

BOOK REVIEWS

Imaging in Sports-Specific Musculoskeletal Injuries

ISBN: 978-3319143064 802 pages, Hard Cover **ISBN-10:** 3319143069 **Edition:** 1st **Editor:** Guermazi, Ali; Roemer, Frank W.; Crema, Michel D. **Specialties:** Diagnostic Radiology, Orthopedics, Sports Medicine **Publisher:** Springer **List Price:** \$199.00

DESCRIPTION: This is an excellent book that will serve as an outstanding reference guide to imaging in specific sports and for planning for event coverage. It takes a different approach to reviewing imaging in sports medicine. **PURPOSE:** The purpose is to provide a sport-specific guide to imaging. It provides imaging descriptions and examples of common injuries in many sports, from rodeo to ballet. It is easy to reference, and the clear markers make it easy to understand. **AUDIENCE:** The intended audience is sports medicine physicians, and the book seems to be targeted at both orthopedic and primary care physicians. The additional focus on ultrasound images may make it more useful for physicians who use musculoskeletal ultrasound. The authors are musculoskeletal radiology specialists who consulted extensively with sports medicine specialists. **FEATURES:** An excellent opening overview of various imaging modalities begins the book, before it embarks on a vast number of specific sports. The book provides a unique focus on both MRI and ultrasound in each sport. The markers are easy to follow and the descriptions are clearly related to the images. **ASSESSMENT:** Overall, this book achieves its goal of providing an excellent tour through imaging in sports medicine. There is no comparison in terms of a book focused on sport-specific imaging. The layout

makes it a great reference for sport-specific coverage or for use when athletes present to the sports medicine clinic. It is a high-quality book with excellent images and descriptions that are easy to understand.

RATING: ★★ ★

Reviewed by: Jordan Edwards, MD, MBA, BS (*Clay County Memorial Hospital*)

Orthopaedic Knowledge Update: Sports Medicine 5

ISBN: 978-1-62552-328-0 832 pages, Soft Cover **ISBN-10:** 1-62552-328-9 **Edition:** 5th **Editor:** Miller, Mark D., MD **Specialties:** Orthopedics, Sports Medicine **Publisher:** American Academy of Orthopaedic Surgeons **List Price:** \$229.00

DESCRIPTION: The Orthopedic Knowledge Update series has long been the foundational source of efficient review for all aspects of orthopedic surgery. This book covers the subspecialty of sports medicine. Responding to an ever-changing field, the series is continually updated and this fifth edition of the OKU in sports medicine is a timely, thorough, well-written update. **PURPOSE:** This is exactly what the title suggests. It is not a comprehensive book on the subject, but rather an efficient and thorough update that assumes some basic knowledge and then discusses updates in orthopedic sports medicine. The print version has long been the go-to review source for residents in training and orthopedic practitioners for recertification preparation. The addition of a video supplement provides more depth and visualization of various techniques discussed in the book. However, they are bonus material and not essential to the substance of the review, so users lose nothing if they choose not to take advantage of the website. **AUDIENCE:** The target audience is obviously orthopedic surgeons looking for an

update or review of the topic. The book will be essential for orthopedic residents, orthopedic sports medicine fellows, and orthopedic sports physicians preparing for recertification. However, any orthopedic surgeon who wishes to stay current and update their knowledge in orthopedic sports medicine can benefit. When AAOS sought to update the edition targeting sports, they asked the most prestigious educator in sports medicine (Mark Miller) to take the helm as editor. In turn, Dr. Miller selected an elite group of chapter authors who have done a wonderful job of creating a most valuable update. **BOOK CONTENT/FEATURES:** The book is divided into sections covering upper extremity, hip and pelvis, knee and leg, rehabilitation, head and spine, medical issues, the young athlete, miscellaneous, and imaging. Each chapter is followed by a series of key references with a one or two line addendum explaining why the reference is important. **WEBSITE CONTENT/FEATURES:** The bonus website has numerous videos that provide further education on the techniques described in each chapter, including examples such as ACL reconstruction and treatment of meniscal injuries and foot and ankle injuries. **ASSESSMENT:** Ultimately, the OKU series and this sports medicine update is an absolute necessity for the institutional orthopedic library as well as the individual library of orthopedic residents, fellows in training, and orthopedic surgeons preparing for certification or recertification examination. The editor and his contributors should be commended for creating an impressive update that will make an impact for thousands of orthopedic surgeons who are trying to stay current or prepare for certification/recertification examinations.

RATING: ★★ ★

Reviewed by: Mark Hutchinson, MD (*University of Illinois at Chicago College of Medicine*)

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The ratings are divided into five groups, and each group is assigned one to five stars.

- ★★★★★ Exceptional book with nearly flawless execution
- ★★★★ Outstanding book, with minor problems in execution
- ★★★ Very good book, but usually with one or more fairly significant flaws
- ★★ Average book, usually with several flaws (or one major flaw) or significant weakness versus its competition
- ★ Substandard book