Manipulation of quantum particles in rapidly oscillating potentials by inducing phase hops

Armin Ridinger^{*} and Christoph Weiss[†]

Laboratoire Kastler Brossel, École Normale Supérieure, Université Pierre et Marie-Curie-Paris 6,

24 rue Lhomond, CNRS, F-75231 Paris Cedex 05, France

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Analytical calculations show that the mean-motion of a quantum particle trapped by a rapidly oscillating potential can be significantly manipulated by inducing phase hops, i.e., by instantaneously changing the potential's phase. A phase hop can be visualized as being the result of a collision with an imaginary particle which can be controlled. Several phase hops can have accumulating effects on the particle's mean-motion, even if they transform the particle's Hamiltonian into its initial one. The theoretical predictions are verified by numerical simulations for the one-dimensional Paul-trap.

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I. INTRODUCTION

Potentials which oscillate rapidly relative to the motion of particles inside them are widely used to trap charged and neutral particles. Most notably, this is because rapidly oscillating potentials (ROPs) allow trapping in cases where static potentials cannot. Wellknown paradigms are the Paul-trap for charged particles [1, 2] and the electro- and magneto-dynamic traps for high-field seeking polar molecules [3, 4] and neutral atoms [5, 6, 7]. Furthermore, ROPs allow the realization of complicated trap geometries. Prime examples are the TOP-trap [8, 9], the optical billiard traps [10, 11] and rapidly scanning optical tweezers [12, 13] for ultracold neutral atoms or even microparticles such as polymers and cells [14, 15]. Another reason is that the description of the motion of particles in a ROP — as compared to other time-varying potentials — is very simple: the particles' mean-motion (averaged over the ROP's fast oscillations) is to a good approximation determined by a static *effective* potential [16, 17, 18, 19].

Preliminary calculations for the classical regime show that in ROPs with a vanishing time-average, as e.g. the Paul-trap, the mean-motion of trapped particles is strongly coupled to the phase of the ROP [20]. Consequently, the particles' mean-motion can be appreciably manipulated by changing the phase of the ROP. For the Paul-trap, a phase hop can change the mean-energy of a trapped classical particle (that is not constantly at rest) by a factor which can take any value between 0.1 and 9.9, independent of the particle's mean-energy [20], thus offering a powerful tool for particle manipulation.

However, often *quantum* particles are trapped in ROPs [1, 2, 8, 9, 10, 11, 12, 13]. It is not clear if this tool would work for quantum particles: in the Paul-trap, a classical particle which does not move is not affected by a phase hop [20]. Thus, the same might be true for a

quantum particle in, e.g., the ground state of the effective trapping potential.

In this article, we derive an independent quantum mechanical treatment of the effect of phase hops on a particle trapped by a ROP of arbitrary shape. By both analytical and numerical calculations we show that a phase hop can strongly influence the particle's mean-motion, even if it is in the ground state of the effective trapping potential. The experimental ability to prepare single [1, 2] and ensembles [8, 9, 13] of quantum particles in ROPs in specific states would allow to apply this tool in a controlled fashion.

The model used to describe both the time-dependent and the effective system is given in Sec. II. In Sec. III it is shown that the effect of a phase hop can be visualized as being the result of a collision with an imaginary particle. In Sec. IV it is demonstrated that phase hops offer a powerful tool to manipulate quantum particles, whose application, in particular, does not affect the effective trapping potential.

II. QUANTUM MOTION IN A RAPIDLY OSCILLATING POTENTIAL

The Schrödinger equation for a quantum particle in a time-periodic potential $V(x, \omega t)$ reads

$$i\hbar\frac{\partial}{\partial t}\psi(x,t) = \hat{H}(x,\omega t)\psi(x,t),$$
 (1)

with the time-dependent, periodic Hamiltonian

$$\hat{H}(x,\omega t) = -\frac{\hbar^2}{2m}\frac{\partial^2}{\partial x^2} + V_0(x) + V_1(x,\omega t), \qquad (2)$$

where the last two terms represent a separation of V into a time-averaged part V_0 and an oscillating part V_1 with a vanishing period-average. Two experimentally relevant examples for the considered type of potentials are

$$V^{\rm PT}(x,\omega t) = \frac{1}{2}m\omega_{\rm osc}^2 x^2 \cos \omega t, \qquad (3)$$

$$V^{\rm OT}(x,\omega t) = \frac{1}{2}m\omega_{\rm osc}^2(x-x_0\cos\omega t)^2, \qquad (4)$$

^{*}Electronic address: ridinger@ens.fr

[†]Electronic address: weiss@theorie.physik.uni-oldenburg.de

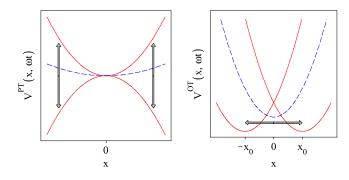


FIG. 1: (Color online) Model-potentials for the Paul-trap (3) (left) and for spatially oscillating optical tweezers (4) (right). Solid (red) curves: time-dependent potential, dashed (blue) curves: time-independent effective potential.

(shown in Fig. 1) for which $V_0^{\text{PT}}(x) \equiv \overline{V^{\text{PT}}(x,\omega t)} = 0$ (the overbar denotes the time-average over one period) and $V_0^{\text{OT}}(x) \equiv \overline{V^{\text{OT}}(x,\omega t)} = m\omega_{\text{osc}}^2(x^2 - x_0^2/2)/2$. These potentials are model-potentials for the Paul-trap (3) and for rapidly scanning optical tweezers (4), respectively. If the potential's driving frequency ω is sufficiently large, the particle's motion is separable into two parts that evolve on the different time scales t and $\tau \equiv \omega t$ [17, 18, 19]. Floquet's theorem suggests that therefore the solutions of Eq. (1) approximately have the functional form [17, 18, 19]

$$\psi(x,\tau,t) \approx e^{-iF(x,\tau)}\phi(x,t),\tag{5}$$

where F is a time-periodic function [21] with the same period as V, and ϕ is a slowly varying function of time, which is the solution of a Schrödinger equation with a time-*independent* Hamiltonian and which describes the particle's mean-motion. The Schrödinger equation for ϕ is obtained by substituting Eq. (5) into Eq. (1), choosing

$$F(x,\tau) \equiv \frac{1}{\hbar\omega} \left(\int_0^\tau V_1(x,\tau') d\tau' - \overline{\int_0^\tau V_1(x,\tau') d\tau'} \right), \quad (6)$$

(which implies $\overline{F(x,\tau)} = 0$) and averaging the resulting equation in time over one period of V. This results in

$$i\hbar \frac{\partial}{\partial t}\phi(x,t) = \hat{H}_{\text{eff}}(x)\phi(x,t),$$
(7)

with the time-independent effective Hamiltonian

$$\hat{H}_{\text{eff}}(x) = -\frac{\hbar^2}{2m} \frac{\partial^2}{\partial x^2} + V_0(x) + \frac{\hbar^2}{2m} \overline{F'(x,\tau)^2} \qquad (8)$$

(primes denote derivatives with respect to x). The last two terms of Eq. (8) represent a time-independent effective potential $V_{\rm eff}(x) \equiv V_0(x) + \frac{\hbar^2}{2m}\overline{F'(x,\tau)^2}$. For the above examples one has $V_{\rm eff}^{\rm PT}(x) = m\Omega^2 x^2/2$, with $\Omega \equiv \omega_{\rm osc}^2/(\omega\sqrt{2})$, and $V_{\rm eff}^{\rm OT}(x) = m\omega_{\rm osc}^2 x^2/2 + c$, with a constant c (see Fig. 1). The solution of Eq. (7) is

$$\phi(x,t) = e^{-iH_{\rm eff}(x)t/\hbar} e^{iF(x,0)} \psi(x,0), \tag{9}$$

where $\psi(x,0)$ is the particle's state at t = 0. ϕ approximately describes the particle's mean-motion, since it is $\langle x \rangle \equiv \langle \psi | \hat{x} | \psi \rangle \approx \langle \phi | \hat{x} | \phi \rangle$ and $\langle p \rangle \equiv \langle \psi | \hat{p} | \psi \rangle \approx \langle \phi | \hat{p} | \phi \rangle$. The difference between ϕ and ψ is approximately given by the oscillating phase factor e^{-iF} (Eq. (5)), which has a small amplitude as F scales with ω^{-1} (Eq. (6)), and thus describes a micromotion [1, 2], since it is $\langle \psi | \hat{x} | \psi \rangle - \langle \phi | \hat{x} | \phi \rangle \approx 0$ and $\langle \psi | \hat{p} | \psi \rangle - \langle \phi | \hat{p} | \phi \rangle \approx -\hbar \langle \phi | F' | \phi \rangle$. In the following we consider the limit $\omega \to \infty$, where the approximations become exact. We consider the case of a trapped particle, which can be expressed in terms of eigenstates of the effective Hamiltonian (the stationary mean-motion states), i.e., for the above examples (Eqs. (3) and (4)), of the harmonic oscillator.

III. EFFECTS OF PHASE HOPS: COLLISIONS WITH IMAGINARY PARTICLES

Suppose now that, at a time $t_{\rm ph}$, the phase of the potential $V(x,\tau)$ is instantaneously changed from $\tau_{\rm ph} \equiv$ $\omega t_{\rm ph}$ to $\tau_{\rm ph} + \Delta \varphi$. Then, for $t > t_{\rm ph}$ the particle is moving in the ROP $V_{\text{new}}(x,\tau) \equiv V(x,\tau + \Delta \varphi)$ and its mean-motion wave function ϕ_{new} is governed by Eq. (7) with an effective Hamiltonian $\hat{H}_{\text{eff}}^{\text{new}}$. As the effective Hamiltonian of a ROP consists only of period-averaged terms (Eq. (8)), it is independent of the phase of the ROP, implying $\hat{H}_{\text{eff}}^{\text{new}} = \hat{H}_{\text{eff}}$. Thus the equation of motion for the particle's mean-motion wave function remains unchanged. However, the mean-motion wave function itself changes due to the natural continuity of the particle's real wave function at $t = t_{ph}$: For $t \neq t_{ph}$ the latter is a product of a phase factor and the mean-motion wave function (Eq. (5)). As the phase factor (e^{-iF}) depends on the phase of V through F (Eq. (6)), it changes instantaneously and thus involves a corresponding change of the mean-motion wave function. In the first instance one might, however, naively expect that this change is negligible since for large ω the change of the phase factor is very small (F scales with ω^{-1}). But, as we show in the following, the change of the particle's mean-motion can be indeed significant and even for arbitrarily large ω .

To demonstrate this, we calculate ϕ_{new} and derive the resulting changes of the mean-motion observables. The condition of continuity for the particle's real wave function yields

$$\phi_{\text{new}}(x, t_{\text{ph}}) = e^{i\Delta F(x, \tau_{\text{ph}})}\phi(x, t_{\text{ph}})$$
(10)

(the notation $\lim_{t\to t_{\rm ph}, t < t_{\rm ph}} \phi(x,t) \equiv \phi(x,t_{\rm ph})$ and $\lim_{t\to t_{\rm ph}, t > t_{\rm ph}} \phi_{\rm new}(x,t) \equiv \phi_{\rm new}(x,t_{\rm ph})$ is used), where $\Delta F(x,\tau_{\rm ph}) \equiv F(x,\tau_{\rm ph} + \Delta \varphi) - F(x,\tau_{\rm ph}) = \frac{1}{\hbar\omega} \int_0^{\tau_{\rm ph}} [V_1(x,\tau+\Delta\varphi) - V_1(x,\tau)] d\tau$. Applying Eq. (7) leads to

$$\phi_{\rm new}(x,t) = e^{-i(t-t_{\rm ph})\hat{H}_{\rm eff}(x)/\hbar} e^{i\Delta F(x,\tau_{\rm ph})} \phi(x,t_{\rm ph}).$$
(11)

Combined with Eq. (9), Eq. (11) allows to completely describe the phase hop, as the particle's mean-motion wave function is known for all times.

The effect of the phase hop on ϕ involves an instantaneous change of some mean-motion observables, which, for a given mean-motion observable \hat{O} , is given by $\Delta \langle \overline{O} \rangle = \langle \phi_{\text{new}}(x, t_{\text{ph}}) | \hat{O} | \phi_{\text{new}}(x, t_{\text{ph}}) \rangle - \langle \phi(x, t_{\text{ph}}) | \hat{O} | \phi(x, t_{\text{ph}}) \rangle$. Using Eqs. (9) and (10) we find

$$\Delta \overline{\langle x \rangle} = 0, \tag{12}$$

$$\Delta \overline{\langle p \rangle} = \hbar \int_{-\infty}^{\infty} |\phi(x, t_{\rm ph})|^2 \Delta F'(x, \tau_{\rm ph}) \, dx. \quad (13)$$

Inspection of the right hand side (rhs) of Eq. (13) shows that $\Delta \overline{\langle p \rangle}$ equals the change of momentum of the particle's micromotion, which is taking place at the same time, demonstrating that the phase hop causes a momentum transfer between the micromotion and the meanmotion. The fact that the phase hop can change the particle's mean-momentum instantaneously, but not its mean-position, shows that its effect on the particle's mean-motion can be visualized as being the result of a collision with an imaginary particle [22]. The particle's mean-energy, which is conserved before and after the phase hop, changes by

$$\Delta \overline{\langle E \rangle} = \frac{\hbar^2}{2m} i \int_{-\infty}^{\infty} \phi'(x, t_{\rm ph})^* \phi(x, t_{\rm ph}) \Delta F'(x, \tau_{\rm ph}) dx$$
$$-\frac{\hbar^2}{2m} i \int_{-\infty}^{\infty} \phi(x, t_{\rm ph})^* \phi'(x, t_{\rm ph}) \Delta F'(x, \tau_{\rm ph}) dx$$
$$+\frac{\hbar^2}{2m} \int_{-\infty}^{\infty} |\phi(x, t_{\rm ph})|^2 (\Delta F'(x, \tau_{\rm ph}))^2 dx \quad (14)$$

(the notation $\lim_{t\to t_{\rm ph}, t < t_{\rm ph}} \phi'(x,t) \equiv \phi'(x,t_{\rm ph})$ is used). Inspection of the rhs of Eq. (14) shows that $\Delta \overline{\langle E \rangle}$ is always non-negative if the particle is in a stationary meanmotion state ϕ_n (i.e., its mean-motion is in an eigenstate ϕ_n of $\hat{H}_{\rm eff}$):

$$\Delta \overline{\langle E_n \rangle} \ge 0 , \qquad (15)$$

since it is $\phi_n^{\prime*}\phi_n = \phi_n^*\phi_n^{\prime}$ [23]. Using the picture of the imaginary collision, Eq. (15) also directly follows from the fact that stationary mean-motion states have $\overline{\langle p \rangle} = 0$. For the Paul trap potential (3) the fact that the energy change $\Delta \overline{\langle E_n \rangle}$ can be non-zero (and even be very large as shown in Sec. IV) marks a difference to the classical regime, since for a classical particle whose mean-motion is at rest, $\Delta \overline{E}_{class.}$ is always zero [20]. This difference is a direct consequence of Heisenberg's uncertainty principle which implies that in the quantum regime the particle's mean-position is spread around zero, leading — contrarily to the classical regime — to a non-vanishing micromotion (since $e^{-iF} \neq 1$ for $x \neq 0$), thus giving rise to an effect of the phase hop. If the quantum particle is not in a stationary mean-motion state its mean-energy can due to Eq. (14) be both increased and decreased:

$$\Delta \overline{\langle E \rangle} \stackrel{\geq}{\equiv} 0 \tag{16}$$

(see also the appendix).

IV. PHASE HOPS CAN HAVE SIGNIFICANT IMPACT

In order to demonstrate that the phase hop can have a strong effect we compare $\Delta \langle E \rangle$ to the particle's initial mean-energy $\overline{\langle E \rangle}$. Experimentally relevant are particles that are in stationary mean-motion states ϕ_n with meanenergy E_n . For the Paul-trap (3) we find

$$\Delta \overline{\langle E_n^{\rm PT} \rangle} = [\sin(\tau_{\rm ph} + \Delta \varphi) - \sin(\tau_{\rm ph})]^2 E_n^{\rm PT}, \qquad (17)$$

where $E_n^{\rm PT} = \hbar \Omega (n + 1/2)$. Thus, the relative change $\Delta \overline{\langle E_n^{\rm PT} \rangle} / E_n^{\rm PT}$ is independent of n and of ω , and it can take values between 0 and 4. This demonstrates that in the Paul-trap a phase hop can have a strong effect on the particle's mean-motion, even for arbitrarily large ω . For the rapidly scanning optical tweezers (4) we find

$$\Delta \overline{\langle E_n^{\text{OT}} \rangle} = \frac{\omega_{\text{ref}}^2}{\omega^2} \left[\sin(\tau_{\text{ph}} + \Delta \varphi) - \sin(\tau_{\text{ph}}) \right]^2 E_0^{\text{OT}}, \quad (18)$$

with $E_n^{\text{OT}} = \hbar \omega_{\text{osc}}(n+1/2)$ and the reference frequency $\omega_{\text{ref}} \equiv \sqrt{m \omega_{\text{osc}}^3 x_0^2 / \hbar}$. Here, the relative change $\Delta \overline{\langle E_n^{\text{OT}} \rangle} / E_n^{\text{OT}}$ can take values between 0 and $[4/(2n+1)] \omega_{\text{ref}}^2 / \omega^2$ and thus becomes negligible for $\omega \to \infty$. However, as an inspection of ω_{ref} shows, $\Delta \overline{\langle E_n^{\text{OT}} \rangle} / E_n^{\text{OT}}$ can still be large even if ω is as large as required by the validity condition of the underlying effective theory (i.e. for $\omega \gg \omega_{\text{osc}}$, cf. Sec. II).

To generalize the above findings, consider first an arbitrary ROP with a vanishing time-average. The mean potential energy of a particle in a stationary meanmotion state ϕ_n then is $E_n^{\text{pot}} = \langle \phi_n | V_{\text{eff}} | \phi_n \rangle$ with $V_{\text{eff}}(x) = \frac{\hbar^2}{2m} \overline{F'(x,\tau)^2}$ and the following relation holds:

$$E_n^{\text{pot}} < \max_{\tau_{\text{ph}}} \left[\langle \phi_n(x) | \frac{\hbar^2}{2m} F'(x, \tau_{\text{ph}})^2 | \phi_n(x) \rangle \right] < \max_{\tau_{\text{ph}}, \Delta \varphi} \left[\langle \phi_n(x) | \frac{\hbar^2}{2m} (\Delta F'(x, \tau_{\text{ph}}))^2 | \phi_n(x) \rangle \right] = \max_{\tau_{\text{ph}}, \Delta \varphi} \left[\Delta \overline{\langle E_n \rangle} \right].$$
(19)

Therefore a time $\tau_{\rm ph}$ exists (within each period of V) for which a phase hop of a size $\Delta \varphi$ (with $0 \leq \Delta \varphi < 2\pi$) induces a change $\Delta \langle E_n \rangle$ of the particle's mean-energy E_n which is greater than its mean potential energy E_n^{pot} . Since E_n^{pot} is in general a significant fraction of E_n , Eq. (19) shows that the phase hop can *always* be induced such that $\Delta \overline{\langle E_n \rangle}$ is large with respect to E_n , even for arbitrarily large ω . An intuitive explanation of the very fact that in ROPs with a vanishing time-average a phase hop can always significantly change the particle's meanenergy (when it is induced in a correct moment), can be given as follows: For ROPs with a vanishing time-average the particle's mean potential energy equals the average kinetic energy that is stored in the particle's micromotion (since $\langle \phi | V_{\text{eff}} | \phi \rangle = (\langle \psi | \hat{p}^2 | \psi \rangle - \langle \phi | \hat{p}^2 | \phi \rangle)/(2m))$. A phase hop causes a momentum transfer between the particle's

micromotion and mean-motion, whose maximum value is given by the peak-to-peak amplitude of the (oscillating) momentum of the micromotion (Eq. (13)). Since the momentum of the particle's micromotion is oscillating around *zero*, this momentum transfer can, due to the equivalence of the micromotion's average kinetic energy and the mean potential energy, lead to a change of the particle's mean-energy which is comparable to its mean potential energy and which thus is significant.

In ROPs with a non-vanishing time-average a phase hop can only then lead to a significant change of the particle's mean-energy if ω is not too large, since for such ROPs the fraction of the particle's mean potential energy which equals the average kinetic energy stored in the particle's micromotion scales with ω^{-2} . This is expressed by Eq. (14), which yields that for stationary mean-motion states $\Delta \langle \overline{E_n} \rangle$ scales with ω^{-2} (cf. Eq. (18)).

We have seen that the phase hop can affect the particle's mean-motion wave function and observables. The phase hop thus can induce transitions between stationary mean-motion states, $\phi_n \rightarrow \phi_m$, whose probabilities are given by $p_{n,m} \equiv |\langle \phi_{(n)}^{\text{new}}(x, t_{\text{ph}}) | \phi_m(x) \rangle|^2$ (implying $p_{n,m} = p_{m,n}$), where $\phi_{(n)}^{\text{new}}$ denotes the particle's meanmotion state after the phase hop. For the potentials (3) and (4), the $p_{n,m}$ can be calculated analytically. In particular, the $p_{0,m}$ are of experimental relevance as the mean-motion ground state ϕ_0 can be prepared with a high precision and can be easily probed. For the Paultrap (3) we find

$$p_{0,m}^{\rm PT} = \left(\frac{m!}{2^{\frac{3m}{2}} \left(\frac{m}{2}\right)! \left(\frac{m}{2}\right)!}\right) \frac{\delta^m}{\left(1 + \frac{\delta^2}{2}\right)^{\frac{m+1}{2}}}, \text{ for } m = \text{even},$$
$$p_{0,m}^{\rm PT} = 0, \text{ for } m = \text{odd}, \tag{20}$$

with $\delta = \sin(\tau_{\rm ph} + \Delta \varphi) - \sin(\tau_{\rm ph})$. In typical single ion experiments, the $p_{0,m}$ could be directly measured using resolved Raman sideband spectroscopy [1, 2]. Figure 2 shows that the probability for a particle to remain in the mean-motion ground state can be as small as 58%, demonstrating the significance of the effect of the phase hop. For the rapidly scanning optical tweezers (4) we find

$$p_{0,m}^{\text{OT}} = \frac{1}{2^m m!} \left(\frac{\omega_{\text{ref}}}{\omega} \delta\right)^{2m} e^{-\frac{1}{2} \left(\frac{\omega_{\text{ref}}}{\omega} \delta\right)^2}.$$
 (21)

As $p_{0,0}^{\text{OT}} \rightarrow 1$ for $\omega \rightarrow \infty$, the effect of the phase hop becomes negligible for too large ω . However, Fig. 2 shows that for $\omega = \omega_{\text{ref}}$ the effect of the phase hop is still significant. For weakly interacting bosonic quantum gases, $p_{0,0}^{\text{OT}}$ could be determined by measuring the number of atoms that remain in a Bose-Einstein condensate [13], provided that the measurement is performed immediately after the phase hop before a rethermalisation takes place. For an atomic gas of degenerate fermions, phase hops (cf. Eq. (18)) could offer a tool to more quickly increase the energy and thus, after thermalization, the temperature in a controlled way [24] without having to change or to

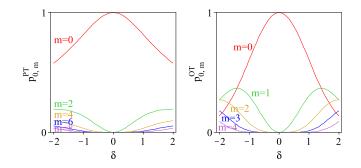


FIG. 2: (Color online) The experimentally measurable [1, 2] probabilities for the transitions between the mean-motion ground state ϕ_0 and the mean-motion states ϕ_m induced by a phase hop for a particle in the Paul-trap (20) (left) and the rapidly scanning optical tweezers (21) (right, with $\omega = \omega_{ref}$) as a function of the parameter $\delta = \sin(\tau_{ph} + \Delta \varphi) - \sin(\tau_{ph})$.

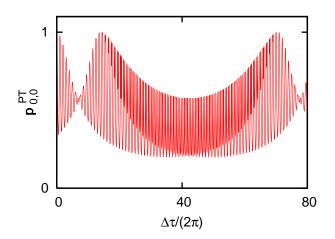


FIG. 3: (Color online) The experimentally measurable [1, 2] probability for a particle in the Paul-trap (3) to return to the mean-motion ground state ϕ_0 when two phase hops of size $\Delta \varphi = \pi$ are successively induced (at times $\tau_{\rm ph}^{(1)} = \pi/2$ and $\tau_{\rm ph}^{(2)} = \tau_{\rm ph}^{(1)} + \Delta \tau$) as a function of $\Delta \tau$. Although one might naively expect those two phase-hops cancel each other, the second phase hop can, in fact, further reduce the probability to return to the ground state. Even parameters for which $p_{\rm 0,T}^{\rm PT} = 1$ are interesting experimentally: they can be used to verify if the system indeed is described by dissipation-less quantum mechanics.

switch off-and-back-on the trapping potential and to inbetween await an expansion of the gas [25].

The manipulation by phase hops can be made more effective by inducing several phase hops successively. Figure 3 shows the transition probability $p_{0,0}^{\text{PT}}$ for two successively induced phase hops of size $\Delta \varphi = \pi$ as a function of their time delay. Although the effects of the two phase hops on the particle's (2π -periodic) Hamiltonian (2) cancel each other, their effects on the particle's mean-motion do not necessarily cancel and can even be more significant as in the case of a single phase hop.

To countercheck our theoretical predictions, we per-

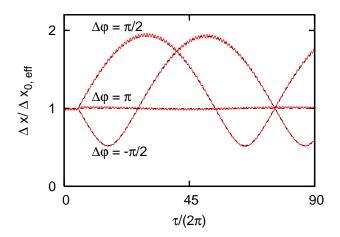


FIG. 4: (Color online) Time-evolution of the rms-deviation Δx for a particle in the Paul-trap (3) which initially is in the mean-motion ground state, affected by a phase hop of different sizes $\Delta \varphi$ (normalized to the theoretically predicted initial mean-motion value $\Delta x_{0,\text{eff}} = \sqrt{\hbar/(2m\Omega)}$). Solid (red) curves: results of numerical simulations, dashed (black) curves: theoretical mean-motion prediction. Driving frequency: $\omega \approx 70 \Omega$.

formed numerical simulations for a particle in the Paultrap potential (3) by integrating the full time-dependent Schrödinger equation (1). Figure 4 shows the timeevolution of the experimentally measurable root-meansquare (rms)-deviation $\Delta x \equiv \sqrt{\langle \psi | \hat{x}^2 | \psi \rangle - \langle \psi | \hat{x} | \psi \rangle^2}$ of the particle's position when influenced by a phase hop. The initial state was chosen to be $\psi(x,0) =$ $e^{-iF^{\rm PT}(x,0)}\phi_0^{\rm PT}(x)$, which determines the particle to be in the mean-motion ground state $\phi_0^{\rm PT}$. Figure 4 shows very good agreement between numerics and the theoretical mean-motion predictions derived via computeralgebra from Eqs. (9) and (11) (the small oscillations of the solid (red) curves around their own mean represent higher orders of the particle's micromotion [21], which had been disregarded in the derivation of the theoretical mean-motion predictions (depicted as dashed (black) curves) and which disappear for larger ω). The driving frequency used in the simulation is $\omega \approx 70 \Omega$, and thus the numerics demonstrate that the theoretical predictions for the limit $\omega \to \infty$ even hold for such small ω . For larger ω the agreement between both approaches would even be better. Further, the numerics allowed to obtain a practical definition for "instantaneous": in experiments the phase-hop must happen on time-scales smaller than the period of V [26].

The results presented in this article must be consistent with the classical results of Ref. [20]. To countercheck this we calculated $\Delta \overline{\langle E \rangle}$ for the case that the mean-motion of a quantum particle in the Paul-trap potential is in a *coherent* state [1, 2], and showed that its classical limit equals the corresponding classical result (see appendix).

V. CONCLUSION

In this article we have presented a quantum mechanical treatment of the effect of phase hops in ROPs on a single trapped particle. We have computed the particle's mean-motion wave function for all times and the resulting consequences on its mean-motion observables. We have calculated the transition probabilities between stationary mean-motion states and we have shown that the particle's mean-energy can in general be both increased and decreased, except if it is in a stationary mean-motion state, then the mean-energy can only be increased. In particular we have shown that the effect of a phase hop can be very strong.

Both for classical and for quantum particles, the induction of phase hops provides a powerful tool for particle manipulation. Besides its strong effect it has the following further appealing properties: firstly, its experimental implementation would be very simple and would not even require a change of an existing setup. Secondly, its application would be a controlled operation since a phase hop does not have an influence on the effective trapping potential, because that is independent of the phase of the ROP. Finally, it could be applied to any kind of trappable particles, because its mechanism is simply based on changes of the ROP and does thus not rely on particular internal properties of the particles as do laser-based manipulation methods.

In this article we have restricted our considerations to a single particle. Our main goal was to obtain analytical results, as these directly apply to a widely used and studied experimental system, the single ion in a Paul-trap [1, 2]. Due to the experimentally achievable pureness of this system, it can be used to precisely investigate phase hops and their possible applications experimentally. One of such possible applications could be to decelerate a single ion, which we here showed to be possible also in the quantum regime.

For future research, it will be interesting to study the effect of phase hops on ensembles of (interacting) particles. The extension of single particle effects in time-periodic systems [27, 28] to multi-particle systems is an active field of theoretical and experimental physics [29, 30]. An experimental investigation of the schemes proposed in this manuscript could be performed with cold ion clouds stored in a Paul-trap [2] or ultracold neutral atoms stored in a TOP-trap [8, 9] or in rapidly scanning optical tweezers [12, 13]. In the field of degenerate Fermi gases, phase hops could offer a convenient way to realize controlled heating [24].

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APPENDIX: EFFECT OF A PHASE HOP ON COHERENT MEAN-MOTION STATES

Let the mean-motion of a quantum particle in the Paultrap potential (3) be in a *coherent* state. This is a quantum state which describes a wave packet that follows the motion of a classical particle in a harmonic oscillator potential while retaining its shape (thus also referred to as *quasiclassical* state). As the effective potential of the Paul-trap is harmonic, the particle's mean-motion possesses coherent states which are given by [1, 2]

$$\phi_{\rm CS}(x) = \left(\frac{m\Omega}{\pi\hbar}\right)^{\frac{1}{4}} e^{\frac{i}{\hbar}\overline{\langle p \rangle}x} e^{-\frac{m\Omega}{2\hbar}(x-\overline{\langle x \rangle})^2}, \qquad (22)$$

where Eq. (22) describes a quantum particle with meanposition $\overline{\langle x \rangle}$, mean-momentum $\overline{\langle p \rangle}$ and mean-energy

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$$\Delta \overline{\langle E_{\rm CS} \rangle} = \sqrt{2} \,\Omega \overline{\langle x \rangle} \,\overline{\langle p \rangle} \delta + m \Omega^2 \langle \phi_{\rm CS} | \hat{x}^2 | \phi_{\rm CS} \rangle \delta^2, \quad (23)$$

where $\delta = \sin(\tau_{\rm ph} + \Delta \varphi) - \sin(\tau_{\rm ph})$. A classical particle with mean-position \overline{x} , mean-momentum \overline{p} and meanenergy $\overline{E}_{\rm class.} = \overline{p}^2/(2m) + V_{\rm eff}^{\rm PT}(\overline{x})$ would, in the case of the phase hop, change its mean-energy by $\Delta \overline{E}_{\rm class.} = \sqrt{2} \Omega \overline{x} \, \overline{p} \, \delta + m \Omega^2 \overline{x}^2 \delta^2$ [20], which is the classical limit of Eq. (23) (since it is $\lim_{\hbar \to 0} \langle x \rangle = \overline{x}$, $\lim_{\hbar \to 0} \langle \phi_{\rm CS} | \hat{x} | \phi_{\rm CS} \rangle^2 = \overline{p}$, $\lim_{\hbar \to 0} \langle \phi_{\rm CS} | \hat{x}^2 | \phi_{\rm CS} \rangle = \lim_{\hbar \to 0} \langle \phi_{\rm CS} | \hat{x} | \phi_{\rm CS} \rangle^2 = \overline{x}^2$ and $\lim_{\hbar \to 0} \langle \phi_{\rm CS} | \hat{p}^2 | \phi_{\rm CS} \rangle = \lim_{\hbar \to 0} \langle \phi_{\rm CS} | \hat{p} | \phi_{\rm CS} \rangle^2 = \overline{p}^2$). This demonstrates that the quantum mechanical results presented in this article are consistent with the classical results of Ref. [20]. In particular it shows that in the quantum regime as well as in the classical regime the particle's mean-energy can in general be both increased and decreased by inducing a phase hop (cf. Eq. (16)).

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- [23] A stationary mean-motion state obeys the relation $\phi'_n(x, t_{\rm ph})^* \phi_n(x, t_{\rm ph}) = \phi_n(x, t_{\rm ph})^* \phi'_n(x, t_{\rm ph})$, because as an eigenstate of a time-independent Hamiltonian it can be written in the form $\phi_n(x, t) = \xi_n(x) \exp(-iE_n t/\hbar)$. Thus, one has $\phi'_n(x, t) = \xi'_n(x) \exp(-iE_n t/\hbar)$ and thus $\phi'_n(x, t_{\rm ph})^* \phi_n(x, t_{\rm ph}) = \xi'_n(x)\xi_n(x) = \phi_n(x, t_{\rm ph})^* \phi'_n(x, t_{\rm ph})$.
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