

Secondary metabolites from *Nepeta heliotropifolia*

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Two iridoid glycosides, ixoroside (**1**) and nepetanudoside B (**2**); 1 phenylpropanoid glycoside, coniferine (**3**); 2 flavone glycosides, apigenin 7-*O*-glucuronide (**4**) and apigenin 7-*O*-glucopyranoside (**5**); 2 triterpenes, oleanolic acid (**6**) and ursolic acid (**7**); and 1 sterol, β -sitosterol (**8**), were isolated from the aerial parts of *Nepeta heliotropifolia* Lam. (Lamiaceae). Their structures were identified by means of spectroscopic methods (1D- and 2D-NMR, UV, and EIMS).

Key Words: Lamiaceae, *Nepeta heliotropifolia*, iridoid glycosides, flavone glycosides, triterpenoids.

Introduction

The genus *Nepeta* (Lamiaceae) is represented by 33 species in the *Flora of Turkey*,¹ 17 of which are endemic. *Nepeta* species are commonly used in Turkish folk medicine as stomachics and stimulants.² Iridoids,^{3–7} phenylethanoid⁸ and phenylpropanoid^{4,9} glycosides, terpenoids,^{6,7,10–15} steroids,^{6,7,13} lactones,^{6,7,16,17} nepetalactams,¹⁸ nepetalactols,¹⁹ flavonoids,^{20,21} phenolic acids,^{4,7} and essential oils¹⁴ were previously reported from *Nepeta* species. In the present study, we report the isolation and structure elucidation of 2 iridoid glycosides, ixoroside (**1**) and nepetanudoside B (**2**); 1 phenylpropanoid glycoside, coniferine (**3**); 2 flavone glycosides, apigenin 7-*O*-glucuronide (**4**) and apigenin 7-*O*-glucopyranoside (**5**); 2 triterpenes, oleanolic acid (**6**) and ursolic acid (**7**); and 1 sterol, β -sitosterol (**8**) and urso-

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lic acid (**7**); and 1 sterol, β -sitosterol (**8**), isolated from the aerial parts of *Nepeta heliotropifolia*. The structures of the compounds were elucidated by spectroscopic methods (1D- and 2D-NMR, UV, and EIMS).

Experimental

General experimental procedures: The UV (MeOH) spectra were recorded on an Agilent 8453 spectrophotometer. ^1H - and ^{13}C -NMR spectra were recorded on a Varian Mercury plus 400 MHz for proton and 100 MHz for carbon by using TMS as internal standard. The solvents were CDCl_3 , CD_3OD , and DMSO-d_6 . EIMS was performed on a Finnigan MAT 95 spectrometer. Silica gel 60 (0.063-0.200 mm, Merck) and Sephadex LH-20 (Fluka) were used for open column chromatographic separations. Lichroprep RP-18 (25-40 μm , Merck) reversed phase material was used for vacuum liquid chromatography (VLC). TLC analyses were carried out on pre-coated Kieselgel 60 F₂₅₄ aluminum sheets (Merck). Compounds were detected by UV fluorescence and spraying 1% vanillin- H_2SO_4 reagent, followed by heating at 105 °C for 1-2 min.

Plant material: *Nepeta heliotropifolia* (Lamiaceae) was collected from the wetlands along the road from Ankara to Afyonkarahisar in May 2005. A voucher specimen has been deposited in the Herbarium of the Pharmacognosy Department, Faculty of Pharmacy, Hacettepe University, Ankara, Turkey (HUEF 05007).

Extraction and pre-purification: Open air-dried and powdered aerial parts of the plant (465 g) were extracted 3 times with MeOH at 40 °C (3×2.5 L). After filtration, the combined extracts were evaporated under vacuum to dryness (58 g). The residue was suspended in H_2O (150 mL) and the water soluble portion was partitioned between *n*-hexane (8×0.5 L), CHCl_3 (4×0.2 L), EtOAc (5×0.2 L), and *n*-BuOH (5×0.4 L). Organic phases were condensed to dryness in vacuo. The residues obtained were 14 g, 11 g, 3 g, and 11 g, respectively.

Isolation of the compounds: *n*-Butanol extract (11 g) was chromatographed on a silica gel column eluting with CHCl_3 -MeOH mixtures (90:10 → 20:80) to yield 2 main fractions (Fr. A-B, Fr. A: 1 g, Fr. B: 5 g). Fr. A was subjected to VLC using reversed-phase material, and MeOH- H_2O mixtures (0%-50%) as solvent to give Fr. A₁ and Fr. A₂. Fr. A₁ was subjected to a silica gel column eluting with EtOAc-MeOH- H_2O mixtures (100:17:13) to yield Fr. A_{1.1} (29 mg) and Fr. A_{1.2} (34 mg). Fr. A_{1.1} gave pure compound **1** (29 mg). Purification of Fr. A_{1.2} by Sephadex LH-20 CC using MeOH yielded compound **3** (18 mg). Fr. A₂ was found to be compound **2** (109 mg) in pure form. Fr. B was subjected to VLC using reversed-phase material and MeOH- H_2O mixtures (0%-75%) as solvent to give Fr. B₁ and Fr. B₂. Purification of Fr. B₁ by Sephadex LH-20 CC using MeOH gave compound **4** (10 mg). The EtOAc extract (3 g) was subjected to VLC on reversed-phase material using MeOH- H_2O mixtures (0%-75%) to give Fr. C and Fr. D. Fr. C was eluted with MeOH from the Sephadex LH-20 column to give compound **5** (10 mg). The CHCl_3 extract (11 g) was fractioned over a silica gel column with *n*-hexane-EtOAc (90:10 → 40:60) mixtures to afford Fr. E and Fr. F. The former was subjected to a silica gel column eluting with *n*-hexane-EtOAc (70:30 → 50:50) mixtures to yield Fr. E₁ (167 mg) and Fr. E₂. Purification of Fr. E₁ by Sephadex LH-20 CC using CHCl_3 -MeOH (1:1) gave a mixture of compounds **6** and **7** (60 mg). The *n*-hexane extract (14 g) was applied to repeated silica gel columns with *n*-hexane-EtOAc (90:10 → 50:50) mixtures to give compound **8**.

Results

Ixoroside (1): UV λ_{max} . (MeOH) nm: 249; IR ν_{max} . (KBr) cm^{-1} : 3400, 1730, 1640; EIMS m/z 197 [M-Glu]⁺ (calc. for C₁₆H₂₄O₉). ¹³C-NMR (100 MHz, DMSO-d₆) and ¹H-NMR (400 MHz, DMSO-d₆) data are given in Table 1.

Table 1. Spectroscopic data of compound **1** [¹³C-NMR (DMSO-d₆, 100 MHz) and ¹H-NMR (DMSO-d₆, 400 MHz)] and **2** [¹³C-NMR (CD₃OD, 100 MHz) and ¹H-NMR (CD₃OD, 400 MHz)].

C/H	1				2			
	DEPT	δ_C	δ_H	$J(\text{Hz})$	DEPT	δ_C	δ_H	$J(\text{Hz})$
Aglycone								
1	CH	99.6	5.38 d	2.9	CH	100.8	5.13 d	5.8
3	CH	162.6	7.40 s		CH	152.3	7.50 d	0.8
4	C	124.4			C	111.8		
5	CH	28.9	2.88 m		CH	34.5	3.03 dd	14.0/7.0
6	CH ₂	28.8	1.31 m 2.08 m		CH ₂	38.6	2.08 m 2.72 m	
7	CH ₂	40.9	1.43 m m 1.57 m		CH	126.8	5.48 bs	
8	C	78.3			C	139.0		
9	CH	51.1	2.22 m		CH	49.3	2.72 m	
10	CH ₃	25.0	1.15 s		CH ₃	15.1	1.84 s	
11	C	191.5	9.16 s		C	170.0		
Glucose								
1'	CH	103.2	4.45 d	8.1	CH	103.3	4.59d	7.8
2'	CH	74.3	2.90-3.35 m+		CH	74.1	3.24-3.40 m+	
3'	CH	77.3	2.90-3.35 m+		CH	77.2	3.24-3.40 m+	
4'	CH	70.3	2.90-3.35 m+		CH	70.0	3.24-3.40 m+	
5'	CH	78.0	2.90-3.35 m+		CH	77.0	3.24-3.40 m+	
6'	CH ₂	61.6	3.43 dd 3.63 dd	11.7/5.5 11.0/1.5	CH ₂	61.3	3.69 dd 3.84 dd	12.1/4.8 12.1/2.0

+: overlapped signals

Nepetanudoside B (2): UV λ_{max} . (MeOH) nm: 236; IR ν_{max} . (KBr) cm^{-1} : 3320, 1680, 1634; EIMS m/z 195 [M-Glu]⁺ (calc. for C₁₆H₂₂O₉). ¹³C-NMR (100 MHz, CD₃OD) and ¹H-NMR (400 MHz, CD₃OD) data are given in Table 1.

Coniferine (3): UV λ_{max} . (MeOH) nm: 257; EIMS m/z 179 [M-Glu]⁺ (calc. for C₁₆H₂₂O₈). ¹³C-NMR (100 MHz, CD₃OD) and ¹H-NMR (400 MHz, CD₃OD) data are given in Table 2.

Apigenin 7-O-glucuronide (4): EIMS m/z 269 [M-Glu]⁺ (calc. for C₂₁H₁₈O₁₁). ¹³C-NMR (100 MHz, DMSO-d₆) and ¹H-NMR (400 MHz, DMSO-d₆) data are given in Table 3.

Apigenin 7-O-glucopyranoside (5): EIMS m/z 269 [M-Glu]⁺ (calc. for C₂₁H₂₀O₁₀). ¹³C-NMR (100 MHz, DMSO-d₆) and ¹H-NMR (400 MHz, DMSO-d₆) data are given in Table 3.

Table 2. ¹³C-NMR (CD₃OD, 100 MHz) and ¹H-NMR (CD₃OD, 400 MHz) spectroscopic data of compound **3**.

C/H Aglycone	3			
	DEPT	δ_C	δ_H	J (Hz)
1	C	132.5		
2	CH	110.2	7.06 d	1.8
3	C	149.6		
4	C	146.4		
5	CH	116.7	7.10 d	8.4
6	CH	119.5	6.94 dd	8.4/1.8
7	CH	130.1	6.54 d	16.1
8	CH	127.7	6.27 dt	15.8/5.6
9	CH ₂	62.5	4.20 dd	5.6/1.3
3-OMe	CH ₃	55.5	3.86 s	
Glucose				
1'	CH	101.5	4.89 d	7.8
2'	CH	73.7	3.46 m	
3'	CH	77.0	3.37 m	
4'	CH	70.1	3.37 m	
5'	CH	76.6	3.46 m	
6'	CH ₂	61.3	3.86 m 3.69 dd	12.0/4.8

Oleanolic acid (6): EIMS m/z 456 [M]⁺ (calc. for C₃₀H₄₈O₃). ¹H-NMR (400 MHz, CDCl₃): δ_H 5.24 (1H, *t*, $J=3.6$ Hz, H-12), 3.21 (1H, *dd*, $J=10.2/4.4$ Hz, H-3), 2.82 (1H, *dd*, $J=12.7/4.3$ Hz, H-18), 0.96 (3H, *s*, Me-23), 0.78 (3H, *s*, Me-24), 0.84 (3H, *s*, Me-25), 0.76 (3H, *s*, Me-26), 1.25 (3H, *s*, Me-27), 0.87 (3H, *s*, Me-29), 0.93 (3H, *s*, Me-30). ¹³C-NMR (100 MHz, CDCl₃): δ_C 38.6 (C-1), 26.7 (C-2), 78.5 (C-3), 39.2 (C-4), 55.5 (C-5), 18.3 (C-6), 32.6 (C-7), 39.6 (C-8), 48.1 (C-9), 37.0 (C-10), 22.7 (C-11), 122.4 (C-12), 144.1 (C-13), 42.0 (C-14), 27.7 (C-15), 22.8 (C-16), 46.7 (C-17), 41.5 (C-18), 46.1 (C-19), 30.4 (C-20), 33.7 (C-21), 32.3 (C-22), 28.8 (C-23), 14.7 (C-24), 15.1 (C-25), 16.5 (C-26), 25.2 (C-27), 180.4 (C-28), 32.8 (C-29), 23.3 (C-30).

Ursolic acid (7): EIMS m/z 456 [M]⁺ (calc. for C₃₀H₄₈O₃). ¹H-NMR (400 MHz, CDCl₃): δ_H 5.28 (1H, *t*, $J=3.6$ Hz, H-12), 3.21 (1H, *dd*, $J=10.2/4.4$ Hz, H-3), 2.18 (1H, *d*, $J=11.7$ Hz, H-18), 1.19 (1H, *m*, H_a-22), 2.00 (1H, *dd*, $J=13.0/4.0$ Hz, H_b-22), 1.25 (3H, *s*, Me-23), 0.98 (3H, *s*, Me-24), 0.77 (3H, *s*, Me-25), 1.08 (3H, *s*, Me-26), 1.14 (3H, *s*, Me-27), 0.93 (3H, *d*, $J=6.5$ Hz, Me-29), 0.91 (3H, *d*, $J=5.9$ Hz, Me-30). ¹³C-NMR (100 MHz, CDCl₃): δ_C 39.2 (C-1), 27.5 (C-2), 78.5 (C-3), 38.7 (C-4), 55.5 (C-5), 18.3 (C-6), 33.1 (C-7), 39.6 (C-8), 47.8 (C-9), 36.9 (C-10), 16.6 (C-11), 125.7 (C-12), 138.4 (C-13), 41.7 (C-14), 29.5 (C-15), 24.1 (C-16), 47.7 (C-17), 53.1 (C-18), 39.2 (C-19), 39.2 (C-20), 30.5 (C-21), 36.9 (C-22), 28.0 (C-23), 15.2 (C-24), 14.8 (C-25), 16.4 (C-26), 23.1 (C-27), 180.4 (C-28), 22.9 (C-29), 22.8 (C-30).

Table 3. ^{13}C -NMR (DMSO-d₆, 100 MHz) and ^1H -NMR (DMSO-d₆, 400 MHz) spectroscopic data of compounds **4** and **5**.

C/H Aglycone	4				5			
	DEPT	δ_C	δ_H	$J(\text{Hz})$	DEPT	δ_C	δ_H	$J(\text{Hz})$
2	C	164.9			C	165.0		
3	CH	103.5	6.80 s		CH	103.6	6.84 s	
4	C	182.6			C	182.6		
5	C	162.4			C	162.5		
6	CH	100.2	6.42 d	1.8	CH	100.1	6.42 d	2.2
7	C	163.7			C	163.6		
8	CH	95.3	6.77 d	1.8	CH	95.5	6.81 d	2.2
9	C	157.6			C	157.6		
10	C	105.9			C	106.0		
1'	C	121.3			C	121.3		
2'	CH	129.4	7.87 d	8.8	CH	129.3	7.93 d	9.1
3'	CH	116.7	6.88 d	8.8	CH	116.7	6.90 d	8.8
4'	C	161.7			C	161.7		
5'	CH	116.7	6.88 d	8.8	CH	116.7	6.90 d	8.8
6'	CH	129.4	7.87 d	8.8	CH	129.3	7.93 d	9.1
Glucuronic acid					Glucose			
1"	CH	100.3	5.05 d	7.3	CH	100.5	5.05 d	7.3
2"	CH	73.6	3.13-3.40 m+		CH	73.7	3.14-3.39 m+	
3"	CH	77.2	3.13-3.40 m+		CH	77.8	3.14-3.39 m+	
4"	CH	72.6	3.13-3.40 m+		CH	70.2	3.14-3.39 m+	
5"	CH	74.4	3.61 d	10.3	CH	77.1	3.14-3.39 m+	
6"	C	172.6			CH ₂	61.2	3.55 dd 3.73 dd	11.9/6.2 11.6/1.8

+: overlapped signals

β -sitosterol (8): EIMS m/z 414 [M]⁺ (calc. for C₂₉H₅₀O). ^1H -NMR (400 MHz, CDCl₃): δ_H 3.52 (1H, *m*, H-3), 2.25 (2H, *m*, H-4), 5.35 (1H, *m*, H-6), 0.69 (3H, *s*, Me-18), 1.01 (3H, *s*, Me-19), 0.92 (3H, *d*, *J*=6.4 Hz, Me-21), 0.83 (3H, *d*, *J*=6.8 Hz, Me-26), 0.81 (3H, *d*, *J*=6.9 Hz, Me-27), 0.85 (3H, *t*, *J*=7.8 Hz, Me-29). ^{13}C -NMR (100 MHz, CDCl₃): δ_C 37.4 (C-1), 31.8 (C-2), 72.0 (C-3), 42.5 (C-4), 140.9 (C-5), 121.9 (C-6), 32.1 (C-7), 32.1 (C-8), 50.3 (C-9), 36.7 (C-10), 21.3 (C-11), 39.9 (C-12), 42.5 (C-13), 56.9 (C-14), 24.5 (C-15), 28.4 (C-16), 56.2 (C-17), 12.0 (C-18), 19.6 (C-19), 36.3 (C-20), 19.0 (C-21), 34.1 (C-22), 26.2 (C-23), 46.0 (C-24), 29.3 (C-25), 20.0 (C-26), 19.2 (C-27), 23.2 (C-28), 12.2 (C-29).

Discussion

The methanol extract of the aerial parts of *Nepeta heliotropifolia* was suspended in water and extracted with *n*-hexane, CHCl₃, EtOAc, and *n*-BuOH, consecutively. From these extracts 8 known compounds were

isolated by various chromatographic techniques: 2 iridoid glycosides, ixoroside (**1**) and nepetanudoside B (**2**); 1 phenylpropanoid glycoside, coniferine (**3**); 2 flavone glycosides, apigenin 7-*O*-glucuronide (**4**) and apigenin 7-*O*-glucopyranoside (**5**); 2 triterpenes, oleanolic acid (**6**) and ursolic acid (**7**); and 1 sterol, β -sitosterol (**8**) (Figures 1 and 2). The structures of the isolated compounds were elucidated by 1D- and 2D-NMR (HMBC, HMQC and NOESY), UV, and EIMS.

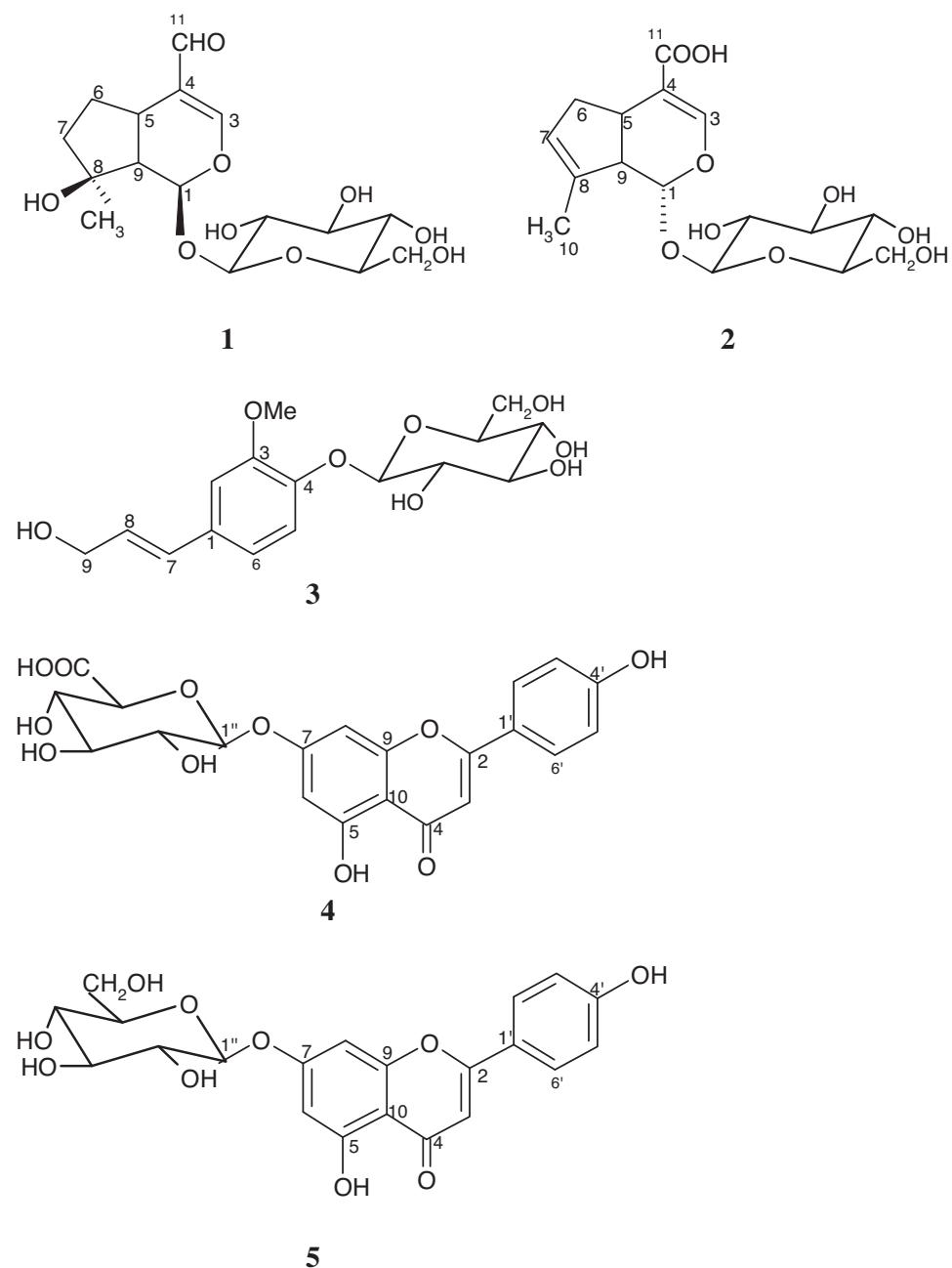
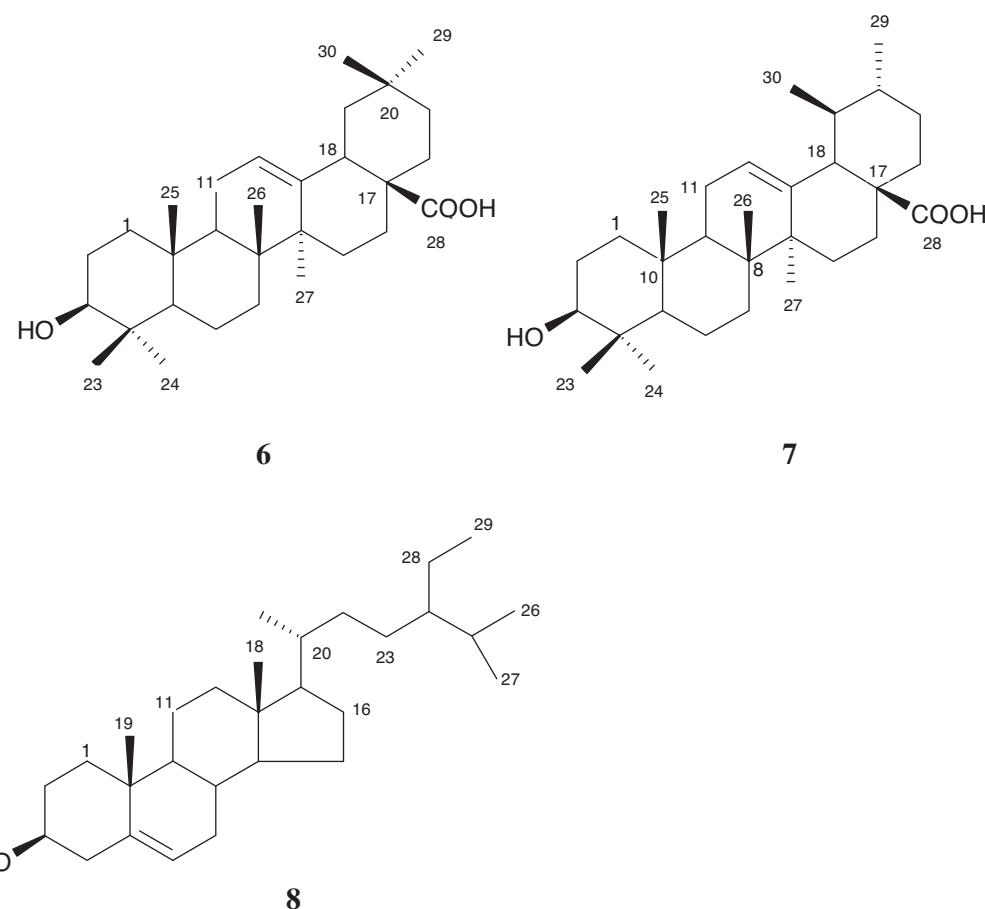


Figure 1. Isolated compounds (**1-5**) from *Nepeta heliotropifolia*.

**Figure 2.** Isolated compounds (**6-8**) from *Nepeta heliotropifolia*.

The UV and IR spectra of compounds **1** and **2** showed the presence of a conjugated enol-ether system. The $^1\text{H-NMR}$ spectrum of compound **1** contained signals due to an acetal proton (δ_H 5.38), an olefinic proton (δ_H 7.40), an α,β -unsaturated aldehyde proton (δ_H 9.16), 2 methines (δ_H 2.22, 2.88), 2 methylenes (δ_H 1.31 and 2.08; δ_H 1.43 and 1.57), and a tertiary methyl proton (δ_H 1.15). Additional signals in the region of δ_H 2.90 and 3.63 (6H) accompanied by an anomeric proton resonance at δ_H 4.45 (d, $J=8.1$ Hz) showed that compound **1** contained a β -glucopyranosyl unit. The $^{13}\text{C-NMR}$ spectrum of compound **1** displayed 16 signals, 6 of which could be attributed to a β -glucopyranosyl unit and 10 of which were ascribed to a cyclopentanpyran ring system. The connectivities of the molecular fragments were established by a hetero-nuclear multiple-bond correlation experiment (HMBC). On the other hand, the chemical shift values of C-8 and H₃-10 indicated the presence of a tertiary hydroxyl group at the C-8 position. Based on the spectral data, compound **1** was established as ixoroside.²²

The $^1\text{H-NMR}$ spectrum of compound **2** showed signals due to an acetal proton (δ_H 5.13), 2 olefinic protons (δ_H 7.50, 5.48), 2 methines (δ_H 2.72, 3.03), 1 methylene proton (δ_H 2.08 and 2.72), and 1 methyl proton (δ_H 1.84). In addition, the presence of signals at δ_H 3.24, 3.84 (6H) and δ_H 4.59 (d, $J=7.8$ Hz) were consistent with a β -glucopyranosyl unit. The $^{13}\text{C-NMR}$ spectrum of compound **2** was almost identical to that of **1** and exhibited characteristic signals for an iridoid structure with a 10-carbon skeleton and a β -glucopyranosyl

unit. According to its NMR data and a comparison with those given in the literature, the structure of **2** was established as nepetanudoside B.⁵

Compound **3** was obtained as an amorphous powder. The ¹H-NMR spectrum of compound **3** showed signals due to 3 aromatic protons (δ_H 6.94, 7.06, and 7.10), 2 olefinic protons (δ_H 6.27, 6.54), 1 methylene proton (δ_H 4.20), and 1 methoxyl proton (δ_H 3.86). In addition, the presence of signals at δ_H 3.37, 3.69 (6H) and δ_H 4.89 (d, $J=7.8$ Hz) were consistent with a β -glucopyranosyl unit. The ¹³C-NMR spectrum of compound **3** displayed 16 signals, 6 of which could be attributed to a β -glucopyranosyl unit and 1 to a methoxyl unit, while 9 were ascribed to a phenylpropanoid system. The connectivities of the molecular fragments were established by a hetero-nuclear multiple-bond correlation experiment (HMBC). According to its NMR data and a comparison with those given in the literature, the structure of **3** was established as coniferine.^{23,24}

Compounds **4** and **5** were obtained as a yellowish powder. Their structures were identified as apigenin 7-*O*-glucuronide^{25,26} and apigenin 7-*O*-glucopyranoside,²⁷ respectively, by comparing their ¹H- and ¹³C-NMR data with previously published data and by direct comparison with the authentic samples on a TLC plate.

Compounds **6**, **7**, and **8** were obtained as a white powder. Their structures were identified as oleanolic acid²⁸, ursolic acid,²⁹ and β -sitosterol,³⁰ respectively, by comparing their ¹H- and ¹³C-NMR data with previously published data.

To our knowledge, nepetanudoside B,⁵ apigenin 7-*O*-glucuronide,²¹ apigenin 7-*O*-glucopyranoside,²¹ oleanolic acid,^{6,7,11,15} ursolic acid,^{6,7,11,15} and β -sitosterol^{6,7,11} have been reported from different *Nepeta* species. This study is the first report on the isolation and structure elucidation of coniferin from *Nepeta* species and ixoroside from the family Lamiaceae.

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