Short Communication

1α ,25-dihydroxyvitamin D₃ Rapidly Modulates Ca²⁺ Influx in Osteoblasts Mediated by Ca²⁺ Channels

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Abstract

The biologically active form of vitamin D, 1α ,25-dihydroxy vitamin D₃ (VD), regulates the synthesis of the bone Ca-binding proteins osteocalcin and osteopontin. The actions of VD are mediated through the vitamin D receptor (VDR). Liganded VDR heterodimerizes with the retinoid X receptor and interacts with a vitamin D response element (VDRE). Recently, it has been demonstrated that vitamin D responses elicited in osteoblasts can be rapid as well as long-term. The purpose of this study was to elucidate the mechanism of Ca²⁺ signaling of VD in osteoblasts using intracellular Ca²⁺ ([Ca²⁺]_i) measurements. A rapid VD (10 nM)-induced increase in [Ca²⁺]_i was observed within 40 sec. This increase, however, was negated with application of Ca²⁺-free Krebs' solution. These results indicate that VD induces an increase in [Ca²⁺]_i from extracellular Ca²⁺ in osteoblasts.

Key words: Non-genomic action—1α,25-dihydroxyvitamin D₃—Osteoblasts

Introduction

Osteoblasts play a major role in bone formation. Osteoblasts employ intracellular Ca^{2+} ($[Ca^{2+}]_i$) as a second messenger modulating hormonal responses and also a cofactor for bone mineralization^{15,18}). When sufficient amounts of Ca^{2+} and phosphate are supplied, osteoblasts synthesize and secret a collagenous extracellular matrix in response to diverse extracellular stimuli such as hormones, growth factors, cytokines, biochemical signals and extracellular Ca^{2+} concentration^{8,16,33}).

 1α ,25-dihydroxyvitamin D₃ (VD), the active

form of vitamin D^{17} , is a major calcitropic hormone involved in Ca^{2+} homeostasis. One of its functions in bone is to regulate the synthesis of the bone Ca^{2+} -binding proteins osteocalcin and osteopontin. In addition, VD regulates cell proliferation and differentiation^{22,28)} via Ca^{2+} signals in osteoblasts.

Expression of these genes is modulated by VD through transcriptional regulation. The actions of VD are mediated through the vitamin D receptor (VDR). Liganded VDR heterodimerizes with the retinoid X receptor and interacts with a vitamin D response element (VDRE). Recently, it has been demonstrated that rapid responses are elicited in osteoblasts^{14,21}. The purpose of this study was to elucidate the mechanism of Ca^{2+} signaling of VD in osteoblasts using $[Ca^{2+}]_i$ measurements.

Materials and Methods

1. Cell culture

Murine osteoblastic MC3T3-E1 cells were cultured at 37°C in a 5% CO₂ atmosphere with α -modified minimal essential medium (α -MEM; Gibco BRL, Grand Island, NY, U.S.A.). Unless otherwise specified, the medium contained 10% heat-inactivated fetal bovine serum (FBS), 100 U/ml penicillin and 100 mg/ml streptomycin. Cell culture medium was changed every 2–3 days. For free [Ca²⁺]_i measurements, the cells were plated in 10 tissue culture dishes and grown until reaching confluence.

When the cells reached confluence, they were harvested using a 0.05% trypsin—0.02% EDTA solution for $[Ca^{2+}]_i$ measurements. Harvested cells were then plated at very low density in 35-mm tissue culture dishes and grown to 75% confluence. Prior to recordings, the cells were washed at least 3 times with electrophysiological external solution to remove the medium completely. Cell culture reagents and most other biochemical reagents were purchased from Sigma Chemical Co. (MO, U.S.A.) unless otherwise specified.

2. [Ca²⁺]_i measurements in osteoblasts

 $[Ca^{2+}]_i$ was measured in osteoblasts using fura-2 applied to microfluorescent digital video imaging¹⁰. The 75% confluent cells were loaded with 4µM fura-2/AM and 15% Pluronic F-127 (Molecular Probes, Eugene, OR) for 90 min at room temperature. $[Ca^{2+}]_i$ was measured in fura-2-loaded cells in Krebs' solution buffer containing (in mM) 136 NaCl, 5 KCl, 1.1 NaH₂PO₄·2H₂O, 11.9 NaHCO₃, 0.5 MgCl₂·6H₂O, 2.5 CaCl₂ and 10.9 glucose. Experiments performed in the absence of extracellular Ca²⁺ were performed in a buffer of a similar composition to that of the above, that is,



Fig. 1 Effect of VD on intracellular cytosolic Ca²⁺ concentrations ([Ca²⁺]_i) in osteoblast-like cells (MC3T3-E1)

Representative transient increase in $[Ca^{2+}]$, in response to fixed dose of VD (10 nM) in MC3T3-E1. *Ordinate:* ratio of fura-2 emission at 340- and 380-nm excitation. *Abscissa:* time of observation (seconds, sec). Addition of VD to MC3T3-E1 is indicated by bar (bar = 60 sec).

Ca²⁺-free Krebs' solution buffer containing (in mM) 138.5 NaCl, 5 KCl, 1.1 NaH₂PO₄·2H₂O, 11.9 NaHCO₃, 0.5 MgCl₂·6H₂O, and 10.9 glucose. Ratio images (340–380 nm excitation, 510 nm emission) were collected every $5 \sec^{10}$. The ratio analysis was then transformed into F/F0 values, which means that any fluorescence readings during stimulation (F) were referred to the reading at rest (F0), *i.e.*, at time t=0 just before stimulation.

3. Chemicals

The VD, which was purchased from Biomol Research Laboratories (Plymouth, PA, U.S.A.), was dissolved in ethanol.

The final concentration of ethanol was <0.01%, which had no effect on $[Ca^{2+}]_i$ measurements.

Results

1. VD increases [Ca²⁺]_i in MC3T3-E1 rapidly

To investigate whether VDR activation elicited $[Ca^{2+}]_i$ signals in MC3T3-E1 cells, we first



Fig. 2 Source of Ca²⁺ signaling induced by VD interaction in osteoblast-like cells (MC3T3-E1)

Ordinate: ratio of fura-2 emission at 340- and 380-nm excitation. *Abscissa*: time of observation (seconds, sec). Addition of VD to MC3T3-E1 in absence of extracellular Ca^{2+} ($[Ca^{2+}]out=0M$) is indicated by bar (bar=60 sec).

stimulated the cells with VD (10 nM, 60 sec). As shown in Fig. 1, the VD induced a transient increase in $[Ca^{2+}]_i$ that reached a maximum within 40 sec after VD addition and returned to baseline within 30–40 sec. This rapid response suggests that VD promotes nongenomic action.

Whereas the onset of Ca^{2+} signaling is induced by Ca^{2+} release from intracellular stores²⁰, VD response depends on the amount of Ca^{2+} entering the cytoplasm, both from stores and extracellular fluid.

2. Extracellular Ca²⁺ is source of increased [Ca²⁺]_i induced by VD interaction

In osteoblasts, $[Ca^{2+}]_i$ is provided by Ca^{2+} release through the inositol-1,4,5-phosphate and ryanodine receptors of endoplasmic reticulum and Ca^{2+} influx *via* Ca^{2+} channels or store-operated Ca^{2+} influx from extracellular $Ca^{2+1,3}$.

To investigate the source of the $[Ca^{2+}]_i$ response to VD, MC3T3-E1 cells were washed for several seconds with Ca²⁺-free Krebs' solution immediately before VD treatment. Depletion of extracellular Ca²⁺ with Ca²⁺-free Krebs' solution in this way completely blocked the increase in $[Ca^{2+}]_i$ otherwise induced by VD, consistent with a mechanism involving influx of extracellular Ca^{2+} (Fig. 2).

These results indicated that VD induced $[Ca^{2+}]_i$ increases from extracellular Ca^{2+} in osteoblasts.

Discussion

The present study investigated the effects of VD on $[Ca^{2+}]_i$ in osteoblasts. Application of VD rapidly increased $[Ca^{2+}]_i$, and VD-induced $[Ca^{2+}]_i$ increases were undetectable in the absence of extracellular Ca^{2+} .

In bone, VD is responsible for increased transcription of bone matrix proteins such as collagen type I^{12,27)}, osteocalcin^{19,24)} and osteopontin^{20,25)} produced by osteoblasts in the process of bone formation. It is well established that VD stimulates osteoblast growth and differentiation³⁰⁾. Bhatia *et al.* suggested that VD-induced differentiation of promyelocytic leukemia cells implied non-genomic action and second messengers such as PKC and tyrosine kinases^{5,6)}. These transcriptional events are evoked by VD binding to retinoid X receptors and interaction with a VDRE. In this study, however, application of VD rapidly increased $[Ca^{2+}]_i$. It seems unlikely that only retinoid X receptors and VDRE act as VDRs.

In osteoblasts, VD promotes two types of action: genomic and nongenomic. Recently, it was demonstrated that nongenomic actions are elicited through a membrane-associated VDR^{14,21)}. Voltage-dependent calcium channels have been classified as follows based on their physiological and pharmacological properties: low-voltage activated voltage-dependent calcium channels and high-voltage activated voltagedependent calcium channels. Additionally, high-voltage activated voltage-dependent calcium channels can be classified as L-, N-, P-, Qor R-type voltage-dependent calcium channels. L-type voltage-dependent calcium channels exhibit long-lasting and large-conductance channel properties^{9,26)}. Several studies have demonstrated that activation of membraneassociated VDR facilitates L-type Ca²⁺ channels and increases $[Ca^{2+}]_i$ concentration³⁴⁾. In addition, it has also been demonstrated that phosphorylation of the L-type Ca²⁺ channels occurs *via* protein kinase A activation by VD signaling in osteoblasts³⁴⁾.

In addition to VD, acetylcholine also induces an increase in $[Ca^{2+}]_i$ mediated by muscarinic receptors. Acetylcholine generates an increase in $[Ca^{2+}]_i$, with a rapid transient rising phase followed by a slow, long, sustained phase. Muscarinic receptor-activated inositolphospholipid turnover involves a direct coupling of the receptor to inositolphospholipid-specific phospholipase C through G_q protein²). Moreover, phospholipase A₂ activation requires the sustained but not transient increase of $[Ca^{2+}]_i^{11}$.

What is the physiological relevance of VDinduced nongenomic action in osteoblasts? One earlier study demonstrated VD-induced exocytotic release of ATP from osteoblasts within 60 sec⁷⁾. Voltage-dependent calcium channels serve as crucial mediators of exocytotic release, including in neurotransmitters^{13,23,31)}. Therefore, it is possible that VD-induced nongenomic action modulates exocytotic release in osteoblasts.

In addition to mediation of VD-induced increase in Ca²⁺ by VDRs, it is also possible that VD activates voltage-dependent calcium channels directly. For example, it has been reported that 1,4-dihydropyridines BAY K 8644 activates L-type voltage-dependent calcium channels in cardiac cells⁴⁾. Further research is needed to clarify whether VD acts as a voltage-dependent calcium channels activator.

In osteoblastic ROS17/2.8 cells and nonosteoblastic CV-1 cells, VD-induced increase in $[Ca^{2+}]_i$ involved PI3K-Akt pathways³²⁾. This suggests the need for further study on VD pathways.

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