$-atom for $C$, then $x U$ is also an $n$-atom for $C y$ for any $x, y \in G$. In what follows, we present simple statements about atoms. For the sake of completeness, we verify even the known ones, except for the following crucial property of atoms, due to Hamidoune [11]: If $U$ is an $n$-atom and $F$ is an $n$-fragment for a finite nonempty subset $C \subset G$, then

$$
\text { either } U \subset F \text { or }|U \cap F| \leq n-1
$$

This property has the following useful consequence.

Corollary 4 For a torsion-free group $G$ and $n \geq 1$, if $U$ is an $n$-atom for $C \subset G$ and $g \in G \backslash 1$, then $|U \cap g U| \leq n-1$.

For right translations we have a weaker result.

Lemma 5 For a torsion-free group $G$ and $n \geq 2$, if $U$ is an $n$-atom for $C \subset G$ and $g \in G \backslash 1$, then

$$
|U \cap U g| \leq \frac{n-2}{n-1}|U|+\frac{1}{n-1} \leq \frac{n-1}{n}|U|
$$

Remark In particular, if $n=2$, then $|U \cap U g| \leq 1$.
Proof: Let us partition $U$ into the maximal left $g$-progressions $U_{1}, \ldots, U_{m}$, where $U_{i}=\left\{h_{i}, h_{i} g, \ldots, h_{i} g^{\alpha_{i}}\right\}, i=1, \ldots, m$. In particular, $U_{i} \cap U_{j} g=\emptyset$ for $i \neq j$. We may assume that $\left|U_{1}\right| \geq\left|U_{i}\right|, i=2, \ldots, m$ and that $h_{1}=1$.
It follows by Corollary 4 that

$$
\left|U_{1} \cap g U_{1}\right| \leq n-1,
$$

thus $\left|U_{1}\right| \leq n$. In addition, for $i \geq 2$, we have

$$
\left|U_{1} \cap h_{i}^{-1} U_{i}\right| \leq n-1,
$$

thus $\left|U_{i}\right| \leq n-1$. Therefore $|U| \leq m(n-1)+1$ and

$$
|U \cap U g|=|U|-m \leq \frac{n-2}{n-1}|U|+\frac{1}{n-1} \leq \frac{n-1}{n}|U|,
$$

as claimed. Q.E.D.
The minimality of the cardinality of atoms directly yields (see [11] or [14])

Lemma 6 If $U$ is an $n$-atom for $C \subset G, n \geq 1$, in a torsion-free group $G$, and $|U|>n$, then any element in $U C$ can be represented in at least two ways as a product of an element of $U$ and an element of $C$.

We deduce two rough, but useful estimates about 2 -atoms which can be found in [11] as well.

Lemma 7 If $U$ is a 2-atom for $C \subset G,|C| \geq 3$, in a torsion-free group $G$, then $|U| \leq|C|-1$.

Proof: We may assume that $|U|>2$ and $1 \in C$, and hence $U \subset U C$. According to Lemma 6, for any $u \in U$, there are $v_{u} \in U$ and $c_{u} \in C \backslash 1$ such that $u=v_{u} c_{u}$. If $c_{u}=c_{w}$ for $u \neq w \in U$, then $\left\{v_{w}, w\right\} \subset U \cap v_{w} v_{u}^{-1} U$, contradicting Corollary 4. Therefore $u \mapsto c_{u}$ is an injective map from $U$ into $C \backslash 1$. Q.E.D.
For any non-empty $C \subset G$, let $C^{-1}=\left\{g^{-1}: g \in C\right\}$.
Lemma 8 If $U$ is a 2-atom for $C \subset G,|C| \geq 3$, in a torsion-free group $G$, and $|U C| \leq|U|+|C|+k$, then $|U| \leq k+3$.

Proof: Let $V$ be a 2 -atom for $U^{-1}$ with $1 \in V$, thus
$\left|V U^{-1}\right|-|V|-\left|U^{-1}\right| \leq\left|C^{-1} U^{-1}\right|-\left|C^{-1}\right|-\left|U^{-1}\right|=|U C|-|U|-|C| \leq k$.
If $V=\{1, g\}$ with $g \neq 1$, then Lemma 5 yields

$$
2|U|-1 \leq\left|U V^{-1}\right|=\left|V U^{-1}\right| \leq k+2+|U|
$$

which in turn implies $|U| \leq k+3$. If $|V| \geq 3$, then Lemma 5 and Lemma 7 yield
$|U|+(|U|-1)+(|U|-2) \leq\left|U V^{-1}\right|=\left|V U^{-1}\right| \leq k+|V|+|U| \leq k+2|U|-1$,
which in turn implies $|U| \leq k+2$. Q.E.D.
Now we extend Lemma 8 to $n$-atoms, which extension is the only novel result of this section.

Proposition 9 If $U$ is an n-atom for $C \subset G,|C| \geq 3$ and $n \geq 3$, in a torsion-free group $G$, and $|U C| \leq|U|+|C|+k$, then $|U| \leq n(2 k+3)$.

Proof: Let $V$ be a 2 -atom for $U^{-1}$, hence

$$
\left|V U^{-1}\right|-|V|-\left|U^{-1}\right| \leq\left|C^{-1} U^{-1}\right|-\left|C^{-1}\right|-\left|U^{-1}\right| \leq k .
$$

It follows by Lemma 8 that $|V| \leq k+3$. Moreover, by Lemma 5, we have $\left|U V^{-1}\right| \geq 2|U|-\frac{n-1}{n}|U|$. Hence,

$$
\frac{n+1}{n}|U| \leq\left|U V^{-1}\right|=\left|V U^{-1}\right| \leq|U|+|V|+k \leq|U|+2 k+3,
$$

thus $|U| \leq n(2 k+3)$. Q.E.D.
All these statements about atoms would readily follow from the following conjecture of Y.O. Hamidoune [13].

Conjecture 10 Any n-atom in a torsion-free group has cardinality $n$.

We recall that a group $G$ has the unique product property if for any finite non-empty sets $A, B \subset G$, there is a $g \in A B$ that can be represented in a unique way in the form $a b$ with $a \in A$ and $b \in B$. In this case $G$ is torsion-free. It follows by Lemma 6 that unique product groups satisfy Conjecture 10 .

## 3 Small product sets

The proof of Theorem 2 together with an estimate of $c(k)$ will follow from the following Lemma and the estimations on the size of atoms in the previous section.

Lemma 11 Let $G$ be a torsion-free group. Suppose that $A \subset G$ with $|A|=3$ is not contained in a left coset of any cyclic subgroup of $G$. For $d \geq 3$ and any finite set $B \subset G$ of cardinality greater than $4 d^{3}$, we have

$$
|A B|>|B|+d .
$$

Proof: We suppose that $|A B| \leq|B|+d$, and seek a contradiction. We may assume that $A=\{1, u, v\}$, where $\langle u, v\rangle$ is not cyclic.
For $g \in G$, we write $B_{g}=B \backslash g^{-1} B=\{x \in B \mid g x \notin B\}$. Since $|B \cup u B| \leq$ $|B|+d$, we see that $\left|B_{u}\right| \leq d$. Similarly, $\left|B_{u^{-1}}\right| \leq d$, as $\left|u^{-1} B \cup B\right|=$ $|B \cup u B| \leq|B|+d$, and, of course, $\left|B_{v}\right|,\left|B_{v^{-1}}\right| \leq d$ also hold. Since $B$ is finite, for any $x \in B$ the coset $\langle u\rangle x$ must contain an element of $B_{u}$, hence the elements of $B$ belong to at most $d$ cosets of $\langle u\rangle$, and similarly for $\langle v\rangle$. Therefore there exists an $x_{0} \in B$ such that

$$
\left|B \cap\langle u\rangle x_{0} \cap\langle v\rangle x_{0}\right| \geq|B| / d^{2}>4 d
$$

In order to simplify notation, by replacing $B$ with $B x_{0}^{-1}$, we may assume without loss of generality that $x_{0}=1$. Let $Z=\langle u\rangle \cap\langle v\rangle$, and $B_{0}=B \cap Z$. We have $\left|B_{0}\right|>4 d$. Elements of $Z$ are powers of both $u$ and $v$, hence $Z$ is contained in the center of $H=\langle u, v\rangle$. As $Z \neq\{1\}$ and $A$ does not generate a cyclic group, we deduce that $u$ and $v$ do not commute.
We are going to show that $B Z \supseteq H$. Take an element $g \in H$, and let us choose a word of shortest length $a_{n} a_{n-1} \cdots a_{2} a_{1}$, where each $a_{i}$ is one of $u, u^{-1}, v, v^{-1}$, in the coset $g Z$. Then the cosets $Z, a_{1} Z, a_{2} a_{1} Z, \ldots$, $a_{n} a_{n-1} \cdots a_{1} Z$ are pairwise disjoint. To any $x \in B_{0}$, we assign the sequence $S_{x}=\left\{a_{i} a_{i-1} \cdots a_{1} x\right\}_{i=0,1, \ldots, n}$, which sequences are pairwise disjoint as $x$ runs through $B_{0}$. If $a_{n} a_{n-1} \cdots a_{1} x \notin B$, then there is a smallest $i \in\{1, \ldots, n\}$ such that $a_{i} \cdots a_{1} x \notin B$. It follows that $S_{x}$ has an element in $B_{a_{i}} \subset B_{u} \cup B_{u^{-1}} \cup B_{v} \cup B_{v^{-1}}$, namely, $x$ if $i=1$, and $a_{i-1} \cdots a_{1} x$ if $i \geq 2$. Since $\left|B_{0}\right|>4 d \geq\left|B_{u}\right|+\left|B_{u^{-1}}\right|+\left|B_{v}\right|+\left|B_{v^{-1}}\right|$, and $S_{x} \cap S_{y}=\emptyset$ for $x \neq y$ in $B_{0}$, there exists an $x \in B_{0}$ such that $a_{n} a_{n-1} \cdots a_{1} x \in B$. We conclude that $g \in a_{n} a_{n-1} \cdots a_{1} x Z \subset B Z$.

Now the index of the central subgroup $Z$ in $H$ is finite (bounded by $|B|$ ), so the center has finite index in $H$. According to a classical theorem of Schur (see, e.g., Robinson [19, Theorem 10.1.4]), this implies that the commutator subgroup of $H$ is finite. If the commutator subgroup is 1 , then $H$ is abelian, and if the commutator subgroup is non-trivial, then we have some torsion elements. In any case, we have contradicted the assumptions on $A$ and $G$, and hence proved the lemma. Q.E.D.

Proof of Theorem [2: Without loss of generality we may assume that $1 \in A$. Then $\langle A\rangle$ is not cyclic by our assumption. Let $B \subset G$ be a finite set with $|B|>32(k+3)^{6}$. If $B$ is contained in some right coset of a cyclic subgroup $H$, then $A$ intersects at least two left cosets of $H$. Let $A_{1}$ be one of these intersections. Then using (4) we get

$$
|A B|=\left|A_{1} B\right|+\left|\left(A \backslash A_{1}\right) B\right| \geq|A|+2|B|-2>|A|+|B|+k .
$$

Therefore we may assume that $B$ is not contained in a right coset of any cyclic subgroup.

If $|A| \leq k+3$, then let $A_{0}=A$, and if $|A|>k+3$, then let $A_{0}$ be a ( $k+3$ )-atom for $B$ with $1 \in A_{0}$. By definition, $|A B| \geq|A|+\left|A_{0} B\right|-\left|A_{0}\right|$. Proposition 9 gives that either $\left|A_{0} B\right|-\left|A_{0}\right|>|B|+k$, or $\left|A_{0}\right| \leq(k+3)(2 k+$ 3 ). If $\left\langle A_{0}\right\rangle$ is not cyclic, then choose $u, v \in A_{0} \backslash 1$ such that $\langle u, v\rangle$ is not cyclic. For $\widetilde{A}_{0}=\{1, u, v\} \subset A_{0}$, we have, by Lemma 11, that

$$
|A B| \geq|A|+\left|A_{0} B\right|-\left|A_{0}\right| \geq|A|+\left|\widetilde{A}_{0} B\right|-\left|A_{0}\right|>|A|+\left(|B|+2(k+3)^{2}\right)-\left|A_{0}\right|>|A|+|B|+k .
$$

Finally if $\left\langle A_{0}\right\rangle$ is cyclic, then $A_{0} \neq A$, so $\left|A_{0}\right| \geq k+3$, and $B$ intersects at least two right cosets of $\left\langle A_{0}\right\rangle$. Let $B_{1}$ be one of these intersections. We have by (4)

$$
|A B| \geq|A|+\left|A_{0} B\right|-\left|A_{0}\right|=|A|+\left|A_{0} B_{1}\right|+\left|A_{0}\left(B \backslash B_{1}\right)\right|-\left|A_{0}\right| \geq|A|+|B|+\left|A_{0}\right|-2>|A|+|B|+k,
$$

completing the argument. Q.E.D.

If $G$ is a unique product group, then the argument above, just using Conjecture 10 in place of Proposition (9, leads to

Lemma 12 Let $G$ be a unique product group, $A, B \subset G$ finite subsets, and $k \geq 1$. Suppose that $A$ is not contained in a left coset of any cyclic subgroup, and $|B|>4(2 k+3)^{3}$, then

$$
|A B|>|A|+|B|+k .
$$

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Károly J. Böröczky, carlos@renyi.hu
Alfréd Rényi Institute of Mathematics, and
Universitat Politècnica de Catalunya, Barcelona Tech, and Department of Geometry, Roland Eötvös University

Péter P. Pálfy, ppp@renyi.hu
Alfréd Rényi Institute of Mathematics

Oriol Serra, oserra@ma4.upc.edu
Universitat Politècnica de Catalunya, Barcelona Tech


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