# TOXIC PYRROLIZIDINE ALKALOIDS OF *ECHIUM AMOENUM* FISCH. & MEY.

# <sup>1</sup>MITRA MEHRABANI, <sup>2</sup>ALIREZA GHANNADI, <sup>2</sup>EBRAHIM SAJJADI, <sup>2</sup>NASROLAH GHASSEMI, <sup>3</sup>MOHAMMADREZA SHAMS-ARDAKANI

<sup>1</sup>Department of Pharmacognosy, Faculty of Pharmacy, Kerman University of Medical Sciences, Kerman, <sup>2</sup>Department of Pharmacognosy, Faculty of Pharmacy, Isfahan University of Medical Sciences, Isfahan, <sup>3</sup>Department of Pharmacognosy, Faculty of Pharmacy, Tehran University of Medical Sciences, Tehran, Iran

## ABSTRACT

Toxic pyrrolizidine alkaloids are present in some species of *Echium* (Boraginaceae). In this study petals of *Echium amoenum* Fisch. & Mey. (Gol-e-Gavzaban) as a popular herbal medicine in Iran, were investigated for pyrrolizidine alkaloids (PAs). The alkaloids were separated and purified by preparative TLC and characterized by IR, one and two dimensional <sup>1</sup>H and <sup>13</sup>C-NMR and Mass spectroscopy. Four toxic alkaloids namely: echimidine I, echimidine isomer II, 7-angeloyl retronecine III and 7-tigloyl retronecine IV were identified.

Keywords: *Echium amoenum*, Pyrrolizidine alkaloids, Echimidine , Echimidine isomer , 7-angeloyl retronecine, 7-tigloyl retronecine

# **INTRODUCTION**

Pyrrolizidine alkaloids have been isolated from several plant families such as Boraginaceae including Echium genus (1). The chemistry of these alkaloids in relation to their toxic and therapeutic effects has been the subject of several investigations (1, 2). Petals of *Echium amoenum* Fisch. & Mey. (Gol-e-Gavzaban) a popular herbal medicine in Iran, has long been used as a tonic, tranquillizer, diaphoretic and as a remedy for cough, sore throat and pneumonia (3, 4). Echium genus has 4 species in Iran (5) of which only E. amoenum has been used as medicinal (3, 4). E. amoenum is indigenous to the narrow zone of northern part of Iran and Caucasus (6). Literature review showed the petals of E. amoenum have anthocyanidine, flavonoid aglycons, traces of alkaloids (7, 8), volatile oils (0.05%) (9) and rosmarinic acid (11). E. amoenum has shown to increase the cellular immune responses (10) and has anxiolytic effects (12, 13). Toxic pyrrolizidine alkaloids are present in some species of Echium. The decoct of dry petals of E. amoenum are used in Iranian folk medicine as a popular herbal tea. Some chemical constituents of this petals reported in previous work (11). Isolation of its pyrrolizidine alkaloids was investigated in this study.

## MATERIALS AND METHODS

### General experimental procedures:

The IR spectra were recorded using a Perkin-Elmer 650 IR spectrophotometer. Mass spectra were recorded using an electron impact (EI) mode at 45 in Finnigan-mat TQS 70 EI quadruple mass. The source, probe and scanning temperatures were 200, 100-300, and 25-30°C, respectively. The NMR spectra were recorded using a Bruker DRX 500 Avence spectrometer. <sup>1</sup>H-NMR (500 MHz) and <sup>1</sup>H-<sup>1</sup>H (COSY) and <sup>1</sup>H-<sup>13</sup>C (HETEROCOSY) correlation and <sup>13</sup>C-NMR(125 MHz) spectroscopic data were collected at room temperature in CDCl<sub>3</sub>. Chemical shifts ( $\delta$ , ppm) were reported relative to tetramethylsilane (TMS) as an internal standard. TLC aluminium sheets (silicagel 60  $F_{254}$  20  $\times$  20) was used for TLC, and TLC silicagel 60 GF<sub>254</sub> was used for thick layer chromatography (thickness: 1 mm). All chemicals were purchased from Merck Chemical Company, Germany.

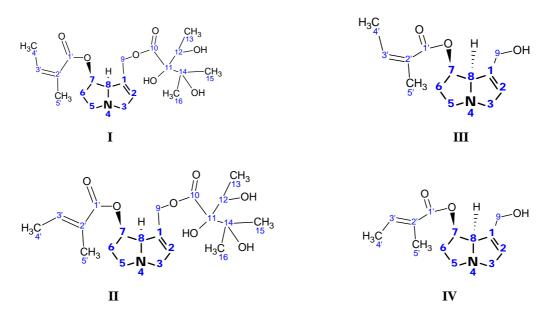
# Plant Material:

Petals of *E. amoenum* were collected from a farm at 80 km north of Ghazvin in June 2000. Voucher specimens (No. 1001) were authenticated and then deposited in Herbarium of the Department of Pharmacognosy, Faculty of Pharmacy, Kerman University of Medical Sciences, Kerman, Iran.

#### Extraction and isolation:

Dried ground petals of *E. amoenum* (5kg) were exhaustively extracted with methanol in a Soxhlet apparatus under reduced pressure at 30°C. The resulting methanolic extract was filtrated and concentrated in vacuum and after addition of 2N HCl for adjustment of pH to 4, it was washed first with hexane and then with chloroform.

*Correspondence*: Mitra Mehrabani, Department of Pharmacognosy, Faculty of Pharmacy, Kerman University of Medical Sciences, Kerman, Iran. E-mail : mmehrabani@hotmail.com



**Figure 1.** Structures of compounds I-IV. I = Echimidine; II = Echimidine isomer; III = 7-Angeloyl retronecine; IV = 7-Tigloyl retronecine

The pH of the aqueous phase was adjusted to 2 by addition of 2N HCl and then for each 15 ml of the solution 0.5 g NaCl was added. After 24 h, the gummy non-alkaloid residue was filtered and divided to two equal parts and named "portion of A" and "portion of B" respectively. The pH of the "portion of A" was adjusted to 10 by addition of 25% NH<sub>4</sub>OH, the mixture was extracted with CHCl<sub>3</sub> (10×300 ml) and the solvent was evaporated to give the crude alkaloids (part A\*). To investigate the presence of pyrrolizidine alkaloids N-oxide, the pH of the aqueous layer of "portion of B" was adjusted to 2 by addition of 6N  $H_2SO_4$ . After addition of Zn dust (10 g/l) to the solution, the mixture was stirred for 48 h, filtered and the filtrate was made alkaline and treated as above (14).

## Phytochemical analysis:

In order to compare A\* and B\* portions for the presence of pyrrolizidine alkaloids N-oxide, 50 µl of solution of 100mg of each extract in 10ml of methanol were subjected to TLC using CH<sub>2</sub>Cl<sub>2</sub> : MeOH :  $NH_4OH$  (85 : 15 : 1) as the mobile phase (14). TLC plates were sprayed by Dragendorff or Erlich reagent (15). Since there was no differences between the portions of A\* and B\*, they were and subjected mixed to thick layer chromatography using the same solvent system for TLC. Fractions were extracted by methanol and after evaporation of the solvent; the residues were analyzed by spectroscopic methods.

# RESULTS

The total alkaloid content of dried petals of *E. amoenum* was 0.01%. In this petals, structures of four pyrrolizidine alkaloids namely: echimidine I, echimidine isomer II, 7-angeloyl retronecine III and 7-tigloyl retronecine IV (figure 1) were identified by NMR (Table 1), IR and mass spectral data. The structures of compounds I–IV were identified by comparison of their spectral data with those reported in the literature (16-27).

Echimidine I and Echimidine isomer II: gummy,  $R_f = 0.7$ , IR (film)  $v_{cm}^{-1}$ : 3400 (OH); 1725, 1715 (ester C=O); 1650, 1610 (C=C); 1255, 1230 (ester C-O); 1160, 1000 (alcohol C-O).

EIMS m/z (% relative intensity at 45 eV): 397 (M<sup>+</sup>, 0.2), 298(0.5), 297(4), 296(5), 237(4), 220(100), 219(90), 141(10), 137(9), 136(36), 135(17), 120(60), 106(5), 94(15), 93(25), 82(12), 80(5), 55(7).

**7-angeloyl retronecine III and 7-tigloyl retronecine IV**: gummy.  $R_f = 0.5$ . IR (film)  $v_{cm}$  <sup>-1</sup> :3380 (OH); 1715 (ester C=O); 1650, 1600 (C=C); 1260, 1235 (ester C-O); 1150, 1000 (alcohol C-O).

EIMS m/z (% relative intensity at 45 eV): 237 ( $M^+$ , 12), 220(10), 219(12), 206(1), 193(5), 154(20), 139(8), 138(48), 137(91), 135(31), 124(40), 120(18), 111(58), 106(54), 93(88), 80 (100).

\* According to fig.1
<sup>a</sup> According to <sup>1</sup>H-NMR, <sup>1</sup>H-<sup>1</sup>H (COSY) and <sup>1</sup>H-<sup>13</sup>C (HETEROCOSY)
<sup>a</sup> According to <sup>1</sup>H-NMR, <sup>1</sup>H-<sup>1</sup>H (COSY) and <sup>1</sup>H-<sup>13</sup>C (HETEROCOSY)
Multiplicities of hydrogen: s = singlet, d = doublet, m = multiplet, q = quartet, t = triplet, bs = broad singlet, dd = doublet doublet
I = Echimidine; II = Echimidine isomer; III = 7-Angeloyl retronecine; IV = 7-Tigloyl retronecine

16	15	14	13	12	11	10		9	8	7	6		S		ω	2	1	S,	4'	з,	2'	1,	S	situat	tion	Table
1.26(3H)s	1.17(3H)s	ı	1.21(3H)d	4.12(1H)q	I	I	4.86(1H)d	4.60(1H)d	4.32(1H)bs	5.37(1H)bs	2.05(2H)m	3.27(1H)m	2.60(1H)t	3.83(1H)d	3.34(1H)d	5.81(1H)bs	ı	1.76(3H)s	1.91(3H)d	6.05(1H)q	I	·	$\delta_{(H)}$ ppm	Ι		Table 1. <sup>1</sup> H-NMR and <sup>13</sup> C-NMR assignments of compounds I-IV
			$6.5_{(13,12)}$	$6.5_{(12,13)}$	·	ı	$13.5_{(9,9)}$	$13.5_{(9,9)}$		ı			$9_{(5,6)}$	$15_{(3,3)}$	$15_{(3,3)}$	'			$7_{(4',3')}$	$7_{(3',4')}$	·		J Hz			ı d <sup>13</sup> C-NMR
1.25(3H)s	1.17(3H)s	ı	1.21(3H)d	4.13(1H)q	ı	I	4.83(1H)d	4.58(1H)d	4.32(1H)bs	5.33(1H)bs	2.05(2H)m	3.27(1H)m	2.62(1H)t	3.83(1H)d	3.32(1H)d	5.81(1H)bs	ı	1.72(3H)s	1.73(3H)d	6.72(1H)q	ı	·	δ <sub>(H)</sub> ppm	П		assignments
			6.5 <sub>(13,12)</sub>	$6.5_{(12,13)}$		ı	$13.5_{(9,9)}$	$13.5_{(9,9)}$				ı	$9_{(5,6)}$	$15_{(3,3)}$	$15_{(3,3)}$				7 <sub>(4',3')</sub>	7 <sub>(3',4')</sub>			J Hz		<sup>1</sup> H-NMR (at	of compou
								4.20(2H)d	4.36(1H)bs	5.42(1H)d	2.14(2H)m	3.36(1H)m	2.71(1H)m	3.94(1H)dq	3.48(1H)m	5.66(1H)s		1.83(3H)s	1.97(3H)dd	6.10(1H)q	·		δ <sub>(H)</sub> ppm		<sup>1</sup> H-NMR (at 500 MHz, in CDCl <sub>3</sub> ) <sup>a</sup>	nds I-IV.
								$8_{(9,9)}$		$2.5_{(7,6)}$			·	$14.8_{(3,3)}, 1.8$					$7.5_{(4',3')}, 0.8$	7.5(4',3')			J Hz	III	Cl <sub>3</sub> ) <sup>a</sup>	
								4.19(2H)d	4.78(1H)bs	5.38(1H)d	2.14(2H)m	3.36(1H)m	2.73(1H)m	3.94(1H)dd	3.46(1H)m	5.88(1H)s		1.79(3H)s	1.80(3H)d	6.63(1H)q			$\delta_{(H)}$ ppm	IV		
								$8_{(9,9)}$		$2.5_{(7,6)}$	·			$14.8_{(3,3)}, 1.8$				•	7.5 <sub>(4',3')</sub>	$7.5_{(4',3')}$		•	J Hz	1		
25.19	26.45	73.84	18.86	69.96	83.63	174.66		62.83	76.06	74.03	34.84		54.13		63.16	129.40	133.42	20.19	16.16	139.65	127.80	167.32		Ι	<sup>13</sup> C-NI	
25.19	26.45	73.84	18.88	69.96	83.65	174.66		62.87	75.99	74.18	34.75		54.13		63.24	128.89	133.34	12.30	14.80	138.21	128.85	167.51		П	MR(125 MHz,	
								60.50	76.30	74.64	35.05		53.96		63.62	127.98	139.50	21.00	16.20	138.20	124.45	167.78		III	<sup>13</sup> C-NMR(125 MHz, in CDCl <sub>3</sub> ) $\delta_{(C)}$ ppm	
								60.50	76.26	74.85	34.97		53.92		63.74	127.97	139.60	12.40	14.90	138.94	125.31	167.93		W	) <sub>(C)</sub> ppm	

Plants	lum	e	та	E. plantagineum	ıffii	ш	e
	/ E. horridum	E. humile	E .pininana	. planta	E. rauwolfii	. setosum	E. vulgare
Echimidine	$\overline{E}$	+	+	+	+	+ E	+
Echimidine isomer (tigloyl)	+				+	+	+
12-Acetyl echimidine						+	+
Echihumiline		+				+	+
Echihumiline N-oxide		+					
Echiupinine			+				
Echiupinine N-oxide			+				
Echiumine				+			
Echinatine							+
Myoscorpine			+				
Myoscorpine N-oxide			+				
Hydroxy myoscorpine			+				
Uplandicine	+				+	+	+
Intermidine				+			
7-Acetyl intermidine			+				
Lycopsamine	+	+		+	+		
7-Acetyl lycopsamine	+	+			+		
7-Tigloyl lycopsamine	+				+		
7-Angelyl lycopsamine	+				+		
7-Senecioyl lycopsamine		+					
Retronecine						+	+
7-Angelyl retronecine	+				+	+	+
9-Angelyl retronecine				+		+	+
7-Tigloyl retronecine	+				+	+	+
9-Tigloyl retronecine						+	+
7-Senecioyl retronecine		+					
9-Senecioyl retronecine		+				+	+
7- Angelyl 9-(2-methyl butyryl) retronecine	+				+		
7- Tigloyl 9-(2-methyl butyryl) retronecine	e +				+		
7- Angelyl 9-(2,3-dihydroxy butyryl) retronecine	+				+	+	+
7- Tigloyl 9-(2,3-dihydroxy butyryl) retronecine	+				+	+	+
7-(2-Methyl butyryl) 9-(2,3-dihydroxy butyryl) retronecine		+				+	+
7-(2-Methyl butyryl) 9-echimidinyl retronecine		+					
7-(2-Methyl butyryl) retronecine		+				+	+
9-(2-Methyl butyryl) retronecine						+	+
\[         \]     \[	- 19	17	16	28, 29	19	18	18, 30
References		·	~	-,	-	-	-, - * *

Table2. Reported pyrrolizidine alkaloids in *Echium* genus (16-19, 28-30).

### DISCUSSION

Echimidine (cis isomer), echimidine isomer (trans isomer), 7-angeloyl retronecine (cis isomer) and 7tigloyl retronecine (trans isomer) are common pyrrolizidine alkaloids in another *Echium* species (16-19, 28-30). In Table 2, pyrrolizidine alkaloids which are reported in literatures for different *Echium* species are shown. This is the first report on the isolation of pyrrolizidine alkaloids from *E. amoenum*. Since the cis and trans isomers could not be separated by TLC (21, 27), the structural elucidation of isomers were based on chemical shifts of H-3' that in cis isomers appeared in up field (I at  $\delta = 6.05$ ppm and III at  $\delta = 6.72$ ppm) and in trans isomers appeared in down field (II at  $\delta = 6.10$ ppm and IV at  $\delta = 6.63$ ppm) (21, 25).

Echimidine and echimidine isomer were obtained as a mixture. They differ only in having Z and E configuration respectively, about of the C-3'. <sup>1</sup>H-NMR spectrum of the mixture resembled that of echimidine, except that the quartet  $\delta$  6.05 (H-3') was equivalent to only half a proton, and an additional quartet, also equivalent to a half proton, was present at 6.72. This is consistent with an approximately 1: 1 mixture of equivalent to a half proton of 7- angeloyl and 7- tigloyl esters. Also 7angeloyl retronecine and 7-tigloyl retronecine were obtained as a mixture like above, except that the quartet  $\delta$  6.10 (H-3') was equivalent to 3/4 proton, and an additional quartet, also equivalent to 1/4 proton, was present at 6.63 (H-3'). A similar result has been reported about symphytine and symlandine in Symphytum x uplandicum (27). Pyrrolizidine alkaloids present in the Echium and especially the compounds I-IV which were found in E. amoenum, have hepatotoxic effects similar to those of di-ester of unsaturated pyrrolizidin alkaloids. However this study does not provide enough evidences for forbidding the usages of this popular herbal medicine in Iran. Further investigations including in vitro and in vivo toxicological studies are required to confirm these points.

# ACKNOWLEDGMENT

The authors would like to acknowledge the financial support by the Research Council of Isfahan University of Medical Sciences for this work. We are also grateful to Mr. Iraj Mehrgan for identification of plant material.

## REFERENCES

- Mattocks AR. Chemistry and toxicology of pyrrolizidine alkaloids. Florida: Academic Press; 1986. pp. 1-350.
- WHO. Pyrrolizidine Alkaloids, Environmental Health Criteria (80), 1st eds, Geneva: World Health Organization; 1988. pp: 38-54
- Hooper D. Useful plants and drugs of Iran and Iraq. Chicago: Field Museum of Natural History; 1937. p. 115.
- 4. Amin Gh. Popular medicinal plants of Iran. Tehran: Iranian Research Institute of Medicinal Plants; 1991. p. 80.
- 5. Mozaffarian V. A dictionary of Iranian plant names. Tehran: Farhang Moaser; 1996. p. 198.
- 6. Rechinger KH. Flora Iranica, No.48. Graz: Akademishe Druck-u, Verlagsanstalt; 1967. p. 215.
- Delorme P, Jay M, Ferry S. Inventaire phytochimique des boraginaceae indigenes. Planta Med 1997; 11(1): 5-11.
- Iranian herbal pharmacopoeia (IHP), Vol. 2. Tehran: Ministry of Health Publication; 2002. p. 667-671.
- Ghassemi N, Sajjadi A, Ghannadi A, Shams-Ardakani MR, Mehrabani M. Volatile constituents of a medicinal plant of Iran *Echium amoenum*. DARU 2003; 11(1): 32-33.
- 10. Amirghofran Z, Azadbakht M, Keshavarzi F. *Echium amoenum* stimulate of lymphocyte proliferation and inhibit of humoral antibody synthesis. Iranian J Med Sci 2000; 25: 119-124.
- 11. Mehrabani M, Ghassemi N, Sajjadi A, Ghannadi A, Shams-Ardakani MR. Main phenolic compound of petals of *Echium amoenum* Fisch. & Mey., a famous medicinal plant of Iran. DARU 2005; 13(2): 65-69.
- 12. Shafaghi B, Naderi N, Tahmasb L, Kamalinjad M. Anxiolytic effect of *Echium amoenum* in mice. Iranian J Pharm Res 2002; 1: 37-41.
- 13. Rabbani M, Sajjadi SE, Vaseghi G, Jafarian A. Anxiolytic effects of *Echium amoenum* on the elevated plus-maze model of anxiety in mice. Fitoterapia 2004; 75: 457–464.
- 14. Shafiee A, Salimi M, Farsam H, Yassa N. Pyrrolizidine alkaloids from *Heliotropium dissitiflorum Boiss*. DARU 2002; 10(4): 168-170.
- 15. Reoder VE, Neuberger V. Pyrrolizidin alkaloid in *Symphytum* arten. Deutsche Apotheker Zeitung 1988; 128:1991-1994.
- Reoder E, Liu K, Bourauel T. Pyrrolizidine alkaloids from *Echium pininana*. Phytochemistry 1991; 30(9): 3107-3110.

- 17. El-Shazly A, Sarg T, Ateya A, Abdol-Aziz E, El-Dahmy S, Witte L, Wink M. Pyrrolizidine and tetrahydroisoquinoline alkaloids from *Echium humile*. Phytochemistry 1996; 42(1): 225-230.
- 18. El-Shazly A, Sarg T, Ateya A, Abdol-Aziz E, El-Dahmy S. (1996) Pyrrolizidine alkaloids from *Echium setusum* and *Echium vulgare*. J Nat Prod 1996; 59: 310-313.
- 19. El-Shazly A, Abdol-All M, Tei A, Wink M. Pyrrolizidine alkaloids from *Echium rauwolfi* and *Echium horridum* (Boraginaceae). Z Naturforsch 1999; 154c: 294-300.
- 20. El-Shazly A, Sarg T, Witte L, Wink M. Pyrrolizidine alkaloids from *Cynoglossum creticum*. Phytochemistry 1996; 42(4): 1217-1221.
- 21. Kim NC, Oberlies NH, Brine DR, Handy RW, Wani MC, Wall ME. Isolation of symlandine from the roots of common comfrey (*Symphytum Officinalis*) using counter courent chromatography. J Nat Prod 2001; 64: 251-253.
- 22. Reoder E, Bourauel T, Neuberger V. Symvirdine, a new pyrrolizidine alkaloids from *Symphytum* species. Phytochemistry 1992; 31(11): 4041-4042.
- 23. Culvenor CCJ, Heffernan ML, Woods WG. Nuclear magnetic resonance spectra of pyrrolizidine alkaloids: I. Aust J chem 1965; 18: 1605-1624.
- 24. Culvenor CCJ, Woods WG. Nuclear magnetic resonance spectra of pyrrolizidine alkaloids: II. Aust J Chem 1965; 18: 1625-1637.
- 25. Logie CG, Grue MR, Liddell JR. Review article number 93: Proton NMR spectroscopy of pyrrolizidine alkaloids. Phytochemistry 1994; 37(1): 43-109.
- Reoder E. Carbon-13 NMR spectroscopy of pyrrolizidine alkaloids. Phytochemistry 1990; 29: 11-29.
- 27. Culvenor CCJ, Edgar JA, Frahn JL, Smith LW. The alkaloids of *Symphytum x uplandicum* (Russian comfrey). Aust J Chem 1980; 33: 1105-1113.
- Culvenor CCJ. The alkaloids of *Echium plantagineum*. Aust J Chem. 1956; 9: 512-520. Abstract via CAS; 51:9642f.
- 29. Culvenor CCJ, Edgar JA, Smith LW. Pyrrolizidine alkaloids in honey from *Echium plantagineum* L. J Agric Food Chem 1981; 29: 958-960.
- Man'ko IV. Alkaloids of Cynoglossum officinale and Echium vulgare and an standard drug preparation from Cynoglossum officinale. Farmatsevt Zh 1964; 19(3): 22-26. Abstract via CAS; 64:4125d.