# Lindblad resonance torques in relativistic discs: I. Basic equations 

Christopher M. Hirata<br>Caltech M/C 350-17, Pasadena, California 91125, USA

2 October 2010


#### Abstract

Lindblad resonances have been suggested as an important mechanism for angular momentum transport and heating in discs in binary black hole systems. We present the basic equations for the torque and heating rate for relativistic thin discs subjected to a perturbation. The Lindblad resonance torque is written explicitly in terms of metric perturbations for an equatorial disc in a general axisymmetric, time-stationary spacetime with a plane of symmetry. We show that the resulting torque formula is gauge-invariant. Computations for the Schwarzschild and Kerr spacetimes are presented in the companion paper.


Key words: accretion, accretion discs - relativistic processes - black hole physics.

## 1 INTRODUCTION

The past several years have seen a surge in interest related to the electromagnetic signatures of merging black holes. Such a signature would have to come not from the black holes themselves, but from the gas that surrounds them. Heating of this gas and consequent emission of electromagnetic radiation has been discussed both in the context of the inspiral phase (Chang et al. 2010), the coalescence (Kocsis \& Loeb 2008), and in the post-merger phase as the mass loss and kick of the final black hole modify the orbits of the gas particles (Bode \& Phinney 2007; Shields \& Bonning 2008; Schnittman \& Krolik 2008; Anderson et al. 2010; Rossi et al. 2010).

It is often suggested that torques arising from Lindblad resonance 1 play a key role in redistributing gas in the inspiral phase (Armitage \& Nataraian 2002; Milosavliević \& Phinney 2005; MacFadyen \& Milosavliević 2008; Chang et al. 2010) and controlling the surface density profile and heating rate of the gas disc. These torques act by exciting density perturbations at the location of either inner or outer Lindblad resonances (ILRs or OLRs), at which the synodic period (i.e. the time between successive passages of the secondary black hole and a disc particle) is an integer multiple of the period of radial epicyclic oscillations in the disc. In some scenarios, the resonant torques operate in the nonrelativistic Newtonian regime, which has a long history

[^0]of study in the context of galactic discs, planetary rings, and circumstellar discs (e.g. Lynden-Bell \& Kalnais 1972; Goldreich \& Tremaine 1978, 1979, 1980; Lin \& Papaloizou 1979). However, in others - particularly the cases of inner discs (Chang et al. 2010) - Lindblad resonant torques are used all the way in to radii of a few $\times 10 M$. In these cases, it is desirable to revisit the Lindblad resonances in a fully relativistic context. This is especially true since pericentre precession introduces an additional ILR (the $m=1$ or $0: 1$ ILR) that has no Keplerian analogue. The principal purpose of this paper and its companion is to provide a relativistic treatment of the Lindblad torques, including computation of the torque formula in black hole spacetimes (Schwarzschild or Kerr), in the extreme mass ratio limit.

This paper and its companion are not concerned with a full analysis of any one scenario for the generation of an electromagnetic counterpart to a black hole merger, although they are most relevant to the proposal of Chang et al. (2010). Rather, our motivation is to establish the relativistic Lindblad torque formula so that it can be used to establish the role (or lack thereof) of Lindblad torques in future work. In this paper ("Paper I"), we develop the general formalism for Lindblad torques in thin discs orbiting in the equatorial planes of axisymmetric, time-independent spacetimes with a plane of symmetry, and with weak perturbations of general form respecting the equatorial reflection symmetry. This covers the case of a binary Schwarzschild black hole with an extreme mass ratio ( $q=M_{2} / M_{1} \ll 1$ ) and a gas disc orbiting in the same plane. It also covers the Kerr case if the primary hole's spin is aligned with the orbital angular momentum of the binary and disc (which may or may not be the physical case; here it is a simplifying assumption that we may wish to remove in future work). We work out the torque
formula in terms of the background metric and its perturbation $h_{\alpha \beta}$ and establish generic features such as gauge invariance. The companion ("Paper II") focuses on the specific cases of interest - the Schwarzschild and Kerr metrics with a small perturber - and describes the numerical evaluation of the resonant torque.

Our analysis considers the case of geometrically thin discs. The alternative - a geometrically thick disc, such as that in an advection-dominated accretion flow (ADAF) cannot be treated by the methods described here. A more appropriate model for an extreme mass ratio binary where the secondary orbits within a thick disc was considered by Narayan (2000). We note however that one conceivable way to produce such a thick disc, even at initially high accretion rates as considered by Chang et al. (2010), would be for resonant heating to destroy the thin disc solution and result in a radiatively inefficient inner disc. Assessment of this possibility requires us to be able to quantitatively compute the resonant torques.

We evaluate the torque here by assuming a particle disc, since previous works on Lindblad resonances have found that the specific dissipation mechanism (e.g. viscosity or propagation of spiral density waves as occurs in a hydrodynamic disc) does not affect the total torque at a resonance so long as the excitation of disc modes is localized near the resonance and in the linear regime (e.g. Mever-Vernet \& Sicardy 1987; Lubow \& Ogilvie 1998; Ogilvie 2007). The underlying reason for this - namely, that the vector eccentricity ${ }^{2}$ integrated over the resonance in each sector of the disc, which is both excited by the external perturbation and acted upon by the perturbation to yield the overall torque, is not changed but is simply redistributed by short-range interactions among disc particles - is generic and we expect it to also hold in the relativistic case. We also note that the modes of oscillation of relativistic discs have been investigated (e.g. Perez et al. 1997; Silbergleit et al. 2001; Ortega-Rodríguez et al. 2002), however their excitation by perturbations to the spacetime have not yet been treated.

This paper is organized as follows. Section 2 lays out the assumed background spacetime and the motion of test particles in it. Section 3 describes the behaviour of particles under a general perturbation to their Hamiltonian (gravitational or otherwise) and the resulting torque on an initially axisymmetric disc. Section 4 re-expresses this torque in terms of the metric perturbation and demonstrates gauge invariance; it also gives a useful alternative expression for the torque in terms of the power delivered to a test particle on a slightly eccentric orbit. Section 5 shows that our expression reduces to the familiar expression for Lindblad torques in the familiar Keplerian case. Section 6 describes the disc heating at the resonance, and Section 7 concludes.

We use relativistic units where $G=c=1$.

[^1]
## 2 BACKGROUND SPACETIME AND PARTICLE TRAJECTORIES

### 2.1 The spacetime

We consider the unperturbed problem of a disc orbiting in the equatorial plane of a black hole. In the equatorial plane, the metric may be written as (e.g. Page \& Thorne 1974)
$\mathrm{d} s^{2}=-\mathrm{e}^{2 \nu} \mathrm{~d} t^{2}+\mathrm{e}^{2 \psi}(\mathrm{~d} \phi-\tilde{\omega} \mathrm{d} t)^{2}+\mathrm{e}^{2 \tilde{\mu}} \mathrm{~d} r^{2}+\mathrm{d} z^{2}$,
where $\nu, \psi, \tilde{\omega}$, and $\tilde{\mu}$ are functions of $r$; as $r \rightarrow \infty$, we have $\tilde{\omega}, \tilde{\mu}, \nu \rightarrow 0$ and $\psi \rightarrow \ln r$. Note that this formulation is only sufficient for eccentricity resonances; if we were to consider inclination resonances, we would have to include the $\mathcal{O}\left(z^{2}\right)$ terms in the metric.

The contravariant components of this metric are:

$$
\begin{align*}
g^{t t} & =-\mathrm{e}^{-2 \nu} \\
g^{t \phi}=g^{\phi t} & =-\tilde{\omega} \mathrm{e}^{-2 \nu} \\
g^{\phi \phi} & =\mathrm{e}^{-2 \psi}-\tilde{\omega}^{2} \mathrm{e}^{-2 \nu} \\
g^{r r} & =\mathrm{e}^{-2 \tilde{\mu}} \text { and }  \tag{2}\\
g^{z z} & =1
\end{align*}
$$

Equation (1) has a residual gauge degree of freedom in the sense that we may freely reparameterize $r \rightarrow f(r)$. We fix this by requiring $\mathrm{e}^{\nu+\psi+\tilde{\mu}}=r$. This choice is easily verified to be valid for the Schwarzschild coordinate system in the case of a nonrotating black hole, and for the BoyerLindquist coordinate system in the case of a rotating black hole.

### 2.2 Particle trajectories

We utilize the Hamiltonian formulation of the equations of motion for a particle. As is well-known, the action for a particle of mass $\mu$ is $S=-\mu \int \mathrm{d} \tau$, where $\tau$ is the proper time along the particle trajectory. For our purposes, the fastest route to the torque formula is not to use the covariant representation of the action parameterized by the affine parameter, but rather to explicitly parameterize the particle's trajectory using the coordinate time $t$, which is always possible outside the outer horizon. This method, which explicitly keeps only the 3 physical degrees of freedom, is best suited to a perturbation analysis. The formulation of the problem is standard - the Lagrangian in coordinate time is the basis of the exposition by Infeld \& Plebański (1960), and Hamiltonianization of the coordinate time is a standard technique in post-Newtonian calculations (e.g. Ohta et al. 1973) - but will be explicitly given here since we will need to refer to it repeatedly throughout the calculation.

Defining $u^{\mu}$ to be the 4 -velocity, i.e. the forwarddirected tangent vector to the particle's trajectory with $u_{\alpha} u^{\alpha}=-1$, we see that $\mathrm{d} \tau=\mathrm{d} t / u^{t}$ and hence the Lagrangian is
$L \equiv \frac{\mathrm{~d} S}{\mathrm{~d} t}=-\frac{\mu}{u^{t}}$.
The degrees of freedom of the particle are its spatial coordinates $x^{i}(t)$; we note that $u^{t}$ depends on the spatial coordinates $x^{i}$ and time coordinate $t$, and on the 3 spatial velocities $\dot{x}^{i}=\mathrm{d} x^{i} / \mathrm{d} t$. The conjugate momenta are $\pi_{i} \equiv \partial L / \partial \dot{x}^{i}$.

Noting that $\dot{x}^{i}=u^{i} / u^{t}$, we see that varying $g_{\alpha \beta} u^{\alpha} u^{\beta}=$
-1 at fixed $x^{\alpha}$ gives $g_{\alpha \beta} u^{\alpha} \delta u^{\beta}=0$, or $u_{\alpha} \delta u^{\alpha}=0$. Therefore,
$0=u_{t} \delta u^{t}+u_{i} \delta\left(u^{t} \dot{x}^{i}\right)=\left(u_{t}+u_{i} \dot{x}^{i}\right) \delta u^{t}+u^{t} u_{i} \delta \dot{x}^{i}$.
This implies that
$\frac{\partial u^{t}}{\partial \dot{x}^{i}}=-\frac{u^{t} u_{i}}{u_{t}+u_{i} \dot{x}^{i}}=-\frac{u^{t} u_{i}}{u_{t}+u_{i} u^{i} / u^{t}} ;$
recalling that by normalization of the 4 -velocity $u_{i} u^{i}=$ $-1-u_{t} u^{t}$ shows this to be equal to $\left(u^{t}\right)^{2} u_{i}$. Therefore the conjugate momentum associated with Eq. (3) is
$\pi_{i}=\frac{\partial L}{\partial \dot{x}^{i}}=\frac{\mu}{\left(u^{t}\right)^{2}}\left(u^{t}\right)^{2} u_{i}=\mu u_{i} \equiv p_{i}$,
where $p_{i}$ are the spatial components of the covariant physical 4 -momentum. From now on, we will simply write $p_{i}$ and drop the $\pi_{i}$ notation.

The Hamiltonian is given by
$H=p_{i} \dot{x}^{i}-L=\mu u_{i} \frac{u^{i}}{u^{t}}+\frac{\mu}{u^{t}}=-\mu u_{t}=-p_{t}$,
where again we used the normalization of the 4 -velocity, $u_{i} u^{i}=-1-u_{t} u^{t}$. Thus the Hamiltonian for the particle's motion is simply the energy seen by an observer moving orthogonally to the hypersurface of constant $t$. From a dynamical perspective, the Hamiltonian should be thought of as depending on $t, x^{i}$, and $p_{i}$; the formula for $p_{t}$ is the massshell relation (derived from normalization of $\boldsymbol{u}$ ):
$H\left(t, x^{i}, p_{i}\right)=\frac{g^{t i} p_{i}-\sqrt{\left(g^{t i} p_{i}\right)^{2}-g^{t t} g^{i j} p_{i} p_{j}-\mu^{2} g^{t t}}}{g^{t t}}$.

### 2.3 Nearly circular, equatorial orbits

We now consider the nearly circular orbits in the background space-time. We restrict ourselves to equatorial orbits with $z=p_{z}=0$.

### 2.3.1 Form of the Hamiltonian

A circular orbit is a solution for which $\dot{r}=0$ or (equivalently) $p_{r}=0$. We will be considering nearly circular orbits, i.e. we will expand the Hamiltonian to order $\left(p_{r}\right)^{2}$. From Eqs. (2) and (8), we find that in general
$H=\tilde{\omega} p_{\phi}+\mathrm{e}^{\nu} \sqrt{\mu^{2}+\mathrm{e}^{-2 \tilde{\mu}}\left(p_{r}\right)^{2}+\mathrm{e}^{-2 \psi}\left(p_{\phi}\right)^{2}}$.
We now consider linear perturbations around a reference circular orbit. To do this, we first expand to second order in $p_{r}$ :

$$
\begin{align*}
H\left(p_{\phi}, r, p_{r}\right)= & H\left(p_{\phi}, r, 0\right)+\frac{\mathrm{e}^{\nu-2 \tilde{\mu}}}{\sqrt{\mu^{2}+\mathrm{e}^{-2 \psi}\left(p_{\phi}\right)^{2}}} \frac{\left(p_{r}\right)^{2}}{2} \\
& +\mathcal{O}\left[\left(p_{r}\right)^{4}\right] \tag{10}
\end{align*}
$$

where
$H\left(p_{\phi}, r, 0\right)=\tilde{\omega} p_{\phi}+\mathrm{e}^{\nu} \sqrt{\mu^{2}+\mathrm{e}^{-2 \psi}\left(p_{\phi}\right)^{2}}$.

[^2]For a given value of $p_{\phi}$ one can find the minimum of $H\left(p_{\phi}, r, 0\right)$ with respect to $r$, which (since $\partial H / \partial r=0$ ) corresponds to a circular orbit $4^{4}$ We can expand around any such minimum (with $p_{\phi}=P_{\phi}$ and $r=R$ ) by writing
$\Delta p_{\phi}=p_{\phi}-P_{\phi}$ and $\Delta r=r-R$.
The transformation from $\left(r, \phi, p_{r}, p_{\phi}\right)$ to $\left(\Delta r, \phi, p_{r}, \Delta p_{\phi}\right)$ is a simple translation and hence is canonical. Then $H\left(p_{\phi}, r, p_{r}\right)$ can then be expanded to second order around ( $P_{\phi}, R, 0$ ):

$$
\begin{align*}
H\left(\Delta p_{\phi}, \Delta r, p_{r}\right)= & C_{000}+C_{100} \Delta p_{\phi}+\frac{1}{2} C_{200}\left(\Delta p_{\phi}\right)^{2} \\
& +\frac{1}{2} C_{020} \Delta r^{2}+\frac{1}{2} C_{002}\left(p_{r}\right)^{2} \\
& +C_{110} \Delta p_{\phi} \Delta r . \tag{13}
\end{align*}
$$

### 2.3.2 Relation of the coefficients to specific energy and angular momentum

Some of the Taylor expansion coefficients in Eq. (13) have a straightforward interpretation, and all are calculable in terms of metric coefficients and the specific energy and angular momentum. We denote the specific energy $(H / \mu)$ and specific angular momentum ( $p_{\phi} / \mu$ ) associated with a circular orbit of radius $r$ by $\mathcal{E}(r)$ and $\mathcal{L}(r)$. We may also define $\boldsymbol{w}$ to be the 4 -velocity associated with the circular orbit. Its covariant components are $w_{t}=-\mathcal{E}(R), w_{\phi}=\mathcal{L}(R)$, and $w_{r}=w_{z}=0$. Using the inverse metric, the contravariant components are
$w^{t}=\mathrm{e}^{-2 \nu}(\mathcal{E}-\tilde{\omega} \mathcal{L})$,
$w^{\phi}=\tilde{\omega} \mathrm{e}^{-2 \nu}(\mathcal{E}-\tilde{\omega} \mathcal{L})+\mathrm{e}^{-2 \psi} \mathcal{L}$,
and $w^{r}=w^{z}=0$.
By definition,
$C_{000}=\mu \mathcal{E}(R)$.
If we consider a sequence of circular orbits parameterized by $r$, we may take the total derivatives of the Hamiltonian with respect to $r$ [i.e. derivatives in which $p_{\phi}=\mu \mathcal{L}(r)$ varies as we take the derivative]:
$\frac{\mathrm{d}}{\mathrm{d} r}[\mu \mathcal{E}(r)]=\frac{\partial H}{\partial r}+\frac{\mathrm{d}[\mu \mathcal{L}(r)]}{\mathrm{d} r} \frac{\partial H}{\partial p_{\phi}}$,
which since $\partial H / \partial r=0$ simplifies to
$\mathcal{E}^{\prime}(r)=\mathcal{L}^{\prime}(r) \frac{\partial H}{\partial p_{\phi}}$
or
$C_{100}=\frac{\mathcal{E}^{\prime}(R)}{\mathcal{L}^{\prime}(R)} \equiv \Omega(R)$.
We note that for a circular orbit, $\dot{\phi}=\partial H / \partial p_{\phi}=C_{100}=$ $\Omega(R)$, so $\Omega(R)$ can be interpreted as the angular frequency of the orbit as seen by a distant observer. For the circular orbit, we also see that trivially
$\Omega=\frac{w^{\phi}}{w^{t}}$.

[^3]Taking yet another total derivative of Eq. (18) gives

$$
\begin{align*}
\mathcal{E}^{\prime \prime}(r)= & \mathcal{L}^{\prime \prime}(r) \frac{\partial H}{\partial p_{\phi}} \\
& +\mathcal{L}^{\prime}(r)\left\{\frac{\partial^{2} H}{\partial r \partial p_{\phi}}+\frac{\mathrm{d}[\mu \mathcal{L}(r)]}{\mathrm{d} r} \frac{\partial^{2} H}{\partial\left(p_{\phi}\right)^{2}}\right\}, \tag{21}
\end{align*}
$$

or at $r=R$ :
$\mathcal{E}^{\prime \prime}(R)=\mathcal{L}^{\prime \prime}(R) \frac{\mathcal{E}^{\prime}(R)}{\mathcal{L}^{\prime}(R)}+\mathcal{L}^{\prime}(R)\left[C_{110}+\mu C_{200} \mathcal{L}^{\prime}(R)\right]$.
Using the quotient rule, this can be expressed in terms of $\Omega(R)$ :
$\Omega^{\prime}(R)=C_{110}+\mu C_{200} \mathcal{L}^{\prime}(R)$.
Similarly, taking the total derivative of the relation $\partial H / \partial r=0$ gives
$\frac{\partial^{2} H}{\partial r^{2}}+\frac{\mathrm{d}[\mu \mathcal{L}(r)]}{\mathrm{d} r} \frac{\partial^{2} H}{\partial r \partial p_{\phi}}=0$.
Evaluated at $R$, this simplifies to
$C_{020}+\mu \mathcal{L}^{\prime}(R) C_{110}=0$.
A relation for $C_{002}$ can be obtained from Eq. (10):
$C_{002}=\frac{\mathrm{e}^{\nu-2 \tilde{\mu}}}{\sqrt{\mu^{2}+\mathrm{e}^{-2 \psi}\left(p_{\phi}\right)^{2}}}$.
The value of the square root is obtainable from Eq. (11), giving $C_{002}=\mathrm{e}^{\nu-2 \tilde{\mu}} /\left[\mathrm{e}^{-\nu}\left(H-\tilde{\omega} p_{\phi}\right)\right]$, or
$C_{002}=\frac{\mu^{-1} \mathrm{e}^{2 \nu-2 \tilde{\mu}}}{\mathcal{E}(R)-\tilde{\omega} \mathcal{L}(R)}=\frac{\mathrm{e}^{-2 \tilde{\mu}}}{\mu w^{t}}$.
Finally, we note that $C_{200}$ can be obtained by directly taking the second partial derivative of Eq. (11); noting that $\tilde{\omega}, \nu$, and $\psi$ do not depend on $\phi$, we find

$$
\begin{equation*}
\left.\frac{\partial^{2} H}{\partial\left(p_{\phi}\right)^{2}}\right|_{p_{r}=0}=\frac{\mu^{2} \mathrm{e}^{\nu-2 \psi}}{\left[m^{2}+\mathrm{e}^{-2 \psi}\left(p_{\phi}\right)^{2}\right]^{3 / 2}}, \tag{28}
\end{equation*}
$$

or at $r=R$ :
$C_{200}=\frac{\mu^{-1} \mathrm{e}^{\nu-2 \psi}}{\left[1+\mathrm{e}^{-2 \psi} \mathcal{L}^{2}(R)\right]^{3 / 2}}$.
Further simplifcation is possible if we apply Eq. (11) to a circular orbit, yielding
$\mathcal{E}=\tilde{\omega} \mathcal{L}+\mathrm{e}^{\nu} \sqrt{1+\mathrm{e}^{-2 \psi} \mathcal{L}^{2}} ;$
since $\mathcal{E}-\tilde{\omega} \mathcal{L}=\mathrm{e}^{2 \nu} w^{t}$, we conclude that
$1+\mathrm{e}^{-2 \psi} \mathcal{L}^{2}=\mathrm{e}^{2 \nu}\left(w^{t}\right)^{2}$.
Substituting these results into Eq. (29) gives
$C_{200}=\mu^{-1} \mathrm{e}^{-2 \nu-2 \psi}\left(w^{t}\right)^{-3}$.
Combining with Eqs. (23) and (25) gives
$C_{110}=\Omega^{\prime}(R)-\mathrm{e}^{-2 \nu-2 \psi}\left(w^{t}\right)^{-3} \mathcal{L}^{\prime}(R)$.
and
$C_{020}=-\mu \Omega^{\prime}(R) \mathcal{L}^{\prime}(R)+\mu \mathrm{e}^{-2 \nu-2 \psi}\left(w^{t}\right)^{-3} \mathcal{L}^{\prime 2}(R)$.
Explicit evaluation of these expressions is aided by a relation for $w^{t}$. Using the normalization $g_{\alpha \beta} w^{\alpha} w^{\beta}=-1$ and $w^{\phi}=\Omega w^{t}$, we find
$w^{t}=\left[\mathrm{e}^{2 \nu}-\mathrm{e}^{2 \psi}(\Omega-\tilde{\omega})^{2}\right]^{-1 / 2}$.

This completes the description of the $C$ coefficients in terms of the commonly tabulated functions $\mathcal{E}(R), \mathcal{L}(R)$, and $\Omega(R)$. It is convenient also to define the epicyclic frequency
$\kappa(R) \equiv \sqrt{C_{020} C_{002}} ;$
it is easy to see that if $\Delta p_{\phi}=0$, Eq. (13) guarantees that $\kappa(R)$ is the frequency of radial oscillations as measured by the coordinate time $t$. We also define the specific epicyclic impedance
$\mu \mathcal{Z}(R) \equiv \sqrt{\frac{C_{020}}{C_{002}}}$.

## 3 RELATIVISTIC RESONANT TORQUE FORMULA: FORMAL SOLUTION

### 3.1 Perturbation Hamiltonian

Our next concern is the canonical treatment of a perturbing body. We separate the perturbation Hamiltonian into a perturbed and an unperturbed piece:
$H\left(t, x^{i}, p_{i}\right)=H_{0}\left(t, x^{i}, p_{i}\right)+H_{1}\left(t, x^{i}, p_{i}\right)$.
In Newtonian theory, the perturbing Hamiltonian $H_{1}$ is simply the gravitational potential of the perturbing body (plus an "indirect term" in formulations that do not use an inertial reference frame). In GR, there is a perturbation to the metric:
$g_{\alpha \beta}=g_{\alpha \beta}^{(0)}+h_{\alpha \beta} \quad$ or $\quad g^{\alpha \beta}=g^{(0) \alpha \beta}-h^{\alpha \beta}$,
and $H_{1}$ is then the variation of Eq. (7) at fixed $p_{i}$,
$H_{1}=\left.h^{\alpha \beta} \frac{\partial p_{t}}{\partial g^{\alpha \beta}}\right|_{p_{i}}$.
The latter can be obtained by varying the mass-shell relation, $g^{\alpha \beta} p_{\alpha} p_{\beta}=-\mu^{2}$ :
$\delta g^{\alpha \beta} p_{\alpha} p_{\beta}+2 g^{\alpha \beta} p_{\alpha} \delta p_{\beta}=0$.
Since Eq. (40) is defined at fixed $p_{i}$, the last term may be restricted to $\beta=t$, and:
$\delta p_{t}=-\frac{1}{2 p^{t}} \delta g^{\alpha \beta} p_{\alpha} p_{\beta}=\frac{h^{\alpha \beta} p_{\alpha} p_{\beta}}{2 p^{t}}$,
where we have used the rule that the variation of the contravariant metric is $-g^{\alpha \kappa} g^{\beta \lambda} \delta g_{\kappa \lambda}$, i.e. the negative of $h$ with its indices raised. Thus Eq. (40) simplifies to
$H_{1}=\frac{h^{\alpha \beta} p_{\alpha} p_{\beta}}{2 p^{t}}$.
When doing perturbation theory, it is most convenient to do the explicit $3+1$ expansion of the numerator and recall that
$p^{t}=g^{t t} p_{t}+g^{t i} p_{i}=-g^{t t} H+g^{t i} p_{i}$,
so
$H_{1}=-\frac{h^{t t} H^{2}+2 h^{t i} H p_{i}+h^{i j} p_{i} p_{j}}{2\left(g^{t t} H-g^{t i} p_{i}\right)}$.
In first-order perturbation theory, it is permissible to replace $H$ with $H_{0}$ on the right-hand side of Eq. (45) since the latter already has one explicit power of $h$.

In the unperturbed case, the angular momentum $p_{\phi}$ and the energy $H$ are conserved. In the perturbed case, these variables change in accordance with
$\dot{p}_{\phi}=\left\{p_{\phi}, H\right\}_{\mathrm{P}}=\left\{p_{\phi}, H_{1}\right\}_{\mathrm{P}}=-\frac{\partial H_{1}}{\partial \phi}$
and
$\dot{H}=\frac{\partial H}{\partial t}=\frac{\partial H_{1}}{\partial t}$,
where $\{,\}_{\mathrm{P}}$ represents a Poisson bracket. Since the perturbation arises from a secondary on a circular equatorial orbit, then the perturbation rotates at a pattern speed $\Omega_{\mathrm{s}}$ given by the orbit of the secondary hole, i.e. $H_{1}$ depends not on $t$ and $\phi$ individually but only on the combination $\phi-\Omega_{\mathrm{s}} t$. This implies that the partial derivatives in Eqs. (46) and (47) differ by a factor of $-\Omega_{\mathrm{s}}$, so
$\dot{H}=-\Omega_{\mathrm{s}} \dot{p}_{\phi}$.

### 3.2 Effect of perturbation on the disk

We consider an ensemble of particles initially in circular orbit at radius $R$ with longitudes $\phi$ equally distributed in $\phi \in[0,2 \pi)$. The perturbation Hamiltonian is assumed to turn on at time $t_{1}$, and we wish to measure the torque on the disk of particles at some later time $t_{2}$. The interval $t_{2}-t_{1}$ should be long compared with the orbital time $\Omega^{-1}$, but short compared with the libration time so that first-order perturbation theory for the positions of the particles is valid. It is apparent that the torque $\langle T\rangle$ averaged over the ensemble of particles must be second-order in $h$ because if Eq. (46) is averaged over the unperturbed particle trajectories, we find
$\langle T\rangle \equiv\left\langle\dot{p}_{\phi}\right\rangle=-\frac{1}{2 \pi} \int_{0}^{2 \pi} \frac{\partial H_{1}}{\partial \phi} \mathrm{~d} \phi=0$.
In order to get a nonzero torque, we must compute the particle positions to first order in perturbation theory, and then apply Eq. (46). This will lead to a result that is second order in $h$.

In what follows, we will construct the Green's function solution for the perturbations to the disk. In order to evaluate the late-time torque, we will decompose the perturbation Hamiltonian into Fourier modes in the longitude direction,
$H_{1}=\sum_{m=-\infty}^{\infty} H_{1}^{(m)}$,
where each mode has the dependence
$H_{1}^{(m)} \propto \mathrm{e}^{\mathrm{i} m\left(\phi-\Omega_{\mathrm{s}} t\right)}$
on longitude and time (the latter is required since the perturbation rotates with the orbit of the perturber). Since the Hamiltonian is real, $H_{1}^{(m) *}=H_{1}^{(-m)}$. The torque transfer from different values of $|m|$ can be considered separately. This is because a first-order perturbation introduced by the $m$ component will have an $\mathrm{e}^{\mathrm{i} m \phi\left(t_{1}\right)}$ longitude dependence, and hence can only produce an azimuthally averaged torque when acted on by the $m^{\prime}$ th Fourier mode of the perturbation if $m+m^{\prime}=0$ or $m=-m^{\prime}$.

Our final step in determining the first-order perturbation to the disk will be to integrate the Green's function over time, keeping only the resonant terms.

### 3.2.1 Green's function solution for the perturbed disk

We can compute the final position of a particle initially at $\phi_{1} \equiv \phi\left(t_{1}\right)$ via a Green's function method. We consider first the effect of a $\delta$-function perturbation at time $t^{\prime}$, i.e. we apply the perturbation
$W(t)=H_{1}(t) \delta\left(t-t^{\prime}\right)$.
Then to first order in perturbation theory, the perturbations to all variables can be written as an integral of the perturbation to that variable due to $W$ over the range $t_{1}<t^{\prime}<t_{2}$. Immediately prior to the application of $W$, the particle is at position
$\phi\left(t^{\prime}-\epsilon\right)=\phi_{1}+\Omega(R)\left(t^{\prime}-t_{1}\right)$.
Immediately after the application of $W$, any phase-space coordinate $X$ undergoes a jump:
$\diamond X \equiv X\left(t^{\prime}+\epsilon\right)-X\left(t^{\prime}-\epsilon\right)=\left\{X, H_{1}\left(t^{\prime}\right)\right\}_{\mathrm{P}}$.
One key difference between this and Newtonian perturbation theory is that since $H_{1}$ depends on the momenta as well as the positions, the particle position can also undergo a jump. These jumps are:

$$
\begin{align*}
\diamond r & =\frac{\partial H_{1}\left(t^{\prime}\right)}{\partial p_{r}} \\
\diamond \phi & =\frac{\partial H_{1}\left(t^{\prime}\right)}{\partial p_{\phi}} \\
\diamond p_{r} & =-\frac{\partial H_{1}\left(t^{\prime}\right)}{\partial r}, \text { and } \\
\diamond p_{\phi} & =-\frac{\partial H_{1}\left(t^{\prime}\right)}{\partial \phi} \tag{55}
\end{align*}
$$

We then desire the final values of the positions and momenta. These can be freely propagated from $t^{\prime}+\epsilon$ using the unperturbed Hamiltonian, Eq. (13). The angular momentum is the easiest since it is conserved
$\Delta p_{\phi}\left(t_{2}\right)=\diamond p_{\phi}=-\frac{\partial H_{1}\left(t^{\prime}\right)}{\partial \phi}$.
The radial degrees of freedom are more subtle. They can be described by the Hamiltonian
$H_{0}=\frac{1}{2} C_{020}\left(\Delta r+\frac{C_{110}}{C_{020}} \diamond p_{\phi}\right)^{2}+\frac{1}{2} C_{002}\left(p_{r}\right)^{2}+$ const. (57)
Under this Hamiltonian, the combination
$Z \equiv \Delta r+\frac{C_{110}}{C_{020}} \diamond p_{\phi}+\mathrm{i} \sqrt{\frac{C_{002}}{C_{020}}} p_{r}$
is a phasor with $\mathrm{a} \propto \mathrm{e}^{-\mathrm{i} \kappa(R) t}$ dependence. Its initial value is

$$
\begin{equation*}
Z\left(t^{\prime}+\epsilon\right)=\frac{\partial H_{1}\left(t^{\prime}\right)}{\partial p_{r}}-\frac{C_{110}}{C_{020}} \frac{\partial H_{1}\left(t^{\prime}\right)}{\partial \phi}-\mathrm{i} \sqrt{\frac{C_{002}}{C_{020}}} \frac{\partial H_{1}\left(t^{\prime}\right)}{\partial r} \tag{59}
\end{equation*}
$$

We may find $Z\left(t_{2}\right)$ by multiplying by $\mathrm{e}^{-\mathrm{i} \kappa(R)\left(t_{2}-t^{\prime}\right)}$. Taking the real and imaginary parts gives

$$
\begin{align*}
\Delta r\left(t_{2}\right)= & \frac{C_{110}}{C_{020}} \frac{\partial H_{1}\left(t^{\prime}\right)}{\partial \phi} \\
& +\left[\frac{\partial H_{1}\left(t^{\prime}\right)}{\partial p_{r}}-\frac{C_{110}}{C_{020}} \frac{\partial H_{1}\left(t^{\prime}\right)}{\partial \phi}\right] \cos \left[\kappa(R)\left(t_{2}-t^{\prime}\right)\right] \\
& -\sqrt{\frac{C_{002}}{C_{020}}} \frac{\partial H_{1}\left(t^{\prime}\right)}{\partial r} \sin \left[\kappa(R)\left(t_{2}-t^{\prime}\right)\right] \tag{60}
\end{align*}
$$

and

$$
\begin{align*}
\Delta p_{r}\left(t_{2}\right)= & -\frac{\partial H_{1}\left(t^{\prime}\right)}{\partial r} \cos \left[\kappa(R)\left(t_{2}-t^{\prime}\right)\right] \\
& -\left[\frac{\partial H_{1}\left(t^{\prime}\right)}{\partial p_{r}}-\frac{C_{110}}{C_{020}} \frac{\partial H_{1}\left(t^{\prime}\right)}{\partial \phi}\right] \\
& \times \sqrt{\frac{C_{020}}{C_{002}}} \sin \left[\kappa(R)\left(t_{2}-t^{\prime}\right)\right] \tag{61}
\end{align*}
$$

Finally, we may find the change in the longitude. The change in its rate of advance can be found by varying $\partial H_{0} / \partial p_{\phi}$ using Eq. (13),
$\Delta \dot{\phi}=C_{200} \Delta p_{\phi}+C_{110} \Delta r ;$
and the change at time $t_{2}$ is found from
$\Delta \phi\left(t_{2}\right)=\diamond \phi+\int_{t^{\prime}+\epsilon}^{t_{2}} \Delta \dot{\phi}\left(t_{3}\right) \mathrm{d} t_{3}$.
Using Eqs. (56) and (61), we may perform the integral to get

$$
\begin{align*}
\Delta \phi\left(t_{2}\right)= & -\frac{\partial H_{1}\left(t^{\prime}\right)}{\partial p_{\phi}}-C_{200}\left(t_{2}-t^{\prime}\right) \frac{\partial H_{1}\left(t^{\prime}\right)}{\partial \phi} \\
& +C_{110}\left\{\frac{C_{110}}{C_{020}} \frac{\partial H_{1}\left(t^{\prime}\right)}{\partial \phi}\left(t_{2}-t^{\prime}\right)\right. \\
& +\left[\frac{\partial H_{1}\left(t^{\prime}\right)}{\partial p_{r}}-\frac{C_{110}}{C_{020}} \frac{\partial H_{1}\left(t^{\prime}\right)}{\partial \phi}\right] \frac{\sin \left[\kappa(R)\left(t_{2}-t^{\prime}\right)\right]}{\kappa(R)} \\
& \left.-\sqrt{\frac{C_{002}}{C_{020}}} \frac{\partial H_{1}\left(t^{\prime}\right)}{\partial r} \frac{1-\cos \left[\kappa(R)\left(t_{2}-t^{\prime}\right)\right]}{\kappa(R)}\right\} . \tag{64}
\end{align*}
$$

### 3.2.2 Perturbed particle position for a particular Fourier mode of the perturbation

At this point, we assume a particular Fourier mode $m$. Then the perturbation Hamiltonians have a dependence $\mathrm{e}^{\mathrm{i} m\left(\phi-\Omega_{\mathrm{s}} t\right)}$. Since on the unperturbed trajectory, $\phi$ advances at a rate $\Omega(R)$, we may write
$\frac{\partial H_{1}\left(t^{\prime}\right)}{\partial r}=\mathrm{e}^{\mathrm{i} m\left[\Omega(R)-\Omega_{\mathrm{s}}\right]\left(t^{\prime}-t_{2}\right)} \frac{\partial H_{1}\left(t_{2}\right)}{\partial r}$,
where the latter derivative is understood to be evaluated at the unperturbed longitude
$\phi_{2}^{(0)} \equiv \phi_{1}+\Omega(R)\left(t_{2}-t_{1}\right)$.
[Note that the actual longitude is $\phi\left(t_{2}\right)=\phi_{2}^{(0)}+\Delta \phi\left(t_{2}\right)$.] Inserting this dependence into Eqs. (56), (60), (61), and (64) gives the following results for the $\delta$-function perturbation. For the angular momentum,
$\Delta p_{\phi}\left(t_{2}\right)=\diamond p_{\phi}=-\mathrm{e}^{\mathrm{i} m\left[\Omega(R)-\Omega_{\mathrm{s}}\right]\left(t^{\prime}-t_{2}\right)} \frac{\partial H_{1}\left(t_{2}\right)}{\partial \phi}$.
For the radial position,

$$
\begin{align*}
\Delta r\left(t_{2}\right)= & \frac{C_{110}}{C_{020}} \mathrm{e}^{\mathrm{i} m\left[\Omega(R)-\Omega_{\mathrm{s}}\right]\left(t^{\prime}-t_{2}\right)} \frac{\partial H_{1}\left(t_{2}\right)}{\partial \phi} \\
& +\left[\frac{\partial H_{1}\left(t_{2}\right)}{\partial p_{r}}-\frac{C_{110}}{C_{020}} \frac{\partial H_{1}\left(t_{2}\right)}{\partial \phi}\right] \\
& \times \mathrm{e}^{\mathrm{i} m\left[\Omega(R)-\Omega_{\mathrm{s}}\right]\left(t^{\prime}-t_{2}\right)} \cos \left[\kappa(R)\left(t_{2}-t^{\prime}\right)\right] \\
& -\sqrt{\frac{C_{002}}{C_{020}} \frac{\partial H_{1}\left(t_{2}\right)}{\partial r}} \\
& \times \mathrm{e}^{\mathrm{i} m\left[\Omega(R)-\Omega_{\mathrm{s}}\right]\left(t^{\prime}-t_{2}\right)} \sin \left[\kappa(R)\left(t_{2}-t^{\prime}\right)\right] . \tag{68}
\end{align*}
$$

For the radial momentum,

$$
\begin{align*}
\Delta p_{r}\left(t_{2}\right)= & -\mathrm{e}^{\mathrm{i} m\left[\Omega(R)-\Omega_{\mathrm{s}}\right]\left(t^{\prime}-t_{2}\right)} \frac{\partial H_{1}\left(t_{2}\right)}{\partial r} \cos \left[\kappa(R)\left(t_{2}-t^{\prime}\right)\right] \\
- & \sqrt{\frac{C_{020}}{C_{002}}}\left[\frac{\partial H_{1}\left(t^{\prime}\right)}{\partial p_{r}}-\frac{C_{110}}{C_{020}} \frac{\partial H_{1}\left(t_{2}\right)}{\partial \phi}\right] \\
& \times \mathrm{e}^{\mathrm{i} m\left[\Omega(R)-\Omega_{\mathrm{s}}\right]\left(t^{\prime}-t_{2}\right)} \sin \left[\kappa(R)\left(t_{2}-t^{\prime}\right)\right] \tag{69}
\end{align*}
$$

For the longitude,

$$
\begin{align*}
\Delta \phi\left(t_{2}\right)= & \left\{-\frac{\partial H_{1}\left(t_{2}\right)}{\partial p_{\phi}}-C_{200}\left(t_{2}-t^{\prime}\right) \frac{\partial H_{1}\left(t_{2}\right)}{\partial \phi}\right. \\
& +C_{110} \frac{C_{110}}{C_{020}} \frac{\partial H_{1}\left(t_{2}\right)}{\partial \phi}\left(t_{2}-t^{\prime}\right) \\
& +C_{110}\left[\frac{\partial H_{1}\left(t_{2}\right)}{\partial p_{r}}-\frac{C_{110}}{C_{020}} \frac{\partial H_{1}\left(t_{2}\right)}{\partial \phi}\right] \\
& \times \frac{\sin \left[\kappa(R)\left(t_{2}-t^{\prime}\right)\right]}{\kappa(R)} \\
& \left.-C_{110} \sqrt{\frac{C_{002}}{C_{020}}} \frac{\partial H_{1}\left(t_{2}\right)}{\partial r} \frac{1-\cos \left[\kappa(R)\left(t_{2}-t^{\prime}\right)\right]}{\kappa(R)}\right\} \\
& \times \mathrm{e}^{\mathrm{i} m\left[\Omega(R)-\Omega_{\mathrm{s}}\right]\left(t^{\prime}-t_{2}\right)} . \tag{70}
\end{align*}
$$

### 3.2.3 Integration of resonant terms

We now integrate Eqs. (67-70) over $\mathrm{d} t^{\prime}$. There are many terms, however most are of short period. We therefore evaluate only the Lindblad resonant terms, i.e. those that satisfy the condition
$m\left[\Omega(R)-\Omega_{\mathrm{s}}\right] \approx \pm \kappa(R)$.
For positive $m$, the + sign is appropriate for interior resonances and the - sign for exterior; for negative $m$ this is reversed $5^{5}$ It is convenient to write a resonant de-tuning function,
$D(R) \equiv m\left[\Omega(R)-\Omega_{\mathrm{s}}\right] \mp \kappa(R)$.
Within this resonance condition, we may replace the time integral:

$$
\begin{align*}
& \int_{t_{1}}^{t_{2}} \mathrm{e}^{\mathrm{i} m\left[\Omega(R)-\Omega_{\mathrm{s}}\right]\left(t^{\prime}-t_{2}\right)} \cos \left[\kappa(R)\left(t_{2}-t^{\prime}\right)\right] \mathrm{d} t^{\prime} \\
& \rightarrow \frac{1-\mathrm{e}^{-\mathrm{i} D(R) \Delta t}}{2 \mathrm{i} D(R)} \tag{73}
\end{align*}
$$

where $\Delta t \equiv t_{2}-t_{1}$. Similarly, Within this resonance condition, we may replace the time integral:

$$
\begin{align*}
& \int_{t_{1}}^{t_{2}} \mathrm{e}^{\mathrm{i} m\left[\Omega(R)-\Omega_{\mathrm{s}}\right]\left(t^{\prime}-t_{2}\right)} \sin \left[\kappa(R)\left(t_{2}-t^{\prime}\right)\right] \mathrm{d} t^{\prime} \\
& \rightarrow \mp \frac{1-\mathrm{e}^{-\mathrm{i} D(R) \Delta t}}{2 D(R)} \tag{74}
\end{align*}
$$

Only these factors have resonant denominators. Integrating Eqs. (67] 70) gives no change in the angular momentum,
$\Delta p_{\phi}\left(t_{2}\right)=0 ;$
${ }^{5}$ There are also corotation resonances where $\Omega(R) \approx \Omega_{\mathrm{s}}$, but we will not examine them here as the secondary hole actually orbits within the corotation resonance.
for the radial displacement,

$$
\begin{align*}
\Delta r\left(t_{2}\right)= & \frac{1-\mathrm{e}^{-\mathrm{i} D(R) \Delta t}}{2 D(R)}\left[-\mathrm{i} \frac{\partial H_{1}^{(m)}\left(t_{2}\right)}{\partial p_{r}}\right. \\
& +\mathrm{i} \frac{C_{110}}{C_{020}} \frac{\partial H_{1}^{(m)}\left(t_{2}\right)}{\partial \phi} \\
& \left. \pm \sqrt{\frac{C_{002}}{C_{020}}} \frac{\partial H_{1}^{(m)}\left(t_{2}\right)}{\partial r}\right] ; \tag{76}
\end{align*}
$$

for the radial momentum,

$$
\begin{align*}
\Delta p_{r}\left(t_{2}\right)= & \frac{1-\mathrm{e}^{-\mathrm{i} D(R) \Delta t}}{2 D(R)}\left[\mathrm{i} \frac{\partial H_{1}^{(m)}\left(t_{2}\right)}{\partial r}\right. \\
& \pm \sqrt{\frac{C_{020}}{C_{002}}} \frac{\partial H_{1}^{(m)}\left(t_{2}\right)}{\partial p_{r}} \\
& \left.\mp \frac{C_{110}}{\sqrt{C_{020} C_{002}}} \frac{\partial H_{1}^{(m)}\left(t_{2}\right)}{\partial \phi}\right] \tag{77}
\end{align*}
$$

and for the longitude,

$$
\begin{align*}
\Delta \phi\left(t_{2}\right)= & \frac{1-\mathrm{e}^{-\mathrm{i} D(R) \Delta t}}{2 D(R)} \frac{C_{110}}{\kappa(R)}\left[-\mathrm{i} \sqrt{\frac{C_{002}}{C_{020}}} \frac{\partial H_{1}^{(m)}\left(t_{2}\right)}{\partial r}\right. \\
& \left.\mp C_{110} \frac{\partial H_{1}^{(m)}\left(t_{2}\right)}{\partial p_{r}} \pm \frac{C_{110}}{C_{020}} \frac{\partial H_{1}^{(m)}\left(t_{2}\right)}{\partial \phi}\right] \tag{78}
\end{align*}
$$

### 3.3 Net torque on the disk

We are now ready to compute the torque exerted on the disk. Since the torque on the unperturbed disk vanishes, we may compute the $\phi_{2}^{(0)}$-averaged torque on the first-order perturbed disk. Recalling that only the $-m$ component of the perturbation gives an angle-averaged torque on the $m$ component of the perturbation, we find
$T^{(m)}=-\sum_{X \in\left\{r, \phi, p_{r}, p_{\phi}\right\}} \frac{\partial^{2} H_{1}^{(-m)}\left(t_{2}\right)}{\partial \phi \partial X} \Delta X\left(t_{2}\right)$

$$
\begin{equation*}
=\mathrm{i} m \sum_{X \in\left\{r, \phi, p_{r}, p_{\phi}\right\}} \frac{\partial H_{1}^{(m) *}}{\partial X} \Delta X\left(t_{2}\right) \tag{79}
\end{equation*}
$$

Using Eqs. (75) 78), we may evaluate this as:

$$
\begin{align*}
T^{(m)}= & \mathrm{i} m \frac{1-\mathrm{e}^{-\mathrm{i} D(R) \Delta t}}{2 D(R)}\left\{\frac { \partial H _ { 1 } ^ { ( m ) * } } { \partial r } \left[-\mathrm{i} \frac{\partial H_{1}^{(m)}\left(t_{2}\right)}{\partial p_{r}}\right.\right. \\
& \left.+\mathrm{i} \frac{C_{110}}{C_{020}} \frac{\partial H_{1}^{(m)}\left(t_{2}\right)}{\partial \phi} \pm \sqrt{\frac{C_{002}}{C_{020}}} \frac{\partial H_{1}^{(m)}\left(t_{2}\right)}{\partial r}\right] \\
& +\frac{\partial H_{1}^{(m) *}}{\partial p_{r}}\left[\mathrm{i} \frac{\partial H_{1}^{(m)}\left(t_{2}\right)}{\partial r} \pm \sqrt{\frac{C_{020}}{C_{002}} \frac{\partial H_{1}^{(m)}\left(t_{2}\right)}{\partial p_{r}}}\right. \\
& \left.\mp \frac{C_{110}}{\sqrt{C_{020} C_{002}}} \frac{\partial H_{1}^{(m)}\left(t_{2}\right)}{\partial \phi}\right] \\
& +\frac{\partial H_{1}^{(m) *}\left(t_{2}\right)}{\partial \phi} \frac{C_{110}}{\kappa(R)}\left[-\mathrm{i} \sqrt{\frac{C_{002}}{C_{020}}} \frac{\partial H_{1}^{(m)}\left(t_{2}\right)}{\partial r}\right. \\
& \left.\left.\mp \frac{\partial H_{1}^{(m)}\left(t_{2}\right)}{\partial p_{r}} \pm \frac{C_{110}}{C_{020}} \frac{\partial H_{1}^{(m)}\left(t_{2}\right)}{\partial \phi}\right]\right\} . \tag{80}
\end{align*}
$$

The quantity in braces $\}$ looks complicated, but if we substitute $\kappa(R)=\sqrt{C_{020} C_{002}}$ (c.f. Eq. (36) it simplifies to
$T^{(m)}= \pm \mathrm{i} m \frac{1-\mathrm{e}^{-\mathrm{i} D(R) \Delta t}}{2 D(R)} \sqrt{\frac{C_{020}}{C_{002}}}\left|\mathcal{S}^{(m)}\left(t_{2}\right)\right|^{2}$,
where the interaction amplitude is

$$
\begin{align*}
\mathcal{S}^{(m)} & =m \frac{C_{110}}{C_{020}} H_{1}^{(m)} \mp \sqrt{\frac{C_{002}}{C_{020}}} \frac{\partial H_{1}^{(m)}}{\partial r}+\mathrm{i} \frac{\partial H_{1}^{(m)}}{\partial p_{r}} \\
& =-\frac{m H_{1}^{(m)}}{\mu \mathcal{L}^{\prime}(R)} \mp \frac{1}{\mu \mathcal{Z}(R)} \frac{\partial H_{1}^{(m)}}{\partial r}+\mathrm{i} \frac{\partial H_{1}^{(m)}}{\partial p_{r}} . \tag{82}
\end{align*}
$$

We note that while $\mathcal{S}^{(m)}$ is formally evaluated at time $t_{2}$, it is actually a phasor with $\mathrm{e}^{-\mathrm{i} m \Omega_{\mathrm{s}} t}$ time dependence and hence its modulus is constant. We can also relate $\mathcal{S}^{(m)}$ to $\mathcal{S}^{(-m)}$ : since $H_{1}^{(-m)}=H_{1}^{(m) *}$, and since the sign of the resonant term (c.f. Eq. (72)) changes when we switch from $m$ to $-m$, $\mathcal{S}^{(-m)}=-\mathcal{S}^{(m) *}$.
We can then write the total torque arising from both the $m$ and $-m$ resonant terms as $T=T^{(m)}+T^{(-m)}$ :

$$
\begin{align*}
T= & \pm \mathrm{i}\left[m \frac{1-\mathrm{e}^{-\mathrm{i} D(R) \Delta t}}{2 D(R)}-(m \leftrightarrow-m)\right] \\
& \times \sqrt{\frac{C_{020}}{C_{002}}}\left|\mathcal{S}^{(m)}\right|^{2} \tag{84}
\end{align*}
$$

Since $D(R)$ flips sign between the $m$ and $-m$ resonances,

$$
\begin{align*}
T= & \pm \mathrm{i}\left[m \frac{1-\mathrm{e}^{-\mathrm{i} D(R) \Delta t}}{2 D(R)}+m \frac{1-\mathrm{e}^{\mathrm{i} D(R) \Delta t}}{-2 D(R)}\right] \\
& \times \sqrt{\frac{C_{020}}{C_{002}}}\left|\mathcal{S}^{(m)}\right|^{2} \\
= & \mp m \frac{\sin [D(R) \Delta t]}{D(R)} \sqrt{\frac{C_{020}}{C_{002}}}\left|\mathcal{S}^{(m)}\right|^{2} . \tag{85}
\end{align*}
$$

Equation (85) has now separated into two pieces. There is an $R$-dependent prefactor that contains the form of the resonance, and the factor $\mathcal{S}^{(m)}$ that encodes information on the normalization of the resonance and does not vary significantly across its width. The first piece can be simplified by noting that it is dominated by regions with $|D(R)|<\sim$ $\Delta t^{-1}$. Its integral is
$\int \frac{\sin [D(R) \Delta t]}{D(R)} \mathrm{d} R=\frac{\pi}{\left|D^{\prime}(R)\right|}$,
so we approximate it near resonance as
$\frac{\sin [D(R) \Delta t]}{D(R)} \rightarrow \frac{\pi}{\left|D^{\prime}(R)\right|} \delta\left(R-R_{\mathrm{r}}\right)$,
where $R_{\mathrm{r}}$ is the radius of exact resonance. We thus find
$T=\mp \frac{\pi m}{\left|D^{\prime}(R)\right|} \mu \mathcal{Z}(R)\left|\mathcal{S}^{(m)}\right|^{2} \delta\left(R-R_{\mathrm{r}}\right)$.
Often we want to know the torque density $\mathrm{d} T / \mathrm{d} r$. For a thin disk with proper surface density $\Sigma$, i.e. whose 3 dimensional proper density is $\rho_{0}=\Sigma \delta(z)$, the rest mass per unit radius is
$\frac{\mathrm{d} \mu}{\mathrm{d} r}=-\frac{1}{\Delta r} \int \rho_{0} \boldsymbol{w} \cdot \boldsymbol{n} \mathrm{~d}^{3} V$,
where $\mathrm{d}^{3} V$ represents the volume of a spacelike 3 -surface spanning the range from $r$ to $r+\Delta r$ and $\boldsymbol{n}$ is the unit forward-directed normal to this surface. Taking the surface to be at constant $t$, the normal is $n_{\alpha}=\left(-\mathrm{e}^{\nu}, 0,0,0\right)$ and the volume element is $\mathrm{d}^{3} V=\mathrm{e}^{\psi+\tilde{\mu}} \mathrm{d} r \mathrm{~d} \phi \mathrm{~d} z$. This leads to the result
$\frac{\mathrm{d} \mu}{\mathrm{d} r}=2 \pi r w^{t} \Sigma$.

It follows that
$\frac{\mathrm{d} T}{\mathrm{~d} r}=\mp \frac{2 \pi^{2} m}{\left|D^{\prime}\right|} r w^{t} \mathcal{Z} \Sigma\left|\mathcal{S}^{(m)}\right|^{2} \delta\left(r-R_{\mathrm{r}}\right)$.

## 4 RELATIVISTIC RESONANT TORQUE FORMULA: EVALUATION

Having the formal solution for the torque (Eq. 88) is only part of the problem; we also need the resonant amplitude $\mathcal{S}^{(m)}$. This section evaluates the amplitude and then shows that (within some restrictions) it is gauge-invariant.

### 4.1 Evaluation of $\mathcal{S}^{(m)}$

Here we require both the perturbation Hamiltonian, and its derivatives with respect to $r$ and $p_{r}$. These are all to be evaluated at the unperturbed circular orbit using Eq. (45).

For $H_{1}$ itself, we see that since $H_{0}=\mu \mathcal{E}(R)$ and $p_{\phi}=$ $\mu \mathcal{L}(R)$,
$H_{1}=\frac{\mu}{2} \mathrm{e}^{2 \nu} \frac{h^{t t} \mathcal{E}^{2}-2 h^{t \phi} \mathcal{E} \mathcal{L}+h^{\phi \phi} \mathcal{L}^{2}}{\mathcal{E}-\tilde{\omega} \mathcal{L}}$.
For the partial derivatives with respect to the coordinates, we find that in general

$$
\begin{align*}
\frac{\partial H_{1}}{\partial x^{k}}= & -\frac{h^{t t}{ }_{, k} H_{0}^{2}+2 h^{t i}{ }_{, k} H_{0} p_{i}+h^{i j}{ }_{, k} p_{i} p_{j}}{2\left(g^{t t} H-g^{t i} p_{i}\right)} \\
& +\frac{2 h^{t t} H_{0}\left(\partial H_{0} / \partial x^{k}\right)+2 h^{t i}\left(\partial H_{0} / \partial x^{k}\right) p_{i}}{2\left(g^{t t} H-g^{t i} p_{i}\right)} \\
& -H_{1} \frac{g^{t t}\left(\partial H_{0} / \partial x^{k}\right)+g^{t t}{ }_{, k} H_{0}-g^{t i}{ }_{, k} p_{i}}{g^{t t} H_{0}-g^{t i} p_{i}} \tag{93}
\end{align*}
$$

where the last term is associated with the derivative of the denominator in Eq. (45). Since $\partial H_{0} / \partial r=0$ on a circular orbit, this implies

$$
\begin{align*}
\frac{\partial H_{1}}{\partial r}= & \frac{\mu}{2} \mathrm{e}^{2 \nu} \frac{h^{t t}{ }_{, r} \mathcal{E}^{2}-2 h^{t \phi}{ }_{, r} \mathcal{E} \mathcal{L}+h^{\phi \phi}{ }_{, r} \mathcal{L}^{2}}{\mathcal{E}-\tilde{\omega} \mathcal{L}} \\
& +\left(2 \nu_{, r}+\frac{\tilde{\omega}, r}{\mathcal{E}-\tilde{\omega} \mathcal{L}}\right) H_{1} \tag{94}
\end{align*}
$$

For the partial derivatives with respect to the momenta, the general expression is

$$
\begin{align*}
\frac{\partial H_{1}}{\partial p_{k}}= & \frac{\left(h^{t t} H_{0}+h^{t i} p_{i}\right)\left(\partial H_{0} / \partial p_{k}\right)+h^{t k} H_{0}+h^{i k} p_{i}}{g^{t t} H_{0}-g^{t i} p_{i}} \\
& -H_{1} \frac{g^{t t}\left(\partial H_{0} / \partial p_{k}\right)-g^{t k}}{g^{t t} H_{0}-g^{t i} p_{i}} \tag{95}
\end{align*}
$$

For the specific case of $p_{r}$, we note that at the circular orbit $\partial H_{0} / \partial p_{r}=0$ and $g^{t r}=0$, so
$\frac{\partial H_{1}}{\partial p_{r}}=\frac{\mathrm{e}^{2 \nu}}{\mathcal{E}-\tilde{\omega} \mathcal{L}}\left(-h^{t r} \mathcal{E}+h^{r \phi} \mathcal{L}\right)$.
We may now assemble the pieces to compute $\mathcal{S}^{(m)}$ :

$$
\left.\left.\left.\begin{array}{rl}
\mathcal{S}^{(m)}= & \frac{\mathrm{e}^{2 \nu}}{2(\mathcal{E}-\tilde{\omega} \mathcal{L})}\left\{\left[-\frac{m}{\mathcal{L}^{\prime}} \mp \frac{1}{\mathcal{Z}}\left(2 \nu{ }_{, r}+\frac{\tilde{\omega}, r}{} \mathcal{L}\right.\right.\right. \\
\mathcal{E}-\tilde{\omega} \mathcal{L}
\end{array}\right)\right]\right\}
$$

Note that this is independent of the particle mass $\mu$ and linear in the perturbation $h^{\alpha \beta}$.

It is possible to rewrite Eq. (97) in terms of the circular 4 -velocity $\boldsymbol{w}$. Multiplying through by $w^{t}=\mathrm{e}^{-2 \nu}(\mathcal{E}-\tilde{\omega} \mathcal{L})$ gives

$$
\begin{align*}
w^{t} \mathcal{S}^{(m)}= & {\left[-\frac{m}{\mathcal{L}^{\prime}} \mp \frac{1}{\mathcal{Z}}\left(2 \nu_{, r}+\frac{\tilde{\omega}_{, r} \mathcal{L}}{\mathcal{E}-\tilde{\omega} \mathcal{L}}\right)\right] \frac{h^{(m) \alpha \beta} w_{\alpha} w_{\beta}}{2} } \\
& \pm \frac{h^{(m) \alpha \beta}{ }_{, r} w_{\alpha} w_{\beta}}{2 \mathcal{Z}}+\mathrm{i} h^{(m) r \alpha} w_{\alpha} \tag{98}
\end{align*}
$$

This form will be most useful in proving gauge invariance and in practical applications.

### 4.2 Gauge invariance

In general the perturbation $h^{\alpha \beta}$ could be expressed in many choices of gauge. These differ by the relation
$h_{\alpha \beta} \rightarrow h_{\alpha \beta}-\xi_{\alpha ; \beta}-\xi_{\beta ; \alpha}$.
Since Eq. (98) is linear, the contributions to $\mathcal{S}^{(m)}$ from the pre-existing and gauge perturbations simply add, so to show invariance of the torque it is sufficient to prove that a pure gauge perturbation
$h_{\alpha \beta}=-\xi_{\alpha ; \beta}-\xi_{\beta ; \alpha}$
leads to zero resonant amplitude $\mathcal{S}^{(m)}$. We restrict our attention to gauges that preserve the fundamental symmetries of the problem, i.e. that reflection across the equatorial plane and has helical symmetry, where the $m$ Fourier component to have an oscillatory time dependence $\propto \mathrm{e}^{-\mathrm{i} \Omega_{\mathrm{s}} m t}$. Without loss of generality, we may consider the Fourier modes one at a time, so we will consider the order $m$ Fourier mode below and avoid writing the superscript ${ }^{(m)}$ explicitly. Furthermore, it is easily seen that the $z$ coordinate is superfluous in computing Eq. (98) in the equatorial plane, so we may restrict ourselves to the $2+1$ dimensional equatorial slice of the spacetime.

While one could solve for $\mathcal{S}^{(m)}$ for a pure gauge mode by explicit evaluation of Eq. (100) followed by substitution into Eq. (98), it is far easier to solve the problem by using Lie derivatives, which we do here.

### 4.2.1 Evaluation of the first term

We begin by writing the equation for $h_{\alpha \beta}$ (Eq. 100) in the alternative form using the Lie derivative (e.g. Appendix C of Wald 1984)
$h_{\alpha \beta}=-£_{\xi} g_{\alpha \beta}$,
Or ${ }^{6}$
$h^{\alpha \beta}=£_{\xi} g^{\alpha \beta}=\xi^{\gamma} g^{\alpha \beta}{ }_{, \gamma}-g^{\gamma \beta} \xi^{\alpha}{ }_{, \gamma}-g^{\alpha \gamma} \xi^{\beta}{ }_{, \gamma}$.
We are now in a position to compute the required term $h_{\alpha \beta} w^{\alpha} w^{\beta}$. Noting that $g_{\alpha \beta} w^{\alpha} w^{\beta}=-1$, we take the Lie derivative $£_{\boldsymbol{\xi}}$,

[^4]$-h_{\alpha \beta} w^{\alpha} w^{\beta}+g_{\alpha \beta}\left(£_{\xi} w^{\alpha}\right) w^{\beta}+g_{\alpha \beta} w^{\alpha}\left(£_{\xi} w^{\beta}\right)=0 ;$
using the symmetry in $\alpha$ and $\beta$ then gives
$\frac{1}{2} h_{\alpha \beta} w^{\alpha} w^{\beta}=g_{\alpha \beta} w^{\alpha}\left(£_{\boldsymbol{\xi}} w^{\beta}\right)=\boldsymbol{w} \cdot\left(£_{\boldsymbol{\xi}} \boldsymbol{w}\right)=\boldsymbol{w} \cdot[\boldsymbol{\xi}, \boldsymbol{w}],($
where [,] denotes a vector commutator. We explicitly evaluate the ${ }^{t}$ and ${ }^{\phi}$ components of the commutator; recalling that $w^{r}=0$ and $w^{t}$ and $w^{\phi}$ depend only on $r$, we find
$[\boldsymbol{\xi}, \boldsymbol{w}]^{t}=\xi^{r} w^{t}{ }_{, r}-w^{t} \dot{\xi}^{t}-w^{\phi} \xi^{t}{ }_{, \phi} ;$
using $\Omega=\dot{\phi}=w^{\phi} / w^{t}$ and the angular and time dependences of $\boldsymbol{\xi}$, we conclude that
$[\boldsymbol{\xi}, \boldsymbol{w}]^{t}=\xi^{r} w^{t}{ }_{, r}+\mathrm{i} m w^{t}\left(\Omega_{\mathrm{s}}-\Omega\right) \xi^{t}$.
Similarly,
$[\boldsymbol{\xi}, \boldsymbol{w}]^{\phi}=\xi^{r} w^{\phi}{ }_{, r}+\mathrm{i} m w^{t}\left(\Omega_{\mathrm{s}}-\Omega\right) \xi^{\phi}$.
Taking the dot product with $\boldsymbol{w}$ gives
\[

$$
\begin{align*}
\boldsymbol{w} \cdot[\boldsymbol{\xi}, \boldsymbol{w}]= & \xi^{r}\left(w_{t} w^{t}{ }_{, r}+w_{\phi} w^{\phi}{ }_{, r}\right) \\
& +\operatorname{i} m\left(\Omega_{\mathrm{s}}-\Omega\right) w^{t}\left(w_{t} \xi^{t}+w_{\phi} \xi^{\phi}\right) \tag{108}
\end{align*}
$$
\]

The first term evaluates to zero:

$$
\begin{align*}
w_{t} w^{t}{ }_{, r}+w_{\phi} w^{\phi}{ }_{, r} & =-w^{t} w_{t, r}-w^{\phi} w_{\phi, r} \\
& =-w^{t}\left(-\mathcal{E}^{\prime}\right)-\left(w^{t} \Omega\right) \mathcal{L}^{\prime} \\
& =w^{t}\left(\mathcal{E}^{\prime}-\Omega \mathcal{L}^{\prime}\right)=0 \tag{109}
\end{align*}
$$

(The first equality can be shown by differentiating the relation $w_{\alpha} w^{\alpha}=-1$ with respect to $r$.) The second is simplified using $w_{t}=-\mathcal{E}$ and $w_{\phi}=\mathcal{L}$; thus Thus we find that in general,
$\frac{1}{2} h_{\alpha \beta} w^{\alpha} w^{\beta}=\operatorname{i} m\left(\Omega_{\mathrm{s}}-\Omega\right) w^{t}\left(-\mathcal{E} \xi^{t}+\mathcal{L} \xi^{\phi}\right)$.

### 4.2.2 Evaluation of the second term

We now turn our attention to
$I_{2} \equiv \frac{1}{2} h^{\alpha \beta}{ }_{, r} w_{\alpha} w_{\beta}$,
which appears in the second term in Eq. (98). A reorganization gives
$I_{2}=\left(\frac{1}{2} h^{\alpha \beta} w_{\alpha} w_{\beta}\right)_{, r}-h^{\alpha \beta} w_{\alpha} w_{\beta, r}$.
Use of Eq. (110) gives

$$
\begin{align*}
\left(\frac{1}{2} h^{\alpha \beta} w_{\alpha} w_{\beta}\right)_{, r}= & \mathrm{i} m\left[-\Omega^{\prime} w^{t}+\left(\Omega_{\mathrm{s}}-\Omega\right) w^{t}{ }_{, r}\right] \\
& \times\left(-\mathcal{E} \xi^{t}+\mathcal{L} \xi^{\phi}\right) \\
& +\mathrm{i} m\left(\Omega_{\mathrm{s}}-\Omega\right) w^{t} \\
& \times\left(-\mathcal{E}^{\prime} \xi^{t}+\mathcal{L}^{\prime} \xi^{\phi}-\mathcal{E} \xi^{t}{ }_{, r}+\mathcal{L} \xi^{\phi}{ }_{, r}\right) . \tag{113}
\end{align*}
$$

To complete the evaluation of $I_{2}$, we introduce the 1form field
$s_{\beta} \equiv £_{\partial / \partial r} w_{\beta}$,
whose components are $s_{\beta}=w_{\beta, r}$, or explicitly $s_{t}=-\mathcal{E}^{\prime}$, $s_{\phi}=\mathcal{L}^{\prime}$, and $s_{r}=0$. Then the last term in Eq. (112) is $-h^{\alpha \beta} w_{\alpha} s_{\beta}$. We can see that
$g^{\alpha \beta} w_{\alpha} s_{\beta}=w^{\beta} s_{\beta}=-w^{t} \mathcal{E}^{\prime}+w^{\phi} \mathcal{L}^{\prime}=0$
since $\Omega=\mathcal{E}^{\prime} / \mathcal{L}^{\prime}=w^{\phi} / w^{t}$. Taking the Lie derivative $£_{\boldsymbol{\xi}}$ gives
$0=h^{\alpha \beta} w_{\alpha} s_{\beta}+s^{\alpha} £_{\xi} w_{\alpha}+w^{\alpha} £_{\xi} s_{\alpha}$.
Rearranging and expanding the Lie derivatives gives

$$
\begin{align*}
-h^{\alpha \beta} w_{\alpha} s_{\beta}= & s^{\alpha} \xi^{\beta} w_{\alpha, \beta}+s^{\alpha} w_{\beta} \xi^{\beta}{ }_{, \alpha}+w^{\alpha} \xi^{\beta} s_{\alpha, \beta} \\
& +w^{\alpha} s_{\beta} \xi^{\beta}{ }_{, \alpha} . \tag{117}
\end{align*}
$$

Recalling that the terms containing $w_{\alpha, \beta}$ and $s_{\alpha, \beta}$ are only nonzero for $\beta=r$, that $w^{\phi}=\Omega w^{t}$, and the $\propto \mathrm{e}^{\mathrm{i} m\left(\phi-\Omega_{\mathrm{s}} t\right)}$ dependence of the components of $\xi$, we reduce this to

$$
\begin{align*}
-h^{\alpha \beta} w_{\alpha} s_{\beta}= & -s^{t} \xi^{r} \mathcal{E}^{\prime}+s^{\phi} \xi^{r} \mathcal{L}^{\prime} \\
& +\operatorname{i} m\left(s^{\phi}-\Omega_{\mathrm{s}} s^{t}\right)\left(-\mathcal{E} \xi^{t}+\mathcal{L} \xi^{\phi}\right) \\
& -w^{t} \xi^{r} \mathcal{E}^{\prime \prime}+w^{\phi} \xi^{r} \mathcal{L}^{\prime \prime} \\
& +\operatorname{i} m\left(\Omega-\Omega_{\mathrm{s}}\right) w^{t}\left(-\mathcal{E}^{\prime} \xi^{t}+\mathcal{L}^{\prime} \xi^{\phi}\right) \tag{118}
\end{align*}
$$

Combining this with Eq. (113) gives

$$
\begin{align*}
I_{2}= & \mathrm{i} m\left[-\Omega^{\prime} w^{t}+\left(\Omega_{\mathrm{s}}-\Omega\right) w^{t}{ }_{, r}+s^{\phi}-\Omega_{\mathrm{s}} s^{t}\right] \\
& \times\left(-\mathcal{E} \xi^{t}+\mathcal{L} \xi^{\phi}\right) \\
& +\mathrm{i} m\left(\Omega_{\mathrm{s}}-\Omega\right) w^{t}\left(-\mathcal{E} \xi^{t}{ }_{, r}+\mathcal{L} \xi^{\phi}{ }_{, r}\right) \\
& +\left(-s^{\mathcal{E}^{\prime}}+s^{\phi} \mathcal{L}^{\prime}-w^{t} \mathcal{E}^{\prime \prime}+w^{\phi} \mathcal{L}^{\prime \prime}\right) \xi^{r} \tag{119}
\end{align*}
$$

### 4.2.3 Evaluation of the third term

Finally, we consider $h^{r \alpha} w_{\alpha}$. This is most easily computed by explicit evaluation of the contravariant components using Eq. (102):
$h^{r t}=-\mathrm{e}^{-2 \tilde{\mu}} \xi^{t}{ }_{, r}+\operatorname{im}\left(\tilde{\omega}-\Omega_{\mathrm{s}}\right) \mathrm{e}^{-2 \nu} \xi^{r}$
and
$h^{r \phi}=-\mathrm{e}^{-2 \tilde{\mu}} \xi^{\phi}{ }_{, r}+\mathrm{i} m\left(\tilde{\omega}-\Omega_{\mathrm{s}}\right) \mathrm{e}^{-2 \nu} \tilde{\omega} \xi^{r}-\mathrm{i} m \mathrm{e}^{-2 \psi} \xi^{r}$.
This implies

$$
\begin{align*}
h^{r \alpha} w_{\alpha}= & \mathrm{e}^{-2 \tilde{\mu}}\left(\mathcal{E} \xi^{t},{ }_{, r}-\mathcal{L} \xi^{\phi}{ }_{, r}\right) \\
& +\mathrm{i} m\left(\tilde{\omega}-\Omega_{\mathrm{s}}\right) \mathrm{e}^{-2 \nu} \xi^{r}(-\mathcal{E}+\tilde{\omega} \mathcal{L}) \\
& -\mathrm{i} m \mathrm{e}^{-2 \psi} \mathcal{L} \xi^{r} . \tag{122}
\end{align*}
$$

The terms involving $\xi^{r}$ can be simplified using Eqs. (14) and (15), which simplifies them to $\operatorname{im}\left(\Omega_{\mathrm{s}} w^{t}-w^{\phi}\right) \xi^{r}$. Further using $w^{\phi}=\Omega w^{t}$ gives
$h^{r \alpha} w_{\alpha}=\mathrm{e}^{-2 \tilde{\mu}}\left(\mathcal{E} \xi^{t}{ }_{, r}-\mathcal{L} \xi^{\phi}{ }_{, r}\right)+\operatorname{i} m\left(\Omega_{\mathrm{s}}-\Omega\right) w^{t} \xi^{r}$.

### 4.2.4 Putting it all together

Assembling the components of Eq. (98), we find

$$
\begin{equation*}
w^{t} \mathcal{S}=\operatorname{i} m A_{1}\left(-\mathcal{E} \xi^{t}+\mathcal{L} \xi^{\phi}\right)+A_{2}\left(\mathcal{E} \xi^{t}{ }_{, r}-\mathcal{L} \xi^{\phi}{ }_{, r}\right)+A_{3} \xi^{r}, \tag{124}
\end{equation*}
$$

where the coefficients are

$$
\begin{align*}
A_{1}= & {\left[-\frac{m}{\mathcal{L}^{\prime}} \pm \frac{1}{\mathcal{Z}}\left(2 \nu_{, r}+\frac{\tilde{\omega}_{, r} \mathcal{L}}{\mathcal{E}-\tilde{\omega} \mathcal{L}}\right)\right]\left(\Omega_{\mathrm{s}}-\Omega\right) w^{t} } \\
& \mp \frac{-\Omega^{\prime} w^{t}+\left(\Omega_{\mathrm{s}}-\Omega\right) w^{t}{ }_{, r}+s^{\phi}-\Omega_{\mathrm{s}} s^{t}}{\mathcal{Z}}  \tag{125}\\
A_{2}=\mp & \frac{\mathrm{i} m\left(\Omega-\Omega_{\mathrm{s}}\right) w^{t}}{\mathcal{Z}}+\mathrm{ie}^{-2 \tilde{\mu}} \tag{126}
\end{align*}
$$

and
$A_{3}=\mp \frac{-s^{t} \mathcal{E}^{\prime}+s^{\phi} \mathcal{L}^{\prime}-w^{t} \mathcal{E}^{\prime \prime}+w^{\phi} \mathcal{L}^{\prime \prime}}{\mathcal{Z}}-m\left(\Omega_{\mathrm{s}}-\Omega\right) w^{t}$.
The $A$ coefficients have no dependence on the choice of gauge transformation; they are merely related to the background solution. Our task is to prove that all three of them are zero. In order to do so, we will need to use the resonance condition $D(R)=0$, i.e.
$m\left(\Omega-\Omega_{\mathrm{s}}\right)= \pm \kappa$.
That is, the resonant amplitude $\mathcal{S}^{(m)}$ is only gauge-invariant when evaluated at the resonant position. This is not a problem since the torque formula contains a $\delta$-function at the resonance. At the resonant position, we have
$\mathcal{Z}^{-1}=\mu \sqrt{\frac{C_{002}}{C_{020}}}=\mu \frac{C_{002}}{\kappa}=\frac{\mathrm{e}^{-2 \tilde{\mu}}}{\kappa w^{t}}$.
Direct substitution into Eq. (126) then proves that $A_{2}=0$.
Next we consider $A_{3}$. The contravariant components of $s$ are
$s^{t}=\mathrm{e}^{-2 \nu}\left(\mathcal{E}^{\prime}-\tilde{\omega} \mathcal{L}^{\prime}\right)$
and
$s^{\phi}=\tilde{\omega} \mathrm{e}^{-2 \nu}\left(\mathcal{E}^{\prime}-\tilde{\omega} \mathcal{L}^{\prime}\right)+\mathrm{e}^{-2 \psi} \mathcal{L}^{\prime}$.
Then

$$
\begin{align*}
\mp \mathcal{Z} A_{3}= & -s^{t} \mathcal{E}^{\prime}+s^{\phi} \mathcal{L}^{\prime}-w^{t} \mathcal{E}^{\prime \prime}+w^{\phi} \mathcal{L}^{\prime \prime} \mp \mathcal{Z} m\left(\Omega_{\mathrm{s}}-\Omega\right) w^{t} \\
= & -\mathrm{e}^{-2 \nu}\left(\mathcal{E}^{\prime}-\tilde{\omega} \mathcal{L}^{\prime}\right)^{2}+\mathrm{e}^{-2 \psi} \mathcal{L}^{\prime 2} \\
& -w^{t}\left(\mathcal{E}^{\prime \prime}-\Omega \mathcal{L}^{\prime \prime}\right)-\mathcal{Z} \kappa w^{t} . \tag{132}
\end{align*}
$$

We may simplify this using
$\mathcal{Z} \kappa=\frac{C_{020}}{\mu}=-\Omega^{\prime} \mathcal{L}^{\prime}+\mathrm{e}^{-2 \nu-2 \psi} \frac{\mathcal{L}^{\prime 2}}{\left(w^{t}\right)^{3}}$,
or (using $\Omega=\mathcal{E}^{\prime} / \mathcal{L}^{\prime}$ and the quotient rule),
$\mathcal{Z} \kappa=\Omega \mathcal{L}^{\prime \prime}-\mathcal{E}^{\prime \prime}+\mathrm{e}^{-2 \nu-2 \psi} \frac{\mathcal{L}^{\prime 2}}{\left(w^{t}\right)^{3}}$.
Plugging this into Eq. (132) gives
$\mp \mathcal{Z} A_{3}=-\mathrm{e}^{-2 \nu}\left(\mathcal{E}^{\prime}-\tilde{\omega} \mathcal{L}^{\prime}\right)^{2}+\mathrm{e}^{-2 \psi} \mathcal{L}^{\prime 2}-\mathrm{e}^{-2 \nu-2 \psi} \frac{\mathcal{L}^{\prime 2}}{\left(w^{t}\right)^{2}} .(135)$
With the application of Eq. (35), this simplifies to zero.
Finally we examine $A_{1}$. Applying the resonance condition to the first term, $m\left(\Omega-\Omega_{\mathrm{s}}\right)= \pm \kappa$, we find

$$
\begin{align*}
\mp \mathcal{Z} A_{1}= & -\frac{\mathcal{Z} \kappa w^{t}}{\mathcal{L}^{\prime}}+\left(2 \nu_{, r}+\frac{\tilde{\omega}_{, r} \mathcal{L}}{\mathcal{E}-\tilde{\omega} \mathcal{L}}\right)\left(\Omega_{\mathrm{s}}-\Omega\right) w^{t} \\
& -\Omega^{\prime} w^{t}+\left(\Omega_{\mathrm{s}}-\Omega\right) w^{t}{ }_{, r}+s^{\phi}-\Omega_{\mathrm{s}} s^{t} \tag{136}
\end{align*}
$$

Substituting Eq. (133) for $\mathcal{Z} \kappa$ and then Eq. (35) for $w^{t}$, we find:

$$
\begin{align*}
\mp \mathcal{Z} A_{1}= & -\mathrm{e}^{-2 \psi} \mathcal{L}^{\prime}+\mathrm{e}^{-2 \nu}\left[2 \nu, r(\mathcal{E}-\tilde{\omega} \mathcal{L})+\tilde{\omega}_{, r} \mathcal{L}\right]\left(\Omega_{\mathrm{s}}-\Omega\right) \\
& +\mathrm{e}^{-2 \nu} \mathcal{L}^{\prime}(\Omega-\tilde{\omega})^{2}+\left(\Omega_{\mathrm{s}}-\Omega\right) w^{t}{ }_{, r} \\
& -\Omega_{\mathrm{s}} s^{t}+s^{\phi} . \tag{137}
\end{align*}
$$

Further using Eqs. (130) and (131) for $s^{t}$ and $s^{\phi}$, we find

$$
\begin{align*}
\mp \mathcal{Z} A_{1}= & \left(\Omega-\Omega_{\mathrm{s}}\right)\left\{\mathrm{e}^{-2 \nu}(\Omega-\tilde{\omega}) \mathcal{L}^{\prime}-w^{t}{ }_{, r}\right. \\
& \left.-\mathrm{e}^{-2 \nu}\left[2 \nu, r(\mathcal{E}-\tilde{\omega} \mathcal{L})+\tilde{\omega}_{, r} \mathcal{L}\right]\right\} . \tag{138}
\end{align*}
$$

Direct differentiation of $w^{t}=\mathrm{e}^{-2 \nu}(\mathcal{E}-\tilde{\omega} \mathcal{L})$ with respect to $r$ shows that this evaluates to zero.

Thus we see that a pure gauge perturbation leads to zero contribution to $\mathcal{S}^{(m)}$, and the resonant amplitude is gauge-invariant.

### 4.3 Epicyclic geodesic formulation

There is an alternative way of writing the resonant amplitude $\mathcal{S}^{(m)}$ that will be better suited to computation in the Schwarzschild and Kerr spacetimes. We will argue in this section that $\mathcal{S}^{(m)}$ is related to a particular integral of the metric perturbation along the world line of a test particle on an orbit with very small eccentricity. This formulation has some utility in the Newtonian case, but it will be shown to be very powerful in Paper II, where we will relate it to the gravitational waveform emitted by a test particle on such an orbit. It will thus allow computation of $\mathcal{S}^{(m)}$ without explicit evaluation of the metric perturbations.

Our starting point is to consider a particle on an unperturbed orbit (i.e. traveling according to $H_{0}$ ) oscillating between $r=R-\epsilon$ and $R+\epsilon$. To first order in $\epsilon$, its trajectory is given by ${ }^{7}$

$$
\begin{align*}
r & =R+\epsilon \cos (\kappa t) \\
p_{r} & =\mu \epsilon \mathcal{Z} \sin (\kappa t) \\
\phi & =\Omega t+\epsilon \frac{C_{110}}{\kappa} \sin (\kappa t), \quad \text { and } \\
p_{\phi} & =\mu \mathcal{L} . \tag{139}
\end{align*}
$$

Now we consider the integral of the metric perturbation over the test particle world line

$$
\begin{align*}
\epsilon I_{\mathrm{T}} & =\int_{t_{1}}^{t_{1}+2 \pi / \kappa} h_{\alpha \beta} \frac{u^{\alpha} u^{\beta}}{u^{t}} \mathrm{~d} t \\
& =\mu^{-1} \int_{\mathcal{V}} h_{\alpha \beta}^{(m)} \tilde{T}^{\alpha \beta} \sqrt{-\operatorname{det} g} \mathrm{~d}^{4} \boldsymbol{x} \tag{140}
\end{align*}
$$

where the range of integration is over any epicyclic period, i.e. from $t_{1}<t<t_{1}+2 \pi / \kappa$ for any $t_{1}$; and in the second integral, $\tilde{T}^{\alpha \beta}$ is the stress-energy tensor associated with the test particle and $\mathcal{V}$ is the region of 4 -volume in this range of coordinate time. It is easy to see that $I_{\mathrm{T}}$ is linear in the metric perturbation; it is also invariant under gauge transformations respecting the $\propto \mathrm{e}^{\mathrm{i} m\left(\phi-\Omega_{\mathrm{s}} t\right)}$, since under a gauge transformation, Eq. (140) changes by
$\epsilon \Delta I_{\mathrm{T}}=-\frac{2}{\mu} \int_{\mathcal{V}} \xi_{\alpha ; \beta}^{(m)} \tilde{T}^{\alpha \beta} \sqrt{-\operatorname{det} g} \mathrm{~d}^{4} \boldsymbol{x}$.
We may integrate by parts to move the ; $\beta$ derivative onto $\tilde{T}^{\alpha \beta}$; but since it is conserved this term vanishes. The boundary terms at $t=t_{1}$ and $t_{1}+2 \pi / \kappa$ also cancel each other since both $\xi_{\alpha}^{(m)}$ and $\tilde{T}^{\alpha \beta}$ are invariant under translation in time and longitude by $t \rightarrow t+2 \pi / \kappa$ and
$\phi \rightarrow \phi+2 \pi \Omega / \kappa=\phi+2 \pi \Omega_{\mathrm{s}} / \kappa \mp \frac{2 \pi}{m}$,
thereby showing that $\Delta I_{\mathrm{T}}=0$ and $I_{\mathrm{T}}$ is gauge-invariant.
We may use the gauge invariance of $I_{\mathrm{T}}$ and $\mathcal{S}^{(m)}$ : if a

[^5]relation between them can be demonstrated in one gauge, then it must be valid in any gauge. We choose the gauge with $h^{t t}=h^{t \phi}=h^{\phi \phi}=0$. This gauge exists for the generic case where $m \neq 0$, since one may write the gauge transformation relations
\[

\left($$
\begin{array}{c}
\Delta h^{t t}  \tag{143}\\
\Delta h^{t \phi} \\
\Delta h^{\phi \phi}
\end{array}
$$\right)=\left($$
\begin{array}{ccc}
g^{t t},{ }_{, r} & -2 c_{\phi} & 0 \\
g^{t \phi}, r & c_{t} & -c_{\phi} \\
g^{\phi \phi}{ }_{, r} & 0 & 2 c_{t}
\end{array}
$$\right)\left($$
\begin{array}{c}
\xi^{r} \\
\mathrm{i} m \xi^{t} \\
\mathrm{i} m \xi^{\phi}
\end{array}
$$\right),
\]

where we define the vector $\boldsymbol{c}$ by $c_{t}=\Omega_{\mathrm{s}} g^{t \phi}-g^{\phi \phi}, c_{\phi}=$ $g^{t \phi}-\Omega_{\mathrm{s}} g^{t t}$, and $c_{r}=c_{z}=0$. If this $3 \times 3$ matrix $\mathbf{A}$ is nonsingular (which may be easily verified for some cases such as Schwarzschild), then the gauge $h^{t t}=h^{t \phi}=h^{\phi \phi}=0$ exists everywhere. (We will remove the condition on $\mathbf{A}$ later.)

In this gauge, we find from Eq. (98)
$\mathcal{S}^{(m)}=\mathrm{i} \frac{h^{(m) r \alpha} w_{\alpha}}{w^{t}}$.
We also find that in computing $I_{\mathrm{T}}$ only $h_{r t}$ and $h_{r \phi}$ contribute, and since $u^{r}$ is already $\mathcal{O}(\epsilon)$ we find $u^{r}=\mathrm{e}^{-2 \tilde{\mu}} u_{r}$ and
$I_{\mathrm{T}}=2 \mathrm{e}^{-2 \tilde{\mu}} \mathcal{Z} \int_{t_{1}}^{t_{1}+2 \pi / \kappa} \sin (\kappa t) \frac{h_{r \alpha} w^{\alpha}}{w^{t}} \mathrm{~d} t$.
We may raise $r$ in the perturbation using the factor of $\mathrm{e}^{-2 \tilde{\mu}}$, and simplify this to
$I_{\mathrm{T}}=-\left.2 \mathrm{i} \mathcal{Z} \mathcal{S}^{(m)}\right|_{0} \int_{t_{1}}^{t_{1}+2 \pi / \kappa} \sin (\kappa t) \mathrm{e}^{\mathrm{i} m\left(\phi-\Omega_{\mathrm{s}} t\right)} \mathrm{d} t$,
where the $\left.\right|_{0}$ reminds us to evaluate $\mathcal{S}^{(m)}$ at $\phi=t=0$. On resonance the complex exponential decomposition of the sine allows us to evaluate the integral to $-\mathrm{i} \pi / \kappa$, so we conclude that
$I_{\mathrm{T}}=-2 \pi \frac{\mathcal{Z}}{\kappa} \mathcal{S}^{(m)}$.
So long as $\operatorname{det} \mathbf{A} \neq 0$, this relation must be valid in all gauges since both sides are gauge-invariant.

In some spacetimes there are radii where $\operatorname{det} \mathbf{A}=0$; however we may show Eq. (147) to be valid there as well. We may consider a family of spacetimes $\mathcal{M}(P)$ whose metric tensor components are analytic in the parameter $P$, the desired spacetime is $\mathcal{M}(0)$, and $\operatorname{det} \mathbf{A} \propto P^{n}(n=1,2$, or 3 ) for small $P$. Then we may carry through the argument for slightly different values of the parameters controlling the spacetime and prove Eq. (147); then since both $\mathcal{S}^{(m)}$ and $I_{\mathrm{T}}$ are analytic and equal in a neighborhood of $P=0$ they must be equal at $P=0$. Thus Eq. (147) remains valid regardless of whether $\operatorname{det} \mathbf{A}=0$ or not.

We may then express $\mathcal{S}^{(m)}$ in terms of the integral of the metric perturbation against the stress-energy tensor of a test particle on a slightly eccentric orbit,
$\mathcal{S}^{(m)}=\frac{-\kappa}{2 \pi \epsilon \mu \mathcal{Z}} \int_{\mathcal{V}} h_{\alpha \beta}^{(m)} \tilde{T}^{\alpha \beta} \sqrt{-\operatorname{det} g} \mathrm{~d}^{4} \boldsymbol{x}$.
A further simplification occurs if we extract the Fourier mode of frequency $-m \Omega_{\mathrm{s}}$ from the stress-energy tensor, which is the only one that can lead to a nonzero integral against $h^{(m)}$. The $t$-integral is then trivial and we find
$\mathcal{S}^{(m)}=\frac{-1}{\epsilon \mu \mathcal{Z}} \int h_{\alpha \beta}^{(m)} \tilde{T}^{\left[-m \Omega_{\mathrm{s}}\right] \alpha \beta} \sqrt{-\operatorname{det} g} \mathrm{~d}^{3} \boldsymbol{x}$.

A second version of the epicyclic formulation is as follows. We note that the average amount of power $\mathcal{P}$ transferred to the test particle by the perturbation in one radial cycle is
$\mathcal{P}=\frac{\kappa}{2 \pi} \int_{t_{1}}^{t_{1}+2 \pi / \kappa} \dot{H}_{1} \mathrm{~d} t ;$
the integrand can be evaluated along the unperturbed trajectory since $H_{1}$ is already first-order, and we note that the dot pulls down a factor of $-\mathrm{i} m \Omega_{\mathrm{s}}$ :
$\mathcal{P}=\frac{\mathrm{i} m \Omega_{\mathrm{s}} \mu_{1} \kappa}{2 \pi} \int_{t_{1}}^{t_{1}+2 \pi / \kappa} h^{(m) \alpha \beta} \frac{u_{\alpha} u_{\beta}}{2 u^{t}} \mathrm{~d} t ;$
the integral simplifies to $\frac{1}{2} \epsilon I_{\mathrm{T}}$, and so we conclude that
$\mathcal{P}=\frac{\mathrm{i} m \Omega_{\mathrm{s}} \mu \kappa}{4 \pi} \epsilon I_{\mathrm{T}}$.
From this, we extract a relation between $\mathcal{S}^{(m)}$ and the power provided to a particle on a slightly eccentric orbit:
$\mathcal{S}^{(m)}=\frac{2 \mathrm{i}}{m \Omega_{\mathrm{s}} \mu \mathcal{Z} \epsilon} \mathcal{P}$.
Note that $\mathcal{P}$ pertains to the particlar $m$-mode and hence may be complex if the peak power occurs at a resonant phase other than 0 or $\pi$.

## 5 KEPLERIAN LIMIT

We now consider the limit of Eq. (88) for non-relativistic Keplerian disks, and show that it reduces to the familiar result.

The Keplerian metric has $\nu=-M r^{-1} \ll 1, \psi=\ln r$, and $\tilde{\omega}=\tilde{\mu}=0$, where $M$ is the mass of the central object. The Hamiltonian evaluated at zero radial momentum, Eq. (11), is

$$
\begin{align*}
H\left(p_{\phi}, r, 0\right) & =\mathrm{e}^{-M / r} \sqrt{\mu+\left(p_{\phi} / r\right)^{2}} \\
& \approx \mu\left[1-\frac{M}{r}+\frac{\left(p_{\phi}\right)^{2}}{2 \mu^{2} r^{2}}\right] \tag{154}
\end{align*}
$$

minimizing over $r$ gives $r=\left(p_{\phi}\right)^{2} /\left(M \mu^{2}\right)=\mathcal{L}^{2} / M$, so
$\mathcal{L}=M^{1 / 2} r^{1 / 2}$.
The energy is obtained by substituting back into Eq. (154),
$\mathcal{E}=1-\frac{M}{2 r}$.
Using the results from Section 2.3.2 we find
$\Omega=M^{1 / 2} r^{-3 / 2}$.
Then $w^{t}=\mathrm{e}^{-2 \nu}(\mathcal{E}-\tilde{\omega} \mathcal{L})=1+\frac{3}{2} M r^{-1}$, so we find to leading order
$C_{002}=\frac{1}{\mu} \quad$ and $\quad C_{020}=\frac{M \mu}{r^{3}}$.
This implies the epicyclic frequency and specific impedance $\kappa=M^{1 / 2} r^{-3 / 2}$ and $\mathcal{Z}=M^{1 / 2} r^{-3 / 2}$.

Since $\kappa=\Omega$ in the Keplerian case, the Lindblad resonance condition $m\left(\Omega-\Omega_{\mathrm{s}}\right)= \pm \kappa$ is satisfied for
$\Omega=\frac{m}{m \mp 1} \Omega_{\mathrm{s}}$ or $r=\left(\frac{m \mp 1}{m}\right)^{2 / 3} r_{\mathrm{s}}$.

We label the resonances with positive $m$ so that the lower sign corresponds to the OLRs and the upper sign to the ILRs. In the Keplerian case, there exist OLRs for each positive integer $m$, while the ILRs exist only for $m \geqslant 2$.

The resonant torque further involves the detuning function $d D / d r$ :
$D^{\prime}=m \Omega^{\prime} \mp \kappa^{\prime}=(m \mp 1) \Omega^{\prime}=-\frac{3}{2}(m \mp 1) M^{1 / 2} r^{-5 / 2}$.
We now consider the resonant amplitude $\mathcal{S}^{(m)}$. In the nonrelativistic limit, the time-time metric coefficient is
$h^{t t}=2 \Phi$,
where $\Phi$ is the Newtonian gravitational potential associated with the perturbation, and the other components are small 8 Keeping the leading-order $\left(r^{1 / 2} h^{t t}\right)$ terms in Eq. (97) gives
$\mathcal{S}^{(m)}=M^{-1 / 2}\left[-2 m r^{1 / 2} \Phi^{(m)} \mp r^{3 / 2} \Phi^{(m)}{ }_{, r}\right]$.
The Keplerian analogue of the binary black hole case is for the perturber to be a point particle with mass $q M$, where the mass ratio $q \ll 1$. Without loss of generality we may place the perturber at longitude $\lambda=0$; any other choice of longitude would result in $\Phi^{(m)}$ and hence $\mathcal{S}^{(m)}$ being multiplied by a factor of $\mathrm{e}^{-\mathrm{i} m \lambda}$, which will have no effect on $\left|\mathcal{S}^{(m)}\right|^{2}$ or on the torque formula.

If we place this particle at radius $r_{\mathrm{s}}$, its perturbing potential is
$\Phi(r, \phi)=q M\left[-\frac{1}{\sqrt{r_{\mathrm{s}}^{2}+r^{2}-2 r_{\mathrm{s}} r \cos \phi}}+\frac{1}{r_{\mathrm{s}}^{2}} r \cos \phi\right]$,
where the second term is the "indirect" term resulting from the acceleration of the primary (i.e. it is necessary to keep the primary at the centre of the coordinate system, as is standard practice in celestial mechanics). We may project out the order $m$ Fourier coefficient,

$$
\begin{align*}
\Phi^{(m)}(r, 0) & =\int_{0}^{2 \pi} \frac{\mathrm{~d} \phi}{2 \pi} \mathrm{e}^{-\mathrm{i} m \phi} \Phi(r, \phi) \\
& =\frac{q M}{2 r_{\mathrm{s}}}\left[-b_{1 / 2}^{(m)}(\varsigma)+\varsigma \delta_{m 1}\right] \tag{165}
\end{align*}
$$

where $\varsigma \equiv r / r_{\mathrm{s}}=[(m \mp 1) / m]^{2 / 3}$ and $b$ represents a Laplace coefficient (e.g. Eq. 6.67 of Murray \& Dermott 2000). Then $\mathcal{S}^{(m)}$ (evaluated at zero longitude) is

$$
\begin{align*}
\mathcal{S}^{(m)}= & \frac{q M^{1 / 2}}{2 r_{\mathrm{s}}^{1 / 2}}\left[2 m \varsigma^{1 / 2} b_{1 / 2}^{(m)}(\varsigma)-2 \varsigma^{3 / 2} \delta_{m 1}\right. \\
& \left. \pm \varsigma^{3 / 2} b_{1 / 2}^{(m) \prime}(\varsigma) \mp \varsigma^{3 / 2} \delta_{m 1}\right] . \tag{166}
\end{align*}
$$

The $\delta_{m 1}$ term exists only for the $m=1$ OLR (lower sign), so we may simplify this to

$$
\begin{equation*}
\mathcal{S}^{(m)}=\frac{q M^{1 / 2} \varsigma^{1 / 2}}{2 r_{\mathrm{s}}^{1 / 2}}\left[2 m b_{1 / 2}^{(m)}(\varsigma)-\varsigma \delta_{m 1} \pm \varsigma b_{1 / 2}^{(m) \prime}(\varsigma)\right] . \tag{167}
\end{equation*}
$$

Substitution into Eq. (88) then gives
$T=\mp \frac{2 \pi}{3} \frac{m}{m \mp 1} \mu r \frac{q^{2} M \alpha}{4 r_{\mathrm{s}}} \delta\left(r-R_{\mathrm{r}}\right)$
${ }^{8}$ For $r / r_{\mathrm{s}}$ of order unity, $\mathcal{L} / \mathcal{E} \sim\left(r_{\mathrm{s}} / M\right)^{1 / 2}$, but the components such as $h^{r \phi}$ for nonrelativistic perturbers are suppressed by higher powers of $M / r_{\mathrm{s}}$.

$$
\begin{equation*}
\times\left|2 m b_{1 / 2}^{(m)}(\varsigma)-\varsigma \delta_{m 1} \pm \varsigma b_{1 / 2}^{(m) \prime}(\varsigma)\right|^{2} \tag{168}
\end{equation*}
$$

Using $m /(m \mp 1)=\varsigma^{-3 / 2}$, we reduce this to

$$
\begin{align*}
T= & \mp \frac{\pi}{6} \mu q^{2} M \varsigma^{1 / 2} \delta\left(r-R_{\mathrm{r}}\right) \\
& \times\left|2 m b_{1 / 2}^{(m)}(\varsigma)-\varsigma \delta_{m 1} \pm \varsigma b_{1 / 2}^{(m) \prime}(\varsigma)\right|^{2} \tag{169}
\end{align*}
$$

In terms of the disk surface density, $\Sigma=\mu \delta\left(r-R_{\mathrm{r}}\right) /(2 \pi r)$, this becomes

$$
\begin{align*}
T= & \mp \frac{\pi^{2} q^{2} \alpha^{1 / 2}}{3} r M \Sigma \\
& \times\left|2 m b_{1 / 2}^{(m)}(\varsigma)-\varsigma \delta_{m 1} \pm \varsigma b_{1 / 2}^{(m) \prime}(\varsigma)\right|^{2} \tag{170}
\end{align*}
$$

At $m \gg 1$ or $|\varsigma-1| \ll 1$ we may meaningfully consider the smoothed torque density over many resonances ${ }^{9}$ Noting that $m(1-\varsigma)= \pm \frac{2}{3}$, we find using the large $m$ expansion of the Laplace coefficient (Goldreich \& Tremaine 1980):
$b_{1 / 2}^{(m)}(\varsigma) \approx \frac{2}{\pi} K_{0}\left(\frac{2}{3}\right)$ and $b_{1 / 2}^{(m) \prime}(\varsigma) \approx \pm \frac{2 m}{\pi} K_{1}\left(\frac{2}{3}\right)$.
Then for large $m$, Eq. (170) becomes
$T=\mp \frac{4}{3} m^{2} q^{2} r M \Sigma\left[2 K_{0}\left(\frac{2}{3}\right)+K_{1}\left(\frac{2}{3}\right)\right]^{2}$.
This is for a single resonance. For a continuum of resonances, we need to substitute the resonance order $m=2 r_{\mathrm{s}} /\left(3\left|r_{\mathrm{s}}-r\right|\right)$ and multiply by the density of resoances $|\mathrm{d} m / \mathrm{d} r|$ to get the torque density
$\frac{\mathrm{d} T}{\mathrm{~d} r}=\mp \frac{32}{81} \frac{q^{2} r_{\mathrm{s}}^{4} M \Sigma}{\left(r_{\mathrm{s}}-r\right)^{4}}\left[2 K_{0}\left(\frac{2}{3}\right)+K_{1}\left(\frac{2}{3}\right)\right]^{2}$,
which agrees with Eq. (18) of Goldreich \& Tremaine (1980).

## 6 RELATIVISTIC DISC HEATING AND SURFACE BRIGHTNESS

Thus far, we have considered the angular momentum and energy transfer to the disk at the Lindblad resonances. In Newtonian thin-disk problems, it is often the case that the disc can radiate energy but not angular momentum. Since an orbit of fixed angular momentum has a minimum possible energy, one can then compute the rate of energy input that does not go into orbital energy; this amount of energy goes into epicyclic motions, which are eventually converted to heat and ultimately radiated. The relativistic case is far more complicated because radiation carries away both energy and angular momentum. We shall consider the problem here under the following two simplifying assumptions:

- The dissipative process is localized, i.e. the energy of epicyclic motions is dissipated near the resonant radius rather than being transmitted to a distant part of the disc (e.g. via density waves).
- The energy is radiated away locally, i.e. we assume a thin disk rather than an ADAF or other radiatively inefficient solution.

[^6]The second assumption is necessary in order to maintain a thin disc, i.e. for the consistency of this paper. In some cases, it may well break down. For example, in the problem of Chang et al. (2010), in which the secondary "shepherds" the inner disc to smaller radii, it is conceivable that heating from resonant torques could destroy the thin disc solution. Even in this case, however, we would like to know the resonant heating formula for a thin disc: inability to produce the required flux $F$ for any disc temperature would be a sufficient condition for the destruction of the thin disc.

### 6.1 Definitions and mathematical relations

We use the formalism of Page \& Thorne (1974) to investigate the flux emerging from the disk, although we do not make the assumption that the disc is time-steady. We do assume that the disc is thin and that the internal energy is negligible compared to the orbital energy, i.e. if the bulk 4 -velocity of the baryonic material is $\boldsymbol{u}$,
$T^{\mu \nu}=\rho_{0} u^{\mu} u^{\nu}+t^{\mu \nu}+u^{\mu} q^{\nu}+q^{\mu} u^{\nu}$,
where $\rho_{0}$ is the rest mass density (i.e. the mass of a baryon times the number density), $\boldsymbol{q}$ is the heat flux, and $t^{\mu \nu}$ is the stress tensor in the baryon rest frame (by definition $q^{\mu} u_{\mu}=0$ and $t^{\mu \nu} u_{\mu}=0$ ). In accordance with Page \& Thorne (1974), we assume that $\boldsymbol{q}$ lies in the $z$-direction (i.e. $q^{z}$ is the only nonzero component). The disc is assumed to be contained within a vertical thickness of $|z|<H$; the stress tensor at $z= \pm H$ is assumed to satisfy
$t_{\phi}{ }^{z}=t_{r}{ }^{z}=t_{t}^{z}=0$.
Page \& Thorne (1974) explicitly write time and longitude averages of these quantities, with the idea being to treat e.g. turbulent stresses as part of $t_{\mu}{ }^{\nu}$ rather than as small-scale structure in $\boldsymbol{u}$. We will not write these averages explicitly, but note that (i) they are implied, and (ii) in our case, the time averaging is assumed to be over a duration long compared with the turnover time of turbulent eddies but short compared to the evolution timescales of the system (e.g. the merger timescale). It is assumed that the disc material is on nearly circular orbits, but possibly with a small radial velocity, i.e. $u^{t}=w^{t}, u^{\phi}=w^{\phi}, u^{z}=0$, and $\left|u^{r}\right| \ll r^{-1 / 2}$.

We define the integrated quantities through the disc: the surface density,
$\Sigma(r, t) \equiv \int_{-H}^{H} \rho_{0}(r, t, z) \mathrm{d} z$,
and the integrated shear stress,
$W_{\phi}{ }^{r}(r, t) \equiv \int_{-H}^{H} t_{\phi}{ }^{r}(r, t, z) \mathrm{d} z$.
We also define the one-sided emergent flux
$F(r, t) \equiv q^{z}(r, t, z=H)=-q^{z}(r, t, z=-H)$,
which is the flux that would be seen by an observer sitting at the disc photosphere and corotating with the disc (Page \& Thorne 1974).

We further neglect stresses in the tangential direction, i.e. we set $t_{\phi}{ }^{\phi}=0$. Orthogonality with $\boldsymbol{u}$ then implies $t_{\phi}{ }^{t}=$ 0 . We note that the requirement that $t_{\mu}{ }^{\nu} u^{\mu}=0$, combined with the approximation that $\boldsymbol{u} \approx \boldsymbol{r}$, gives us the integral

$$
\begin{equation*}
\int_{-H}^{H} t_{t}^{r}(r, t, z) \mathrm{d} z=-\Omega W_{\phi}^{r}(r, t) . \tag{179}
\end{equation*}
$$

### 6.2 Conservation laws

As is the case with the time-steady thin accretion disk, it is convenient to use the conservation of baryonic rest mass, angular momentum, and energy to solve for the state of the system. In our case, the equations will be time-dependent but their derivation is similar. For any current $\boldsymbol{j}$ satisfying
$j^{\alpha}{ }_{; \alpha}=\Gamma$,
where the source term $\Gamma$ is the amount of charge added per unit proper 4 -volume, we hav ${ }^{10}$
$0=\frac{\partial}{\partial x^{\alpha}}\left(r j^{\alpha}\right)+r \Gamma ;$
integrating this equation over $z$ from $-H$ to $H$, we get:

$$
\begin{align*}
0= & \frac{\partial}{\partial r}\left(r \int_{-H}^{H} j^{r} \mathrm{~d} z\right)+\frac{\partial}{\partial t}\left(r \int_{-H}^{H} j^{t} \mathrm{~d} z\right) \\
& +r\left[j^{z}(z=H)-j^{z}(z=-H)\right]+r \int_{-H}^{H} \Gamma \mathrm{~d} z \tag{182}
\end{align*}
$$

This implies, for the rest-mass current ${ }^{(\mathrm{m})} j^{\mu}=\rho_{0} u^{\mu}$, which has no source,
$0=\frac{\partial}{\partial r}\left(r \Sigma u^{r}\right)+r w^{t} \dot{\Sigma}$.
For the angular momentum current ${ }^{(\mathrm{L})} j^{\mu}=T_{\phi}{ }^{\mu}$, there is a source, namely there is an angular momentum $\mathrm{d} T / \mathrm{d} r$ added per unit radial coordinate per unit coordinate time. This is related to the source via
$\frac{\mathrm{d} T}{\mathrm{~d} r}=2 \pi r \int_{-H}^{H}{ }^{(\mathrm{L})} \Gamma \mathrm{d} z$.
Thus
$0=\frac{\partial}{\partial r}\left(r W_{\phi}{ }^{r}+r \mathcal{L} \Sigma u^{r}\right)+r \mathcal{L} w^{t} \dot{\Sigma}+2 r \mathcal{L} F+\frac{1}{2 \pi} \frac{\mathrm{~d} T}{\mathrm{~d} r}$.
For the energy current ${ }^{(E)} j^{\mu}=-T_{t}{ }^{\mu}$, the source differs from the angular momentum source in that the energy added is equal to $\Omega_{\mathrm{s}}$ times the angular momentum added. This is a direct consequence of the fact that the time dependence of the metric perturbation consists solely of a pattern speed $\Omega_{\mathrm{s}}$. Then ${ }^{(\mathrm{E})} \Gamma=\Omega_{\mathrm{s}}{ }^{(\mathrm{L})} \Gamma$, so
$0=\frac{\partial}{\partial r}\left(r \Omega W_{\phi}{ }^{r}+r \mathcal{E} \Sigma u^{r}\right)+r \mathcal{E} w^{t} \dot{\Sigma}+2 r \mathcal{E} F+\frac{\Omega_{\mathrm{s}}}{2 \pi} \frac{\mathrm{~d} T}{\mathrm{~d} r}$.
Equations (183), (185), and (183) provide 3 constraints for 4 unknowns ( $\dot{\Sigma}, u^{r}, F$, and $\left.W_{\phi}{ }^{r}\right)$. They can be solved if a prescription is available for the shear stress $W_{\phi}{ }^{r}$, e.g. an $\alpha$-prescription (Shakura \& Sunyaev 1973) ${ }^{11}$
${ }^{10}$ We have used the general expression for the divergence, $j^{\alpha} ; \alpha=$ $(-|g|)^{-1 / 2} \partial_{\alpha}\left[(-|g|)^{1 / 2} j^{\alpha}\right]$, and recalled that for our choice of coordinates $-|g|^{1 / 2}=r$.
11 Page \& Thorne (1974) were able to solve this system in the time-steady case without assuming any prescription for angular momentum transport by setting $\dot{\Sigma} \rightarrow 0$ and using the 3 equations to solve for the remaining unknowns $u^{r}, F$, and $W_{\phi}{ }^{r}$. This method is clearly not applicable to a transient event such as an inspiral.

### 6.3 No-viscosity solution

A special case of interest to us is the case where the viscosity of the disc is negligible ( $W_{\phi}{ }^{r}=0$ ). This limit is appropriate in the final stages of a binary black hole inspiral where the viscous timescale becomes short compared to the merger timescale, as occurs in the Chang et al. (2010) calculation. Then the disc evolution is dominated by angular momentum transport via the resonances and by the inspiral of the secondary black hole (itself driven by radiation reaction).

Writing Eq. (185) without the $W_{\phi}{ }^{r}$ term, and using Eq. (183) to eliminate $\dot{\Sigma}$, we find
$r \mathcal{L}^{\prime} \Sigma u^{r}+2 r \mathcal{L} F=\frac{1}{2 \pi} \frac{\mathrm{~d} T}{\mathrm{~d} r}$.
Similarly, using Eq. (186) gives
$r \mathcal{E}^{\prime} \Sigma u^{r}+2 r \mathcal{E} F=\frac{\Omega_{\mathrm{s}}}{2 \pi} \frac{\mathrm{~d} T}{\mathrm{~d} r}$.
This gives us a linear system for $u^{r}$ and $F$, with solution:
$u^{r}=\frac{1}{2 \pi r \Sigma} \frac{\mathrm{~d} T}{\mathrm{~d} r} \frac{\mathcal{E}-\Omega_{\mathrm{s}} \mathcal{L}}{\mathcal{E} \mathcal{L}^{\prime}-\mathcal{L \mathcal { E } ^ { \prime }}}$
and
$F=\frac{1}{4 \pi r} \frac{\mathrm{~d} T}{\mathrm{~d} r} \frac{\Omega_{\mathrm{s}} \mathcal{L}^{\prime}-\mathcal{E}^{\prime}}{\mathcal{E} \mathcal{L}^{\prime}-\mathcal{L E}^{\prime}}$.
To proceed further, we use Eq. (91) in the flux equation. We then reduce this using the relations
$\mathcal{E} \mathcal{L}^{\prime}-\mathcal{L E} \mathcal{E}^{\prime}=\mathcal{L}^{\prime}(\mathcal{E}-\Omega \mathcal{L})$
and
$\Omega_{\mathrm{s}} \mathcal{L}^{\prime}-\mathcal{E}^{\prime}=\mathcal{L}^{\prime}\left(\Omega_{\mathrm{s}}-\Omega\right)=\mp \frac{\kappa}{m}$,
yielding finally
$F=\frac{\pi \kappa}{2 r\left|D^{\prime}\right|} \frac{w^{t}}{\mathcal{E}-\Omega \mathcal{L}} \mathcal{Z} \Sigma\left|\mathcal{S}^{(m)}\right|^{2} \delta\left(r-R_{\mathrm{r}}\right)$.
Thus the emerging flux is, as expected, proportional to the surface density of material at resonance and localized at the resonance. In reality, the $\delta$-function would be smeared out in a way that depends on the dissipation mechanism. We note further that since $r$ is not a proper radial coordinate: an observer sitting on the disc would measure a proper radial distance element $\mathrm{e}^{\tilde{\mu}} \mathrm{d} r$ instead of $\mathrm{d} r$. That is, the emitted flux per unit length (units: $\operatorname{erg~s}^{-1} \mathrm{~cm}^{-1}$ ) along the circumference as measured locally by an observer on the disc would be
$\int F \mathrm{~d} r_{\text {proper }}=\frac{\pi \kappa \mathrm{e}^{\tilde{\mu}-2 \nu}}{2 r\left|D^{\prime}\right|} \mathcal{Z} \Sigma\left|\mathcal{S}^{(m)}\right|^{2}$.
Equation (194) gives the emitted flux required for the disc to remain thin. It is of course emitted over some finite range of radii: there is a finite damping region for the density waves excited at each Lindblad resonance, and turbulent diffusion may transfer some heat to neighboring parts of the disc. If this amount of flux cannot be radiated by any viable disc model regardless of the temperature then the thin disc solution must fail.

## 7 SUMMARY

This paper has worked out the general formula for the torque on an equatorial disc in a stationary, axisymmetric space-
time with an equatorial plane of symmetry due to Lindblad resonances associated with a perturbation. We have shown that the torque formula is gauge-invariant, and that the familiar formula is recovered for the problem of a Keplerian disc with a perturber on a circular orbit. We have also obtained the expression for the radiated flux required to maintain a thin disc solution.

The most important astrophysical application of the relativistic torque formula is to the Schwarzschild and Kerr spacetimes. The computation of the resonance locations and amplitudes for these cases is presented in the companion, Paper II.

## ACKNOWLEDGMENTS

C.H. thanks Tanja Hinderer, Mike Kesden, and Dave Tsang for numerous helpful conversations.
C.H. is supported by the US National Science Foundation (AST-0807337), the US Department of Energy (DE-FG03-02-ER40701), and the Alfred P. Sloan Foundation.

## REFERENCES

Abramowitz M., Stegun I., Handbook of Mathematical Functions, Dover, New York, NY
Anderson M., Lehner L., Megevand M., Neilsen D., 2010, Phys. Rev. D, 81, 044004
Armitage P., Natarajan P., 2002, ApJ, 567, L9
Bode N., Phinney E., 2007, American Physical Society Meeting, 2007 April 14-17, Abstract \#S1. 010
Chandrasekhar S., 1992, The Mathematical Theory of Black Holes, Oxford University Press, New York, NY
Chang P., Strubbe L., Menou K., Quataert E., 2010, MNRAS, 407, 2007
Goldreich P., Tremaine S., 1978, ApJ, 222, 850
Goldreich P., Tremaine S., 1979, ApJ, 233, 857
Goldreich P., Tremaine S., 1980, ApJ, 241, 425
Hughes S., 2000, Phys. Rev. D, 61, 084004
Infeld L., Plebański J., 1960, Motion and Relativity, Pergamon Press, Oxford, UK
Kocsis B., Loeb A., 2008, Phys. Rev. Lett., 101, 041101
Lin D., Papaploizou J., 1979, MNRAS, 186, 799
Lubow S., Ogilvie G., 1998, ApJ, 504, 983
Lynden-Bell D., Kalnajs A., 1972, MNRAS, 157, 1
MacFadyen A., Milosavljević M., 2008, ApJ, 672, 83
Meyer-Vernet N., Sicardy B., 1987, Icarus, 69, 157
Milosavljević M., Phinney E., 2005, ApJ, 622, L93
Murray C., Dermott S., 2000, Solar System Dynamics, Cambridge University Press, Cambridge, UK
Narayan R., 2000, ApJ, 536, 663
Ogilvie G., 2007, MNRAS, 374, 131
Ohta T., Okamura H., Kimura T., Hiida K., 1973, Prog. Theor. Phys., 50, 492
Ortega-Rodríguez M., Silbergleit A., Wagoner R., 2002, ApJ, 567, 1043
Page D., Thorne K., 1974, ApJ, 191, 499
Perez C., Silbergleit A., Wagoner R., Lehr D., ApJ, 476, 589
Rossi E., Lodato G., Armitage P., Pringle J., King A., 2010, MNRAS, 401, 2021

Schnittman J., 2010, ApJ, submitted, preprint, arXiv:1006.0182
Schnittman J., Krolik J., 2008, ApJ, 684, 835
Shakura N., Sunyaev R., 1973, A\&A, 24, 337
Shields G., Bonning E., 2008, ApJ, 682, 758
Silbergleit A., Wagoner R., Ortega-Rodríguez M., ApJ, 548, 335
Wald R., 1984, General Relativity, University of Chicago
Press, Chicago, IL


[^0]:    ${ }^{1}$ Other resonances may also be relevant, e.g. it has been suggested that there could be matter at the L4 and L5 Lagrange points of binary black holes (Schnittman 2010), but they require a fundamentally different treatment and will not be investigated here.

[^1]:    2 The vector eccentricity is the eccentricity weighted by the direction of the pericentre, or $e \mathrm{e}^{\mathrm{i} \varpi}$ in Keplerian elements. In a nonKeplerian potential the longitude of pericentre precesses, but the vector eccentricities of particles at the same epoch may still be summed.

[^2]:    3 The requirement that the particle travel forward in time implies that we use the negative branch of the square root.

[^3]:    ${ }^{4}$ We consider only the stable solutions; maxima of $H$ or values of $p_{\phi}$ for which there is no circular orbit solution are not of interest here.

[^4]:    ${ }^{6}$ The Lie derivative does not generally allow raising or lowering indices. The raised-index relation arises by considering the inverse-metric formula $g^{\alpha \beta} g_{\beta \gamma}=\delta_{\gamma}^{\alpha}$. Applying the product rule gives $\left(£_{\xi} g^{\alpha \beta}\right) g_{\beta \gamma}+g^{\alpha \beta} £_{\xi} g_{\beta \gamma}=0$. Substituting Eq. (101) and raising indices then gives $£_{\xi} g^{\alpha \beta}=h^{\alpha \beta}$.

[^5]:    7 These equations may be obtained from the Green's function relations in Section 3.2.1 by taking a particle in a circular orbit at radius $R$ that passes longitude $\phi=0$ at $t=0$, applying a perturbation at time $t=0$ that increments $r$ by $\diamond r=\epsilon$, and considering the solution at $t>0$.

[^6]:    9 Whether $\mathrm{d} T / \mathrm{d} r$ is really smooth depends on the nature of the dissipation mechanism, which we do not consider here.

